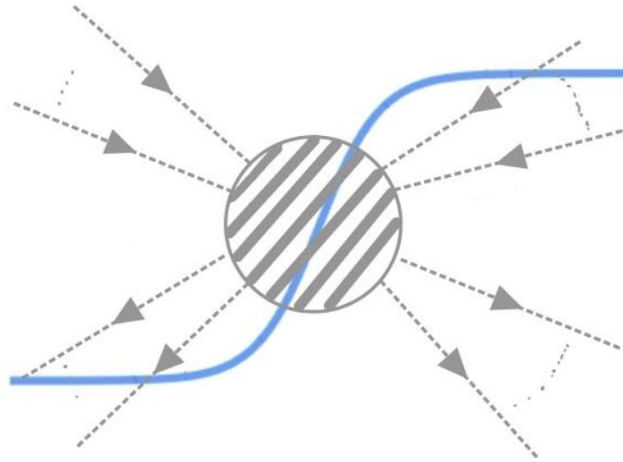


Dark Matter in & around Phase Transitions

Rudin Petrossian-Byrne (ICTP, Trieste)

Connected to work in collaboration with

Isabel Garcia Garcia (U. Washington),
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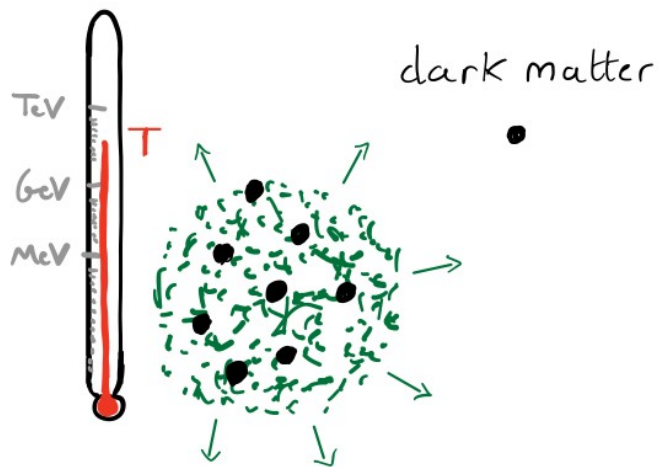
[Beyond WIMPs]

2 pence on Dark Matter

[Beyond WIMPs]

example of

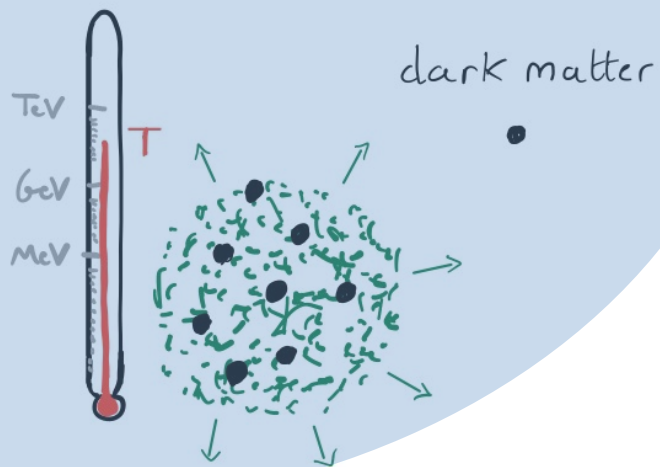
Thermally connected



[Beyond WIMPs]

example of

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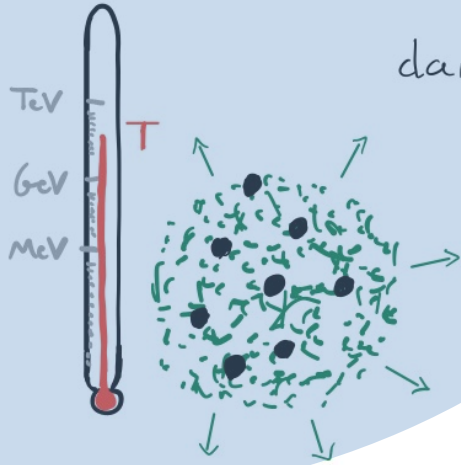
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'I exist, therefore I am' (dark matter)



[Axion/ALPs, \sim Vectors]

$$V = \frac{1}{2} m^2 \phi^2 + \phi \text{ S.M.}$$

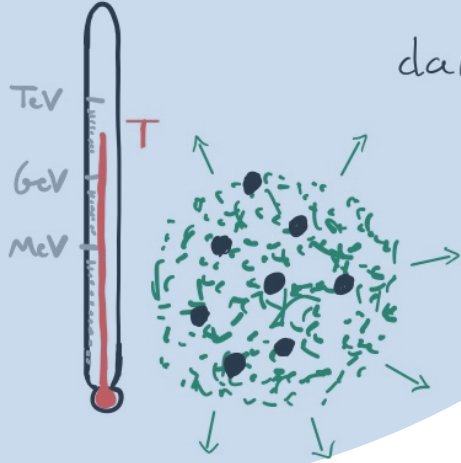
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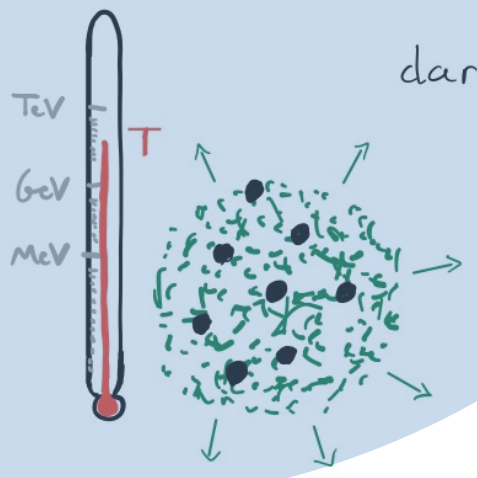
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'conservative' dark matter



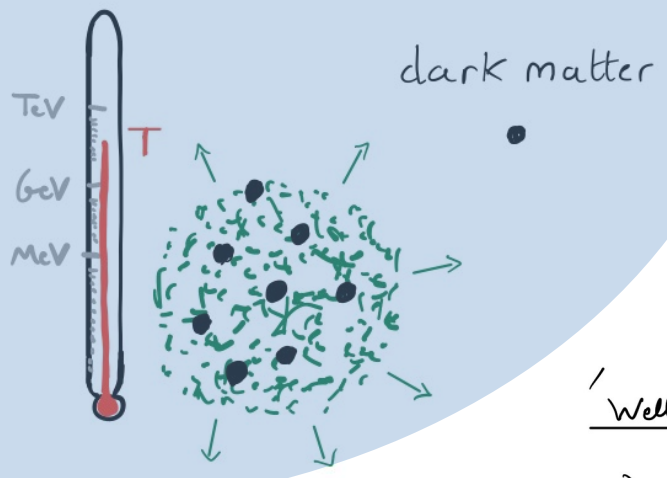
(Primordial) Black holes

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'Well, what about this?' (dark matter)

- a)
- ⋮
- ⋮
- ⋮
- ⋮

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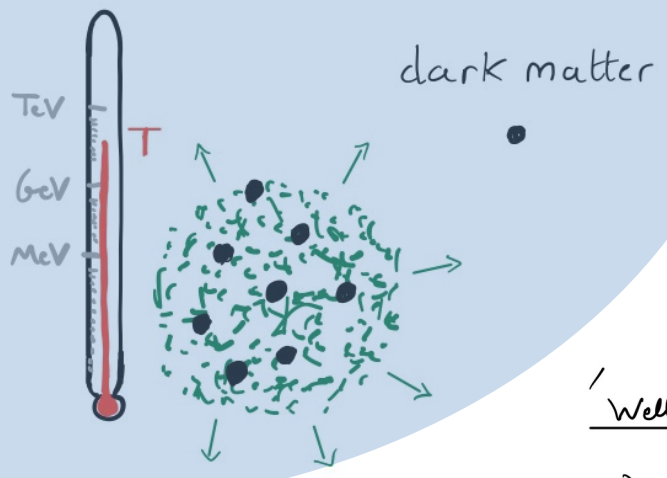
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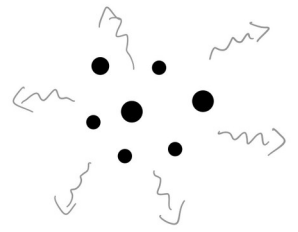
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a)

⋮

z)



'Hawking Genesis'

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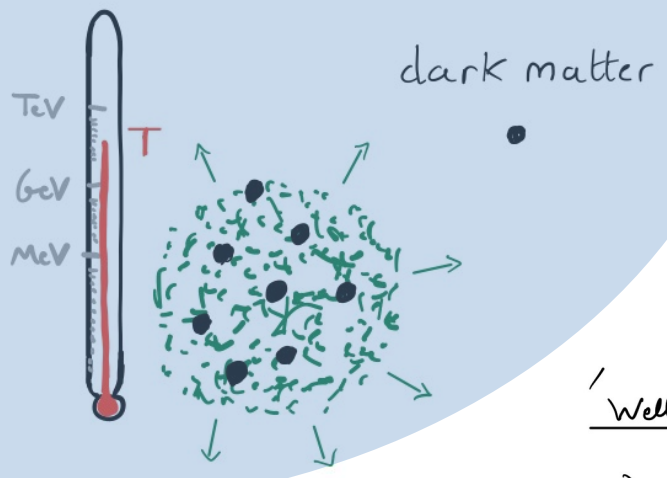
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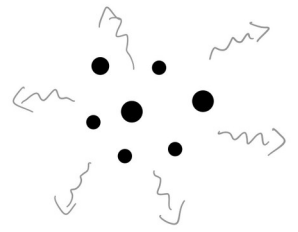
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'Hawking Genesis'

Cosmological Phase Transitions

The universe 'boils' & departs from equilibrium

⇒ Dark Matter produced or affected by Bubble dynamics

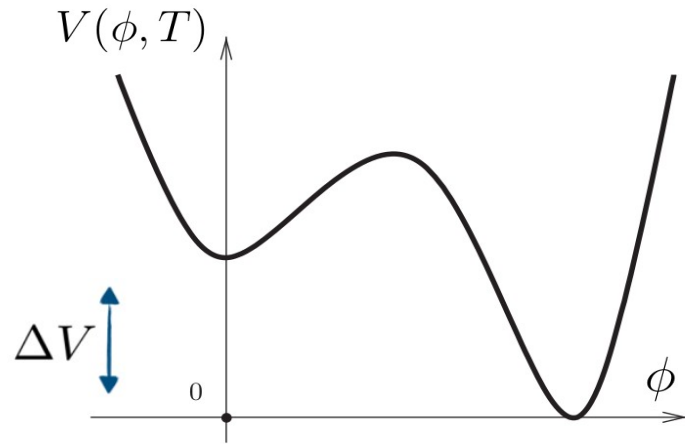
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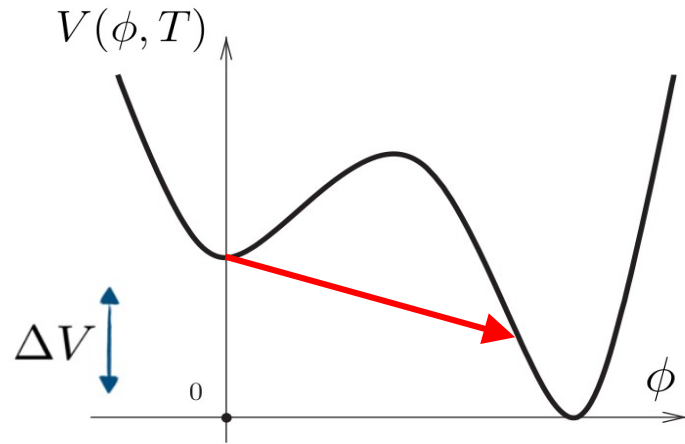
1st Order Phase Transitions (FOPTs) in the Early Universe

Proposed long ago as a possibility for the big bang phase *Kirzhnits, Linde (1972), Weinberg (1974), Witten (1984)...*



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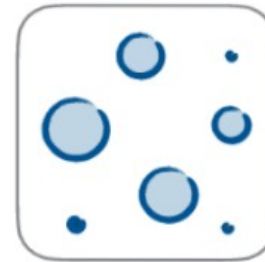
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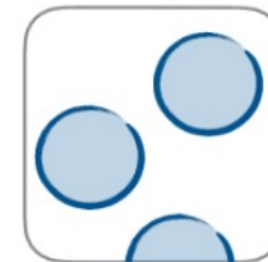
false vacuum



$\Gamma \sim H^4$



$\Delta V \neq 0$



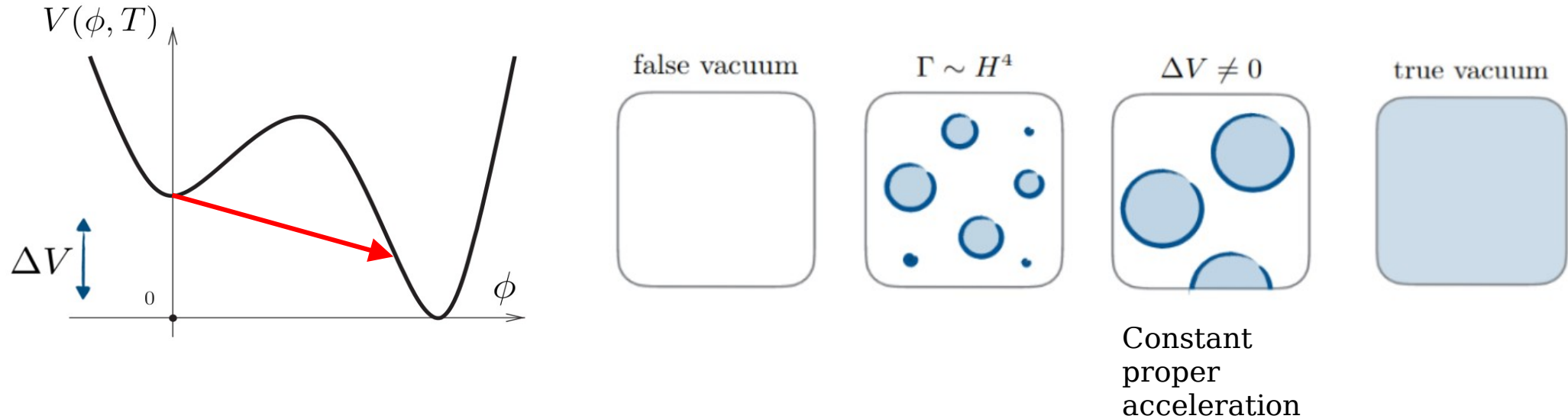
true vacuum



Constant
proper
acceleration

1st Order Phase Transitions (FOPTs) in the Early Universe

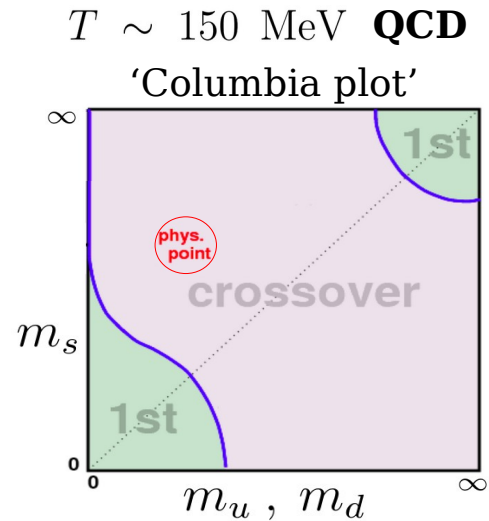
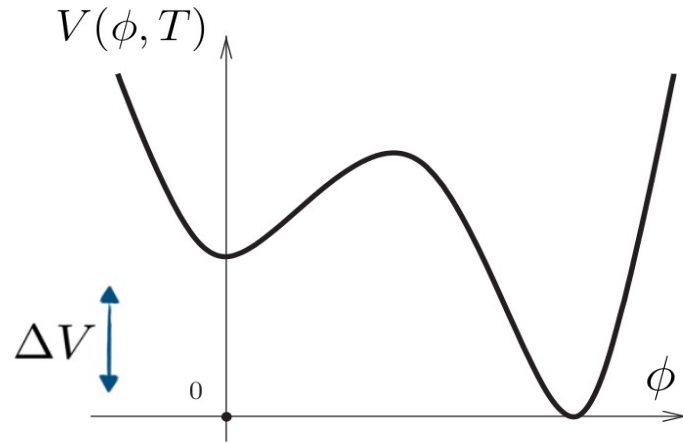
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It used to be believed that even the SM had two FOPTs!

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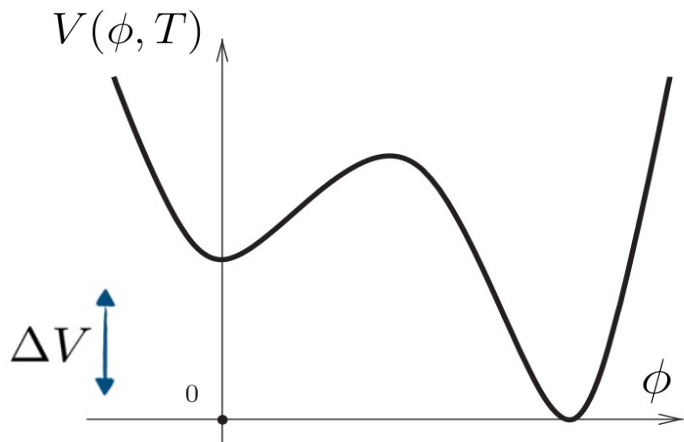


e.g. Bonati, D'Elia, Forcrand, Philipsen, Sanfillippo (2012)

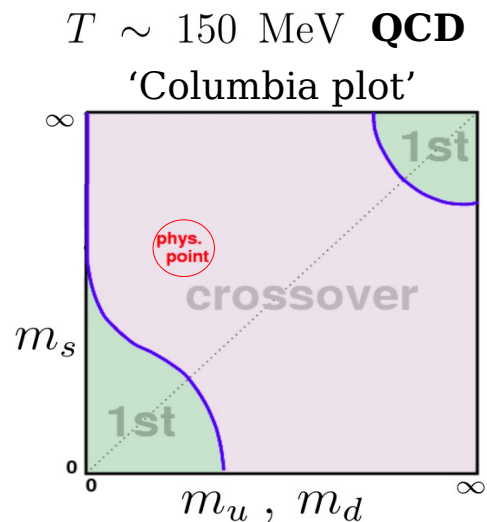
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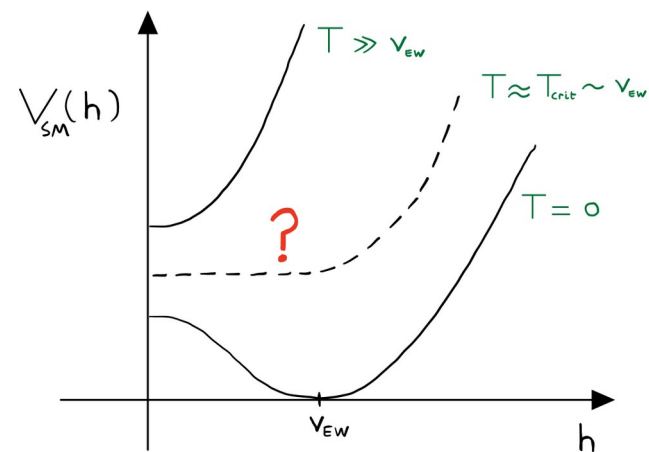
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$T \sim 160$ GeV **Electroweak**



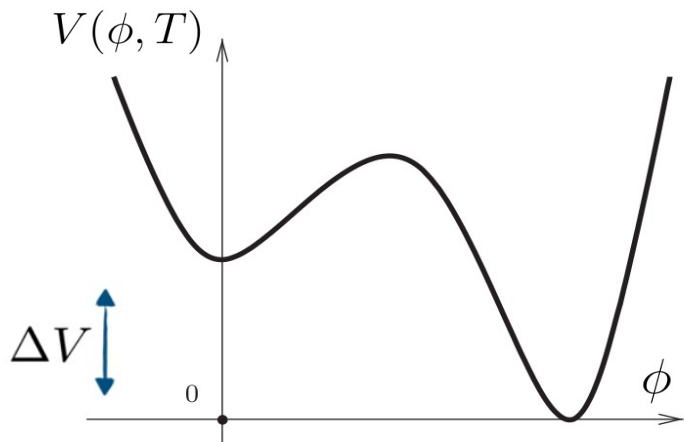
FOPT for $m_H \lesssim 72$ GeV

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1st Order Phase Transitions (FOPTs) in the Early Universe

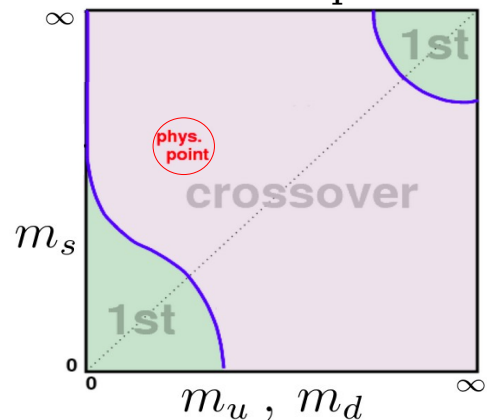
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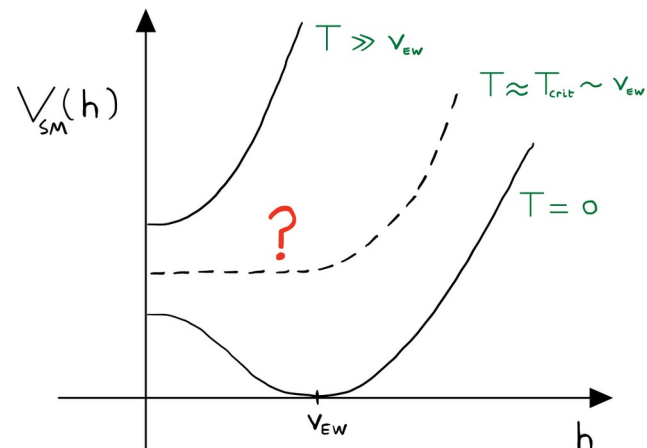
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$T \sim 150$ MeV **QCD**

'Columbia plot'



$T \sim 160$ GeV **Electroweak**



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It used to be believed that even the SM had two FOPTs!

...Both are now understood to be smooth crossovers

In fact...

Today, there is no FOPT of the fundamental interactions in 4d at $\mu = 0$ **for any** T !

Higgs instability [*e.g. Degraasi et al. (2012)*] far from conclusively established

Motivation

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Garcia Garcia, Krippendorff, March-Russell (2016)

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- **Gravitational waves:** at upcoming detectors (and even completely decoupled sectors become interesting)

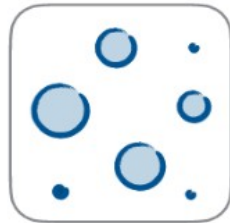
Recent detection by PTOs - though most likely from super massive black holes - is a validation of the prospects

Gravitational Waves

false vacuum



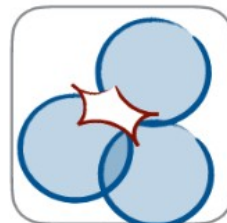
$$\Gamma \sim H^4$$



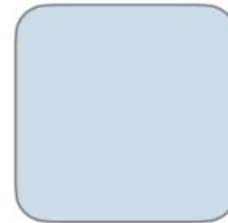
$$\Delta V \neq 0$$



$$R \sim x H^{-1}$$

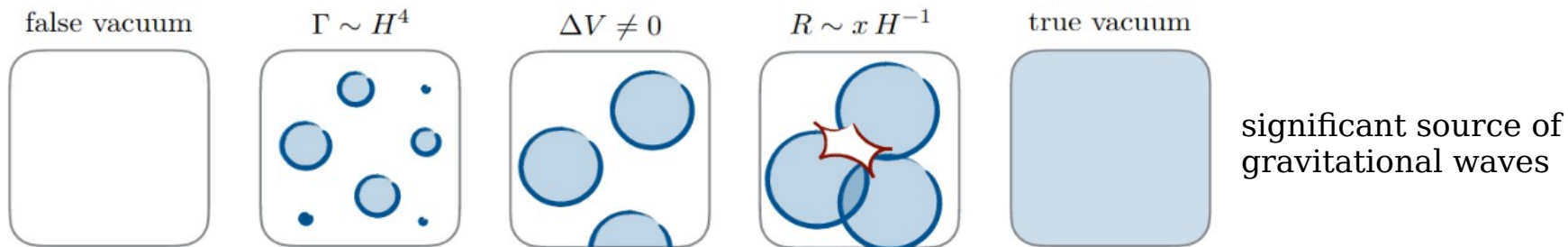


true vacuum

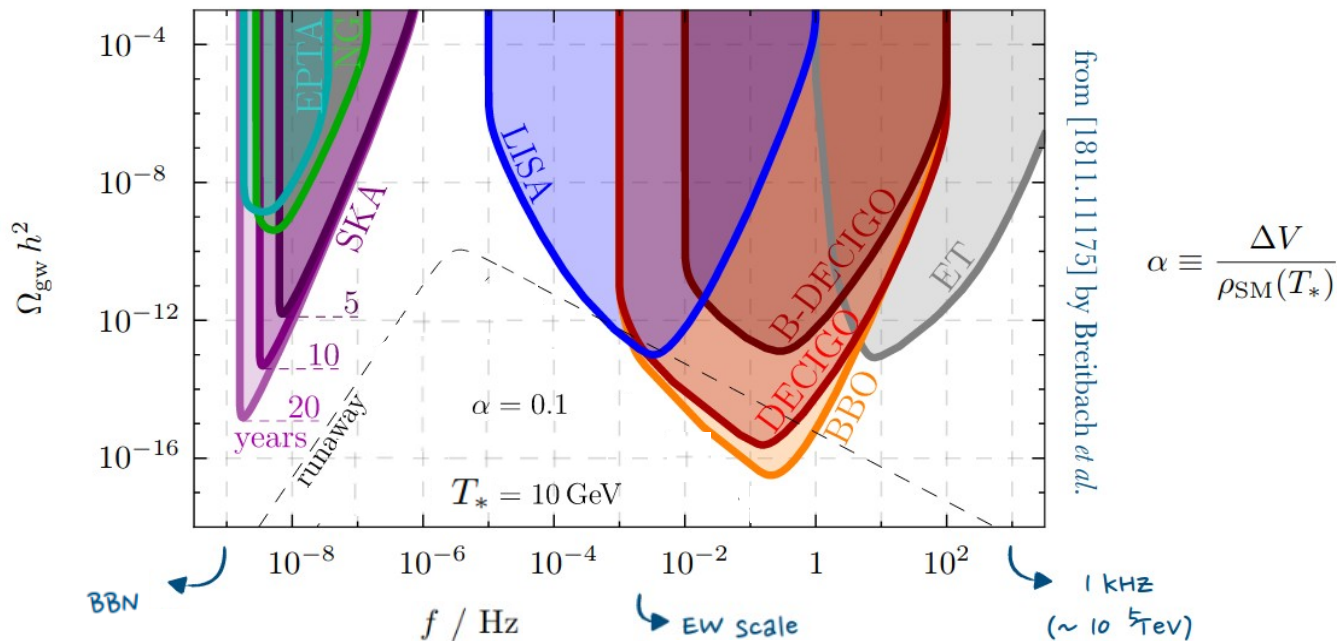


significant source of
gravitational waves

Gravitational Waves

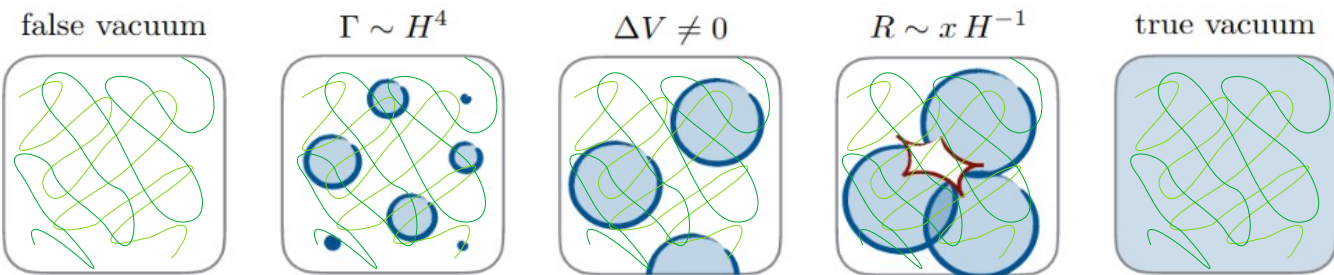


⇒ current/future observatories may be sensitive to the resulting stochastic background



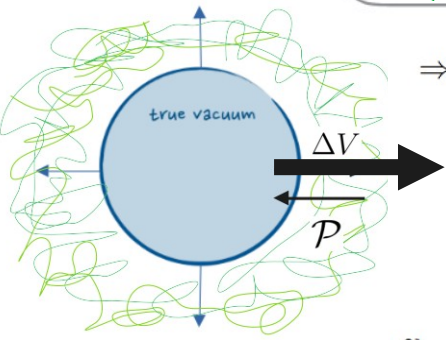
Gravitational Waves

Bubbles are surrounded by 'stuff'.....

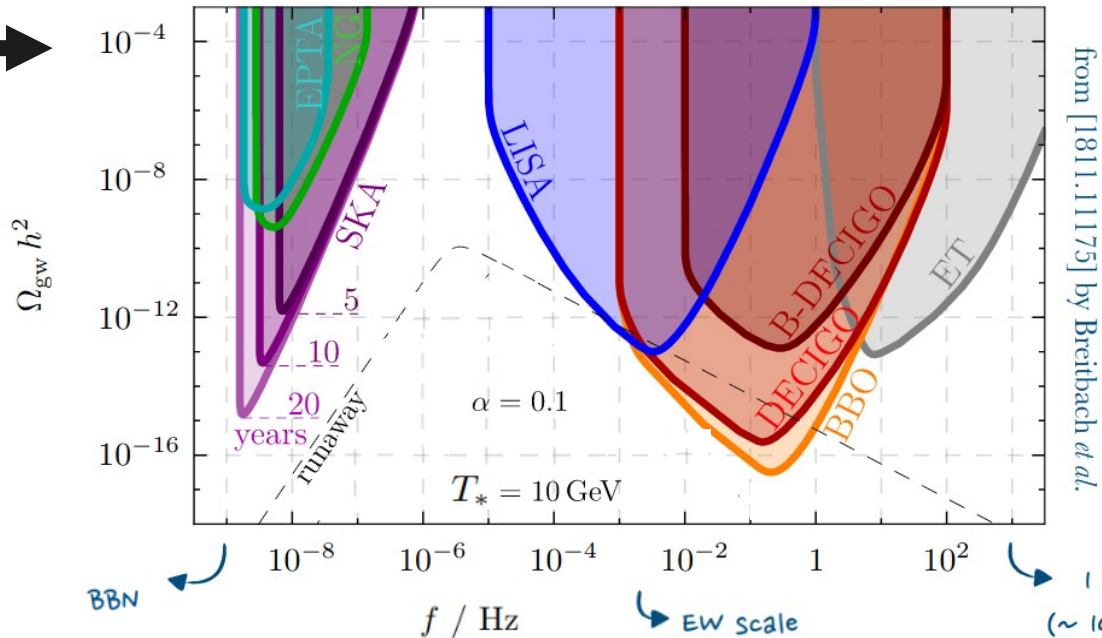


significant source of gravitational waves

Friction Pressure:



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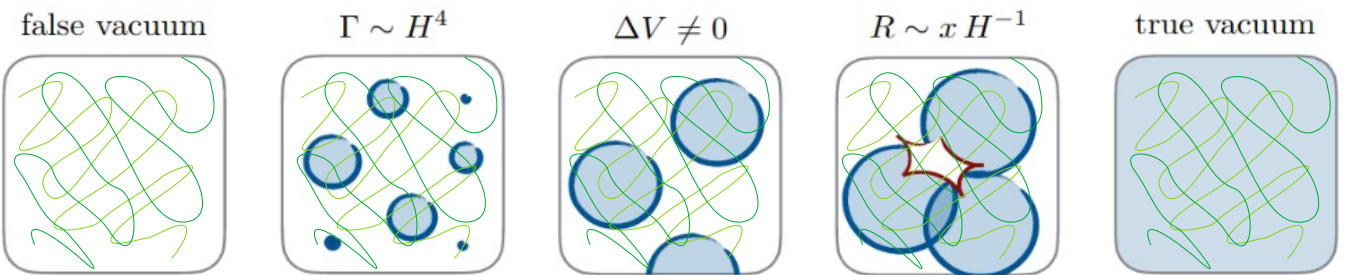


$$\alpha \equiv \frac{\Delta V}{\rho_{SM}(T_*)}$$

BBN ← 10⁻⁸ Hz EW scale → 10⁻² Hz 1 KHz (~ 10⁵ TeV) → 10² Hz

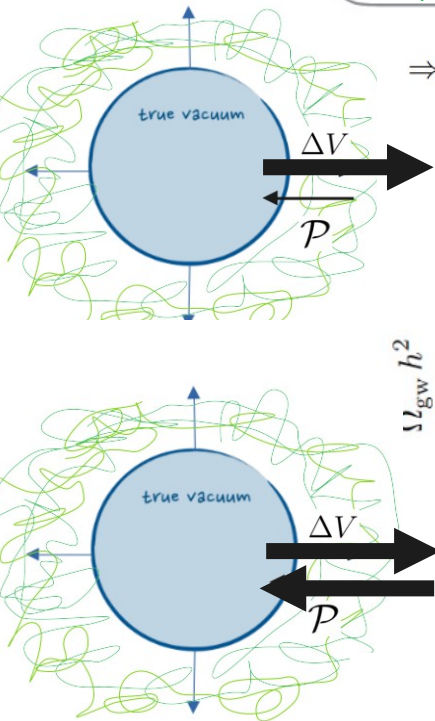
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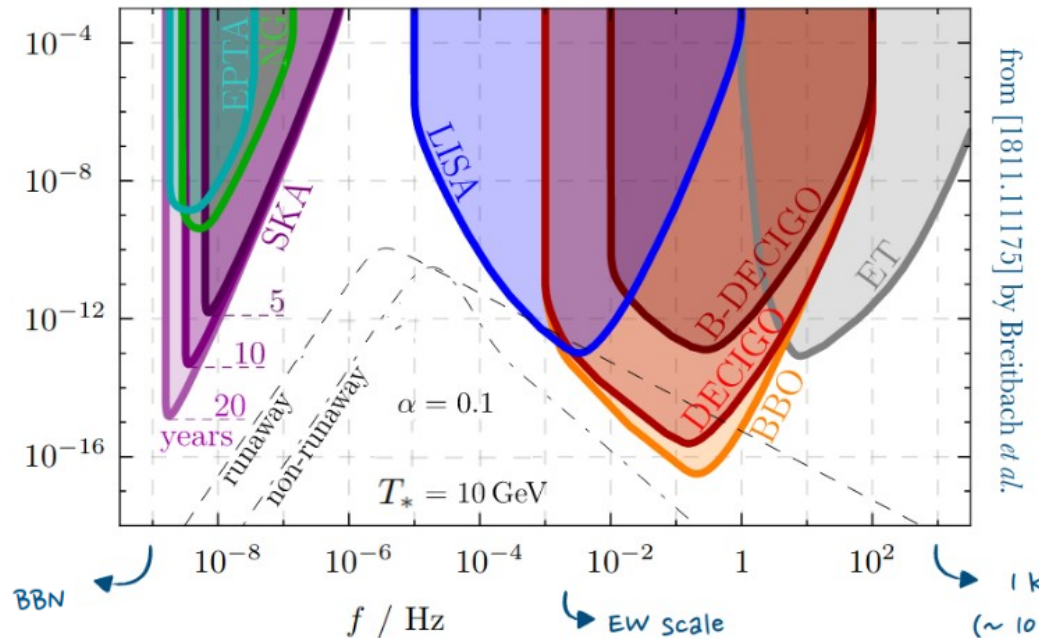


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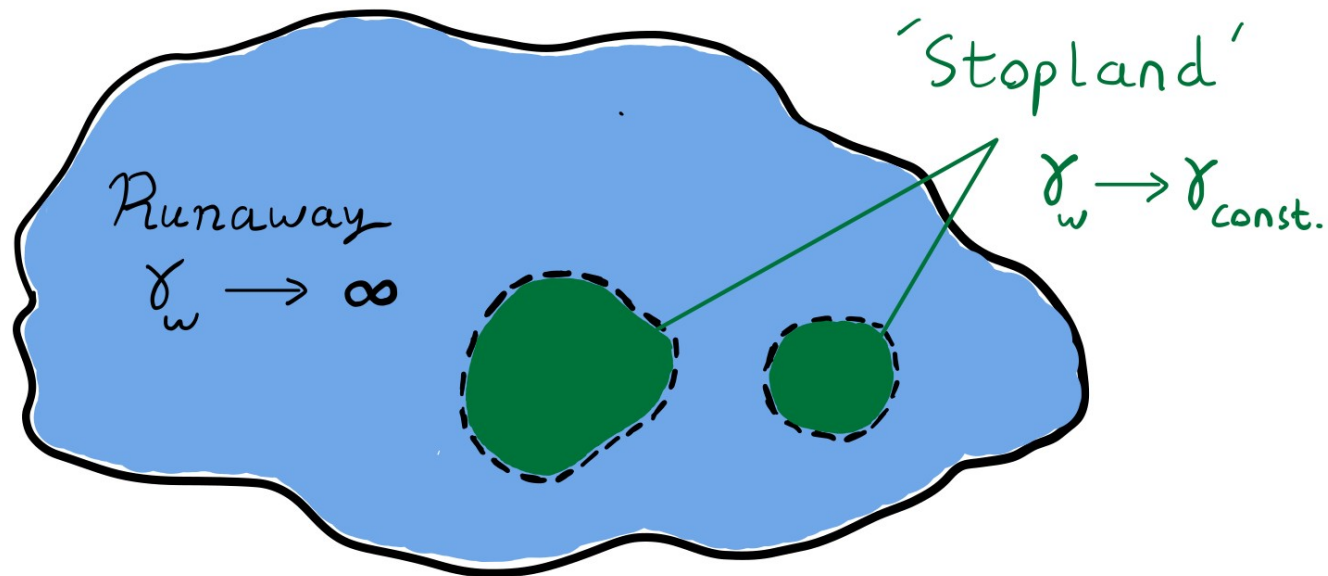


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from [1811.11175] by Breibach *et al.*

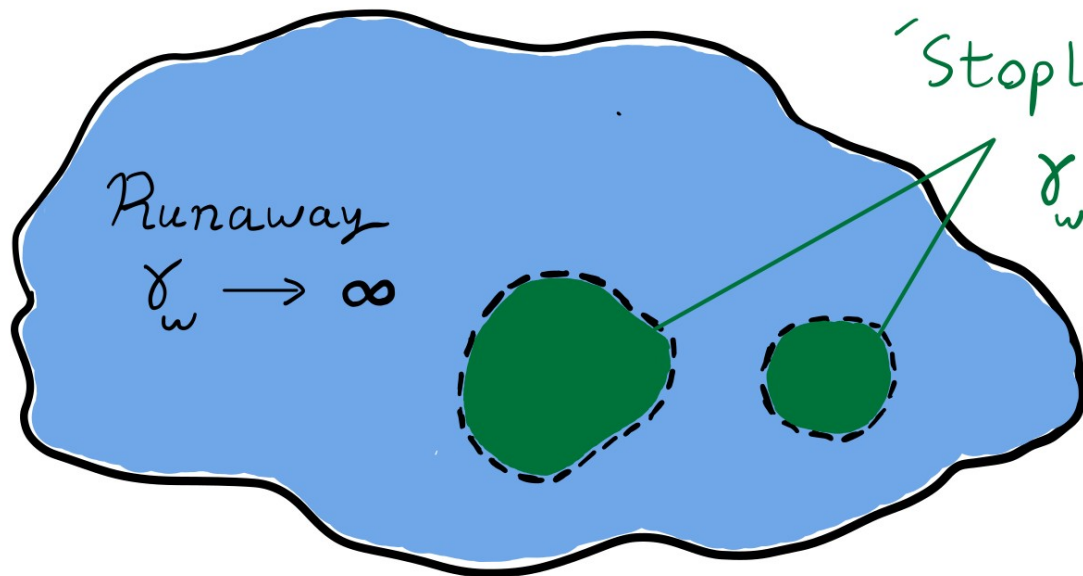
Where is runaway - land?

In the landscape of FOPTs... which subset are runaway and which are obstructed ?

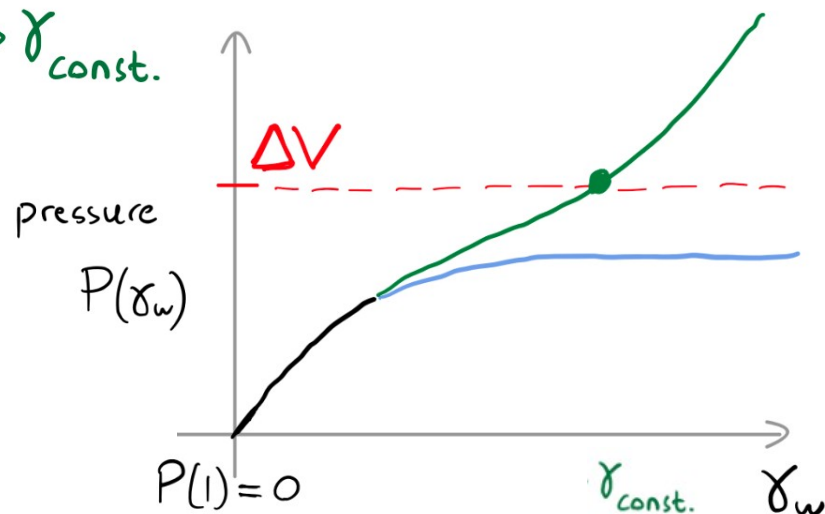


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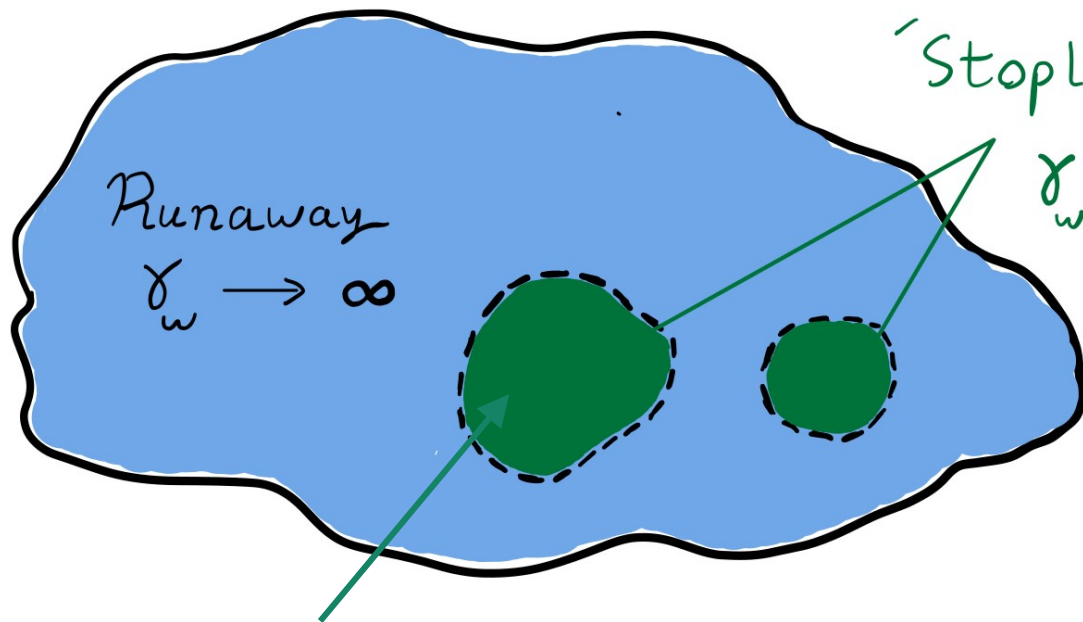
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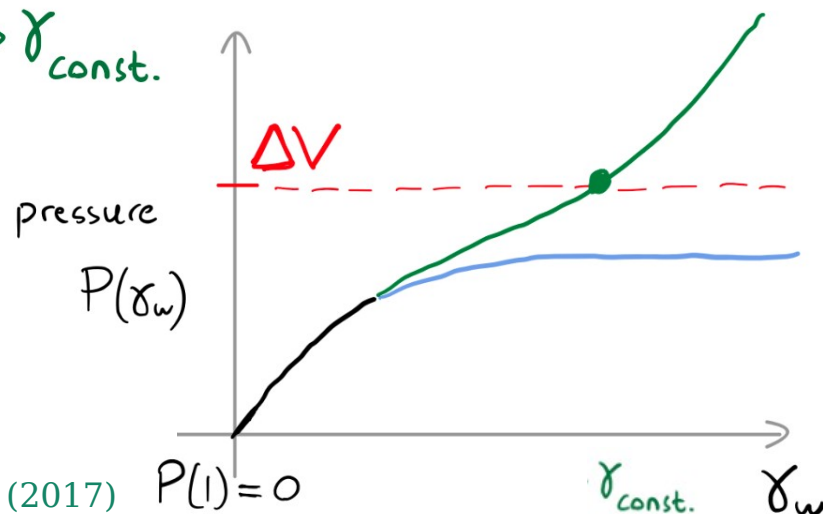
$$\frac{d\gamma}{dt} \propto \frac{v}{\sigma} (\Delta V - \mathcal{P}(\gamma))$$



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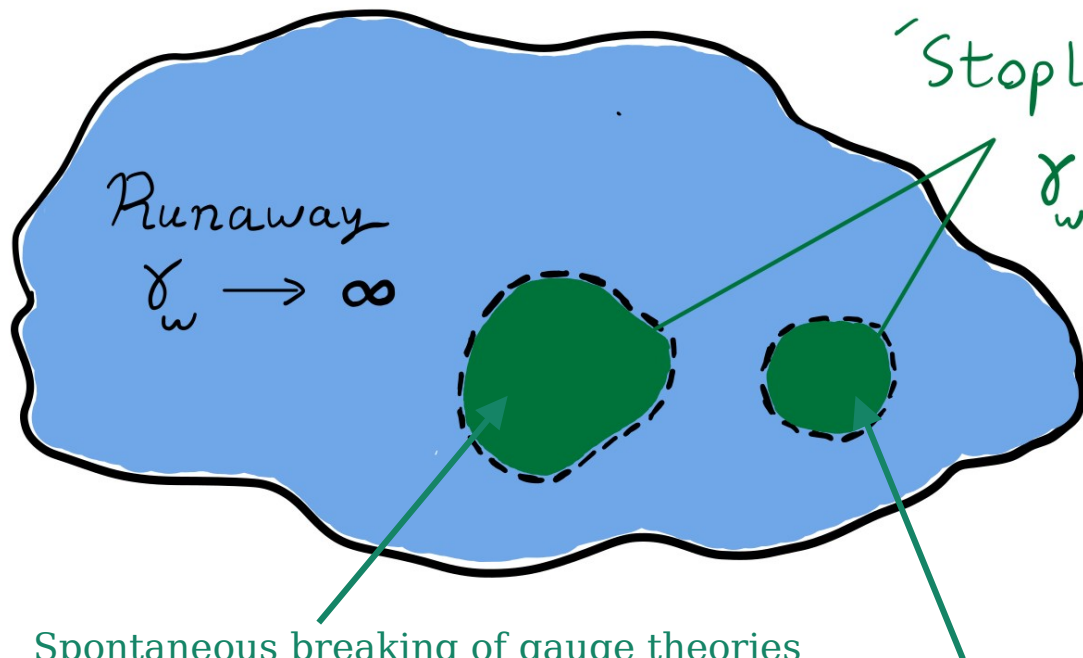


- Spontaneous breaking of gauge theories
- (and restoring)
 Azatov, Barni, **RPB** (2024 to appear)

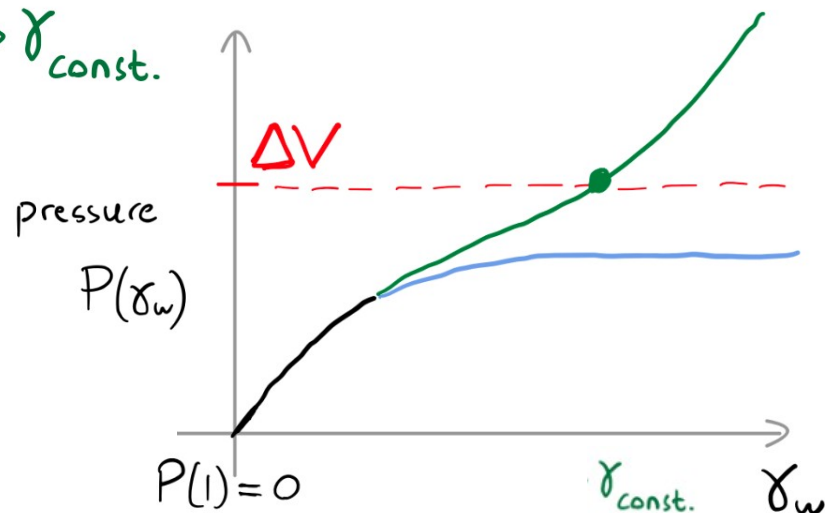
- Bodecker, Moore (2017)
- Hoeche, Kozaczuk, Long, Turner, Wang (2020)
- Azatov, Vanvlasser (2020)
- Gouttenoire, Jinno, Sala (2021)
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Thin walls & light **dark matter**

Garcia Garcia, Kosegzi, **RPB** (2022) & (2024 to appear)

Medium-Bubble interactions, systematically

Consider the theory $\mathcal{L}_\Lambda[\phi, \psi]$

ϕ order parameter

ψ any other field

In the domain wall background,

$$\mathcal{L}_\Lambda[\phi = v(z, t) + \tilde{\phi}, \psi]$$

\uparrow
travelling planar wall

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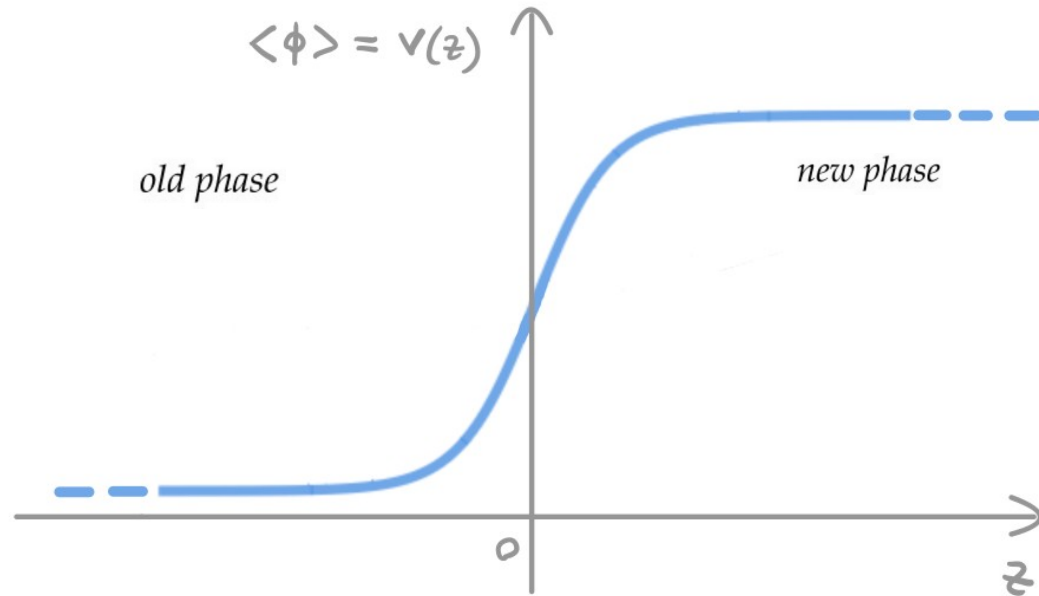
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work in wall frame



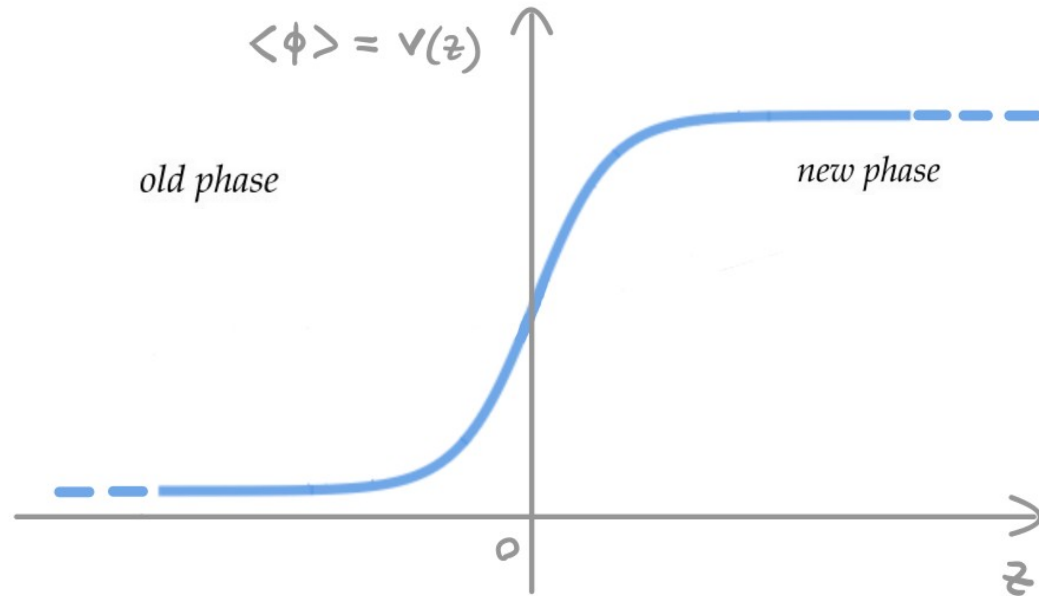
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$$\mathcal{L}_\Lambda[\phi = v(z) + \tilde{\phi}, \psi] = (1 + \Delta f^2(z)) (\partial\psi)^2 - (m^2 + \Delta m^2(z)) \psi^2 + \text{interactions}(z)$$

work in wall frame



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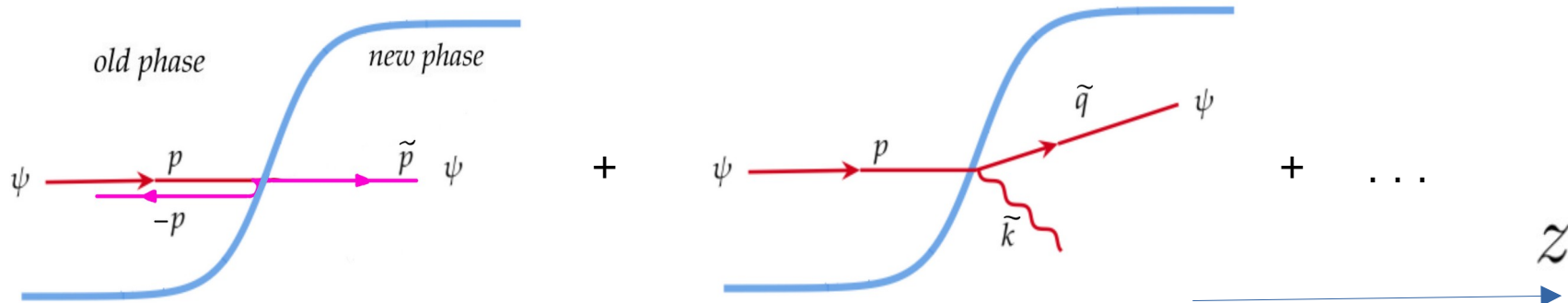
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work in wall frame

A particle hitting the wall can undergo several (z-momentum breaking) interactions



Leading order (LO): reflection / transmission

Next-to-LO (NLO):

Medium-Bubble interactions, systematically

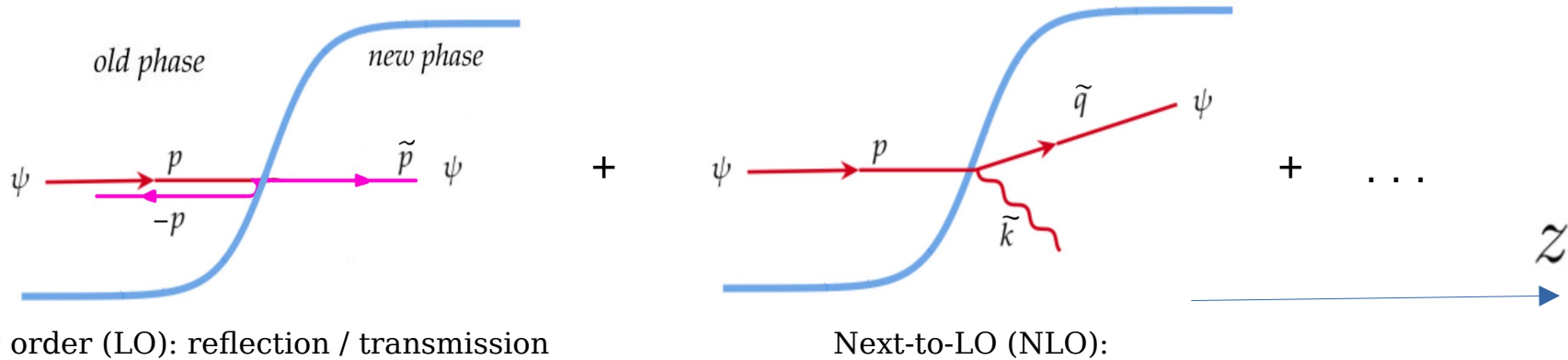
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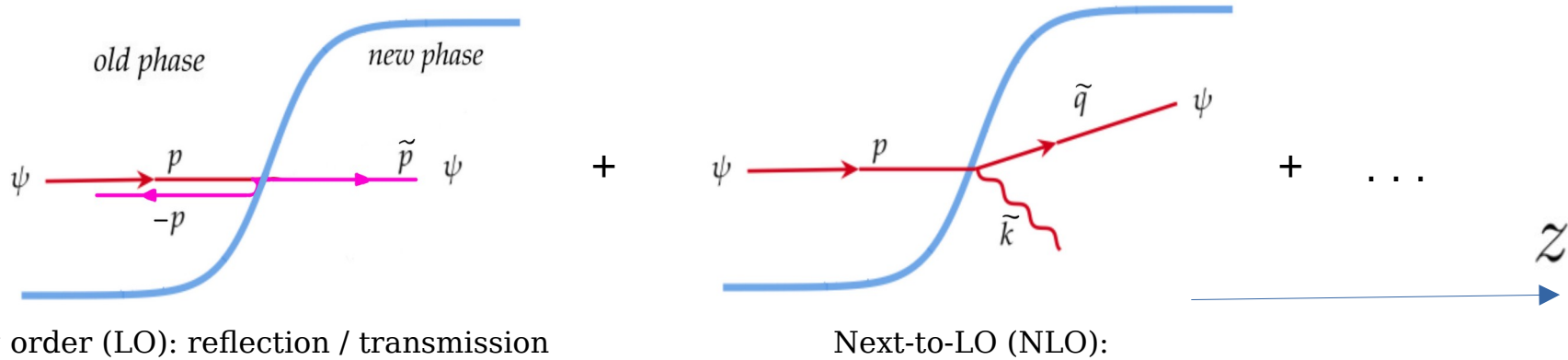
Incoming energy:

(thermal plasma)

$$\omega \sim \gamma T$$

(cold matter)

$$\omega \sim \gamma m$$



In large γ limit, wall interacts with single particles:

$$\mathcal{P} = \gamma_w n v_w \langle \Delta p \rangle$$

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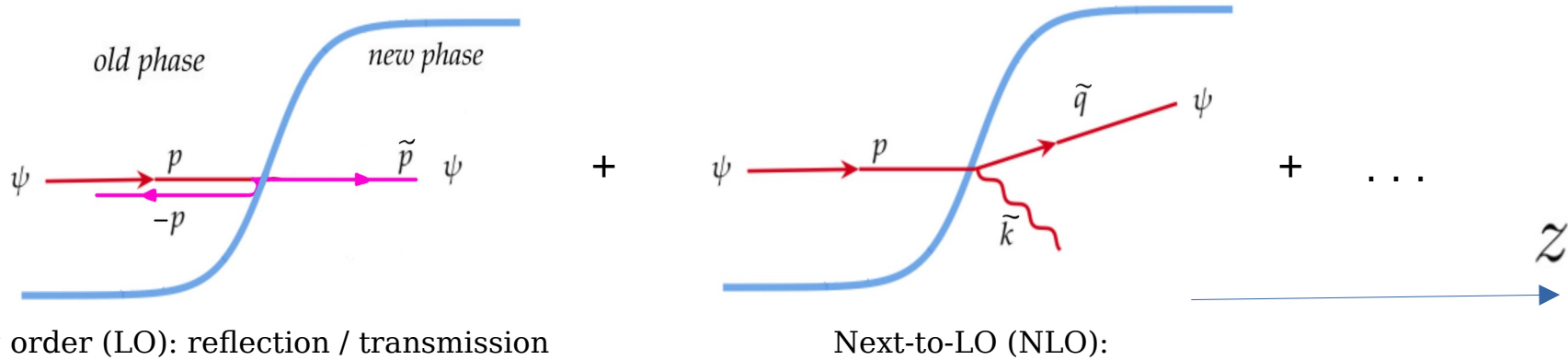
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work in wall frame

\uparrow
 $O(\frac{1}{\Lambda})$

e.g. $\phi(\partial\psi)^2$

\uparrow
e.g. $\phi\psi^2$

A particle hitting the wall can undergo several (z-momentum breaking) interactions

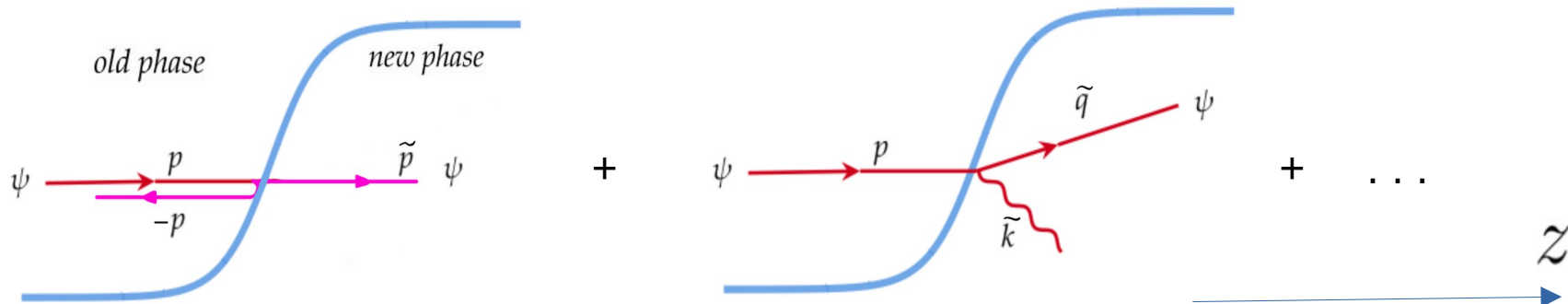
Incoming energy:

(thermal plasma)

$$\omega \sim \gamma T$$

(cold matter)

$$\omega \sim \gamma m$$



Leading order (LO): reflection / transmission

Next-to-LO (NLO):

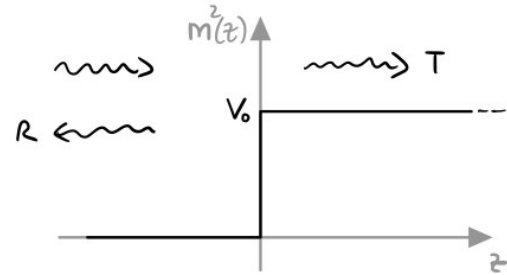
In large γ limit, wall interacts with single particles:

$$\mathcal{P} = \gamma_w n v_w \langle \Delta p \rangle$$

Change in mass: step function scattering

Klein-Gordon

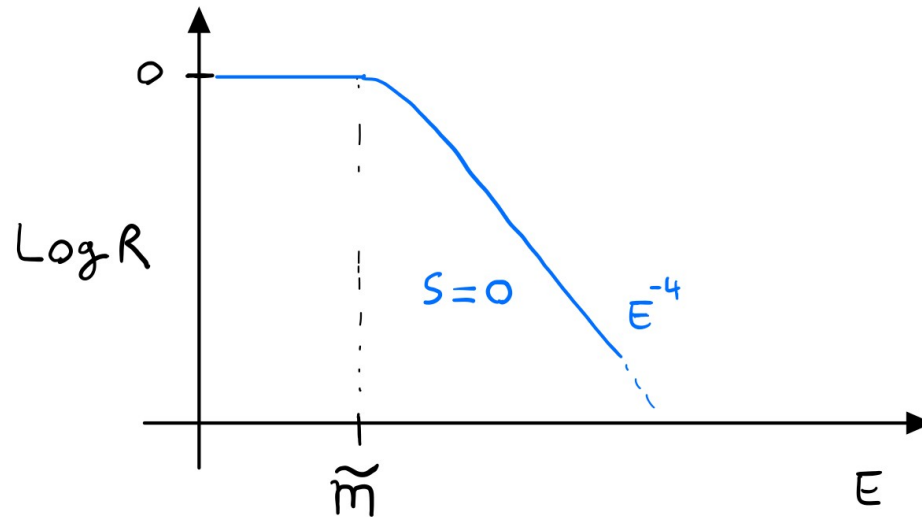
$$(\partial^2 + m^2(z))\phi = 0$$



Reflection Probability

$$R = \left(\frac{k^z - \tilde{k}^z}{k^z + \tilde{k}^z} \right)^2$$

where $k^z = \sqrt{E^2 - m^2}$, $\tilde{k}^z = \sqrt{E^2 - \tilde{m}^2}$



Change in mass: step function scattering

Dirac

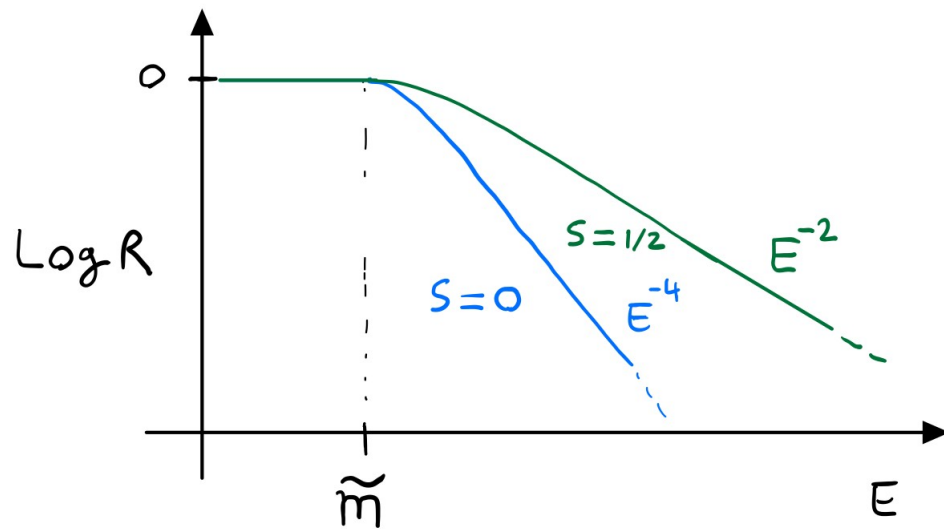
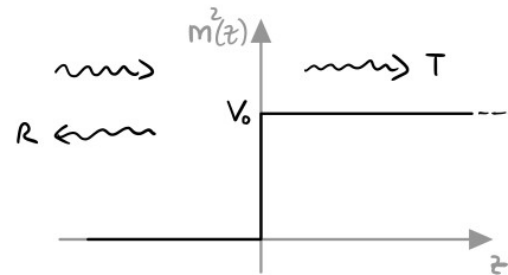
$$(i\cancel{\partial} - m)\Psi(x) = 0$$

Reflection Probability

$$R = \frac{K(E + \tilde{m}) - \tilde{K}(E + m)}{K(E + \tilde{m}) + \tilde{K}(E + m)}$$

where

$$K^2 = \sqrt{E^2 - m^2}, \quad \tilde{K}^2 = \sqrt{E^2 - \tilde{m}^2}$$



Change in mass: step function scattering

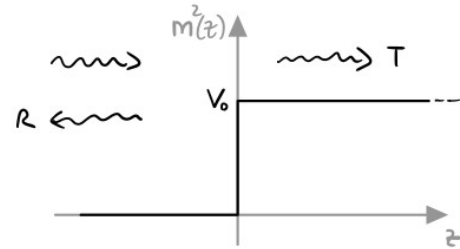
Proca

$$\partial_\mu F^{\mu\nu} - m^2(x) A^\nu = 0$$

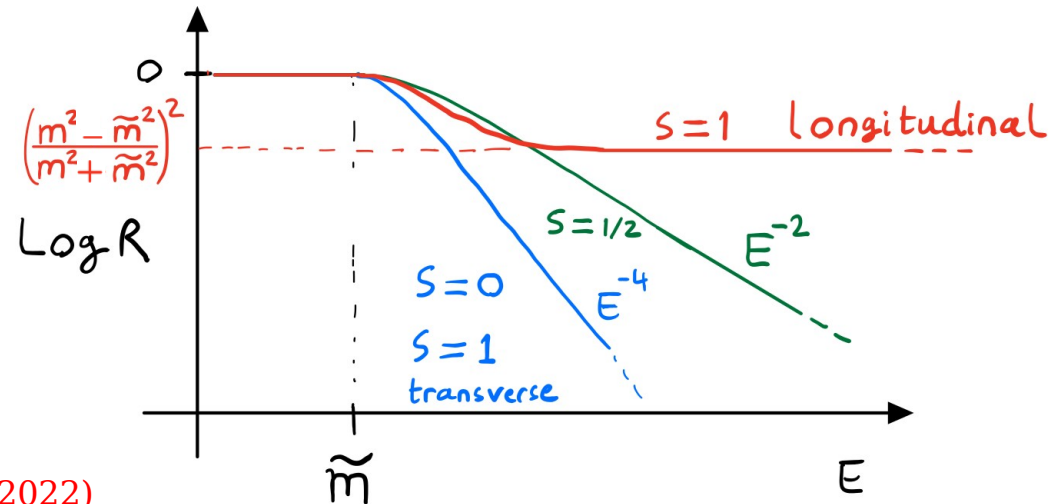
Reflection Probability

$$R = \left(\frac{k^z - \tilde{k}^z}{k^z + \tilde{k}^z} \right)^2 \quad \text{Transverse}$$

$$R = \left(\frac{k^z \tilde{m}^2 - \tilde{k}^z m^2}{k^z \tilde{m}^2 + \tilde{k}^z m^2} \right)^2 \quad \text{Longitudinal}$$



$$k^z = \sqrt{E^2 - m^2}, \quad \tilde{k}^z = \sqrt{E^2 - \tilde{m}^2}$$



Change in mass: step function scattering

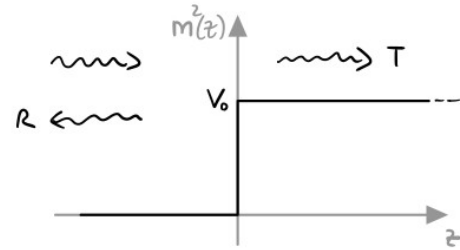
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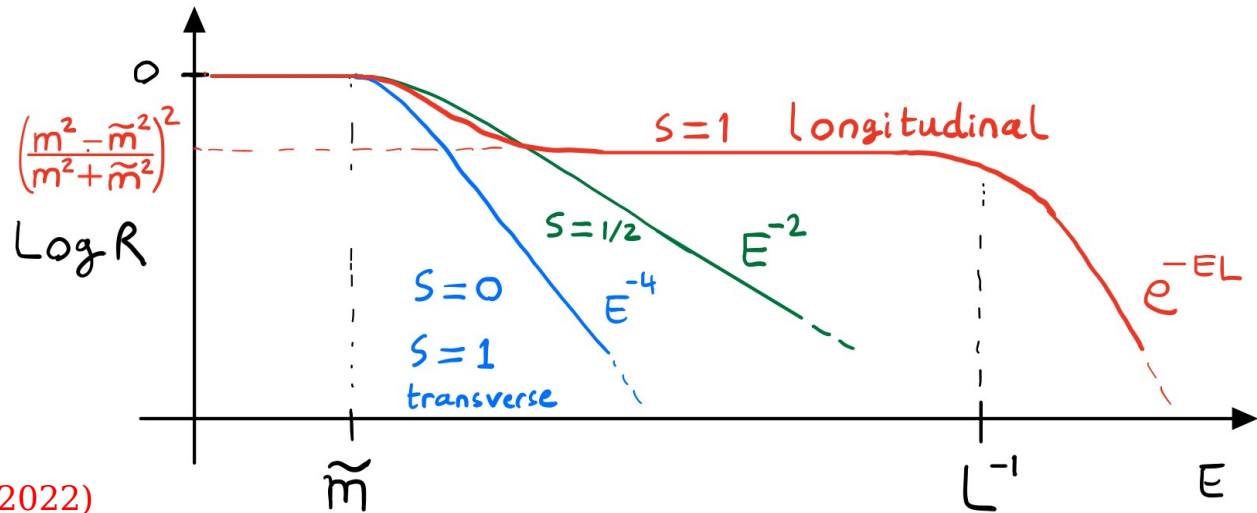
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LO Effects: change in mass

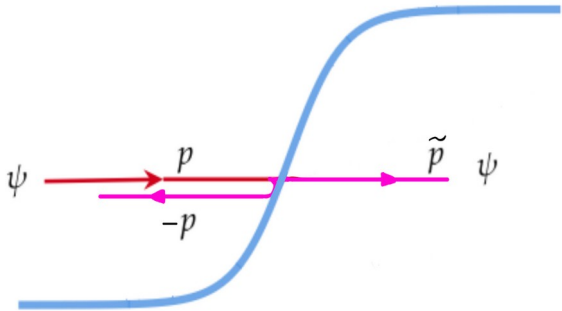
Incoming energy:

(thermal plasma)

$$\omega \sim \gamma T$$

(cold matter)

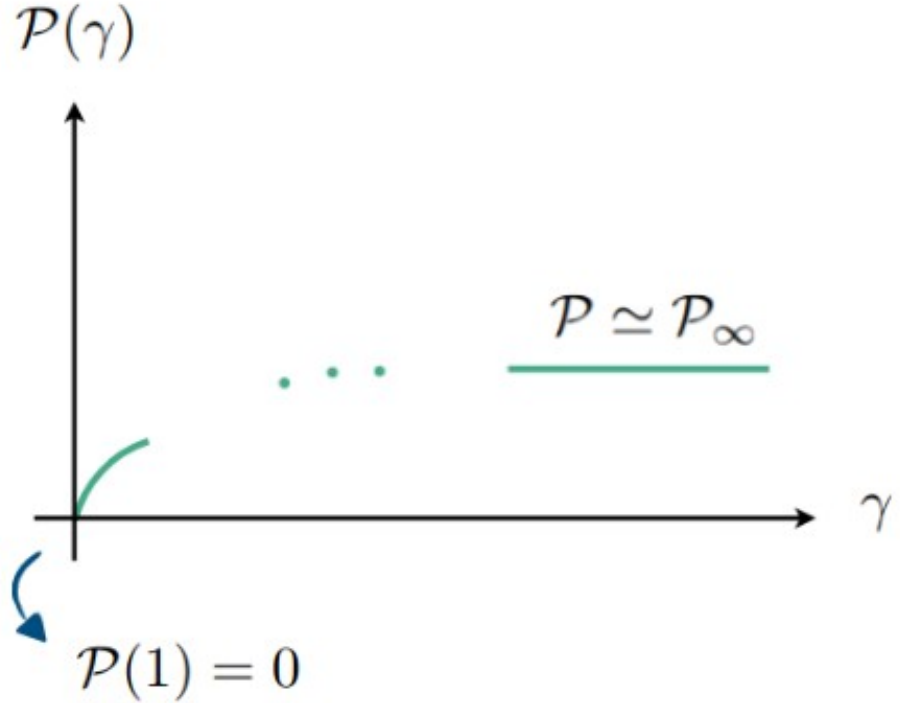
$$\omega \sim \gamma m$$



$$\mathcal{P} \approx \gamma n v \left[R 2k^z + (1 - R)(\tilde{k}^z - k^z) \right]$$

Ignoring reflections, LO pressure is constant

Bodecker, Moore (2009)



LO Effects: change in mass

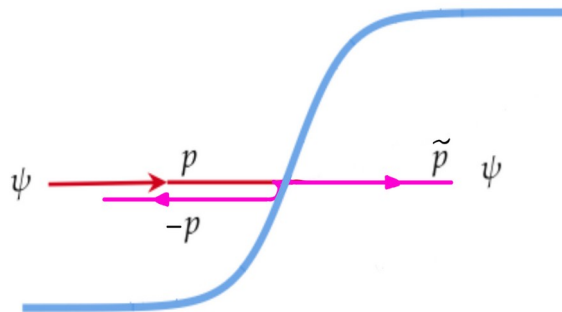
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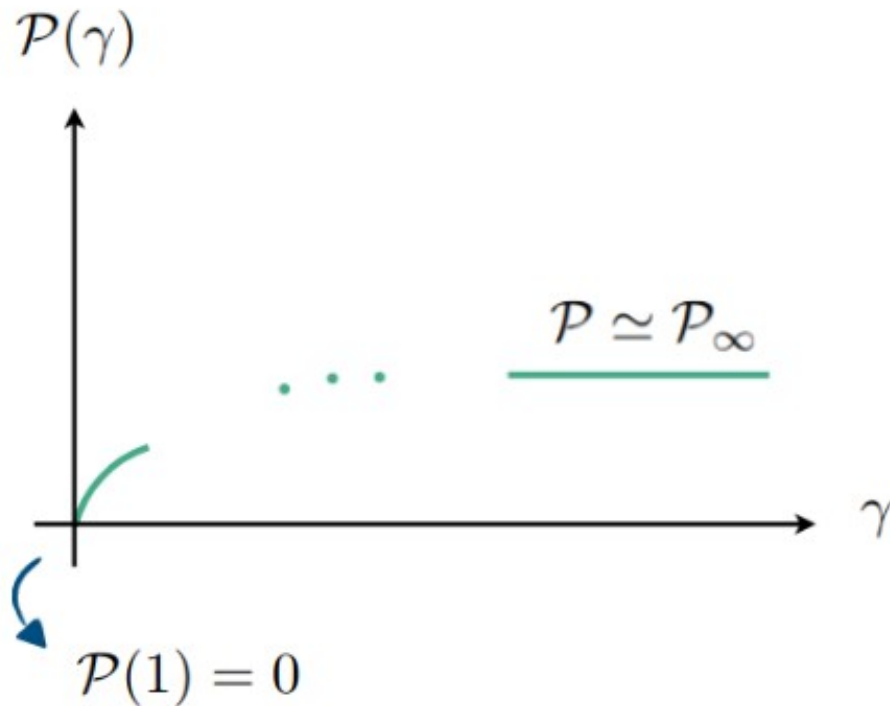
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Reflection of cold longitudinal vectors by thin walls

$$\mathcal{P} \simeq \rho_{\text{DM}} \gamma^2 R \quad \text{while} \quad \gamma \lesssim (mL)^{-1}$$



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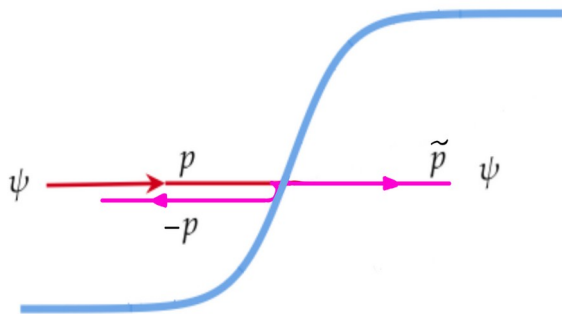
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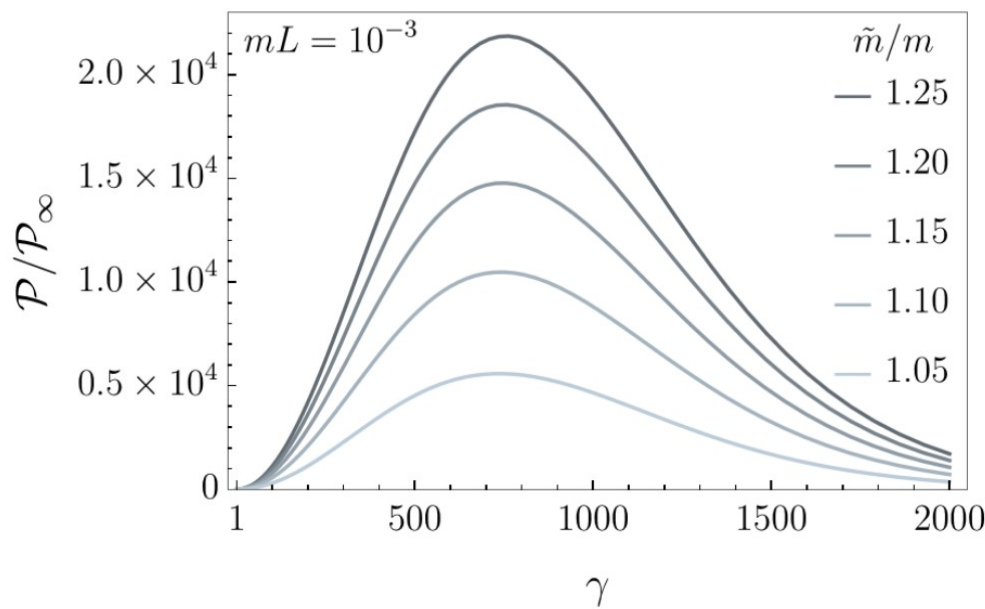
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Garcia Garcia, Kosegi, **RPB** (2022)



LO Effects: change in mass

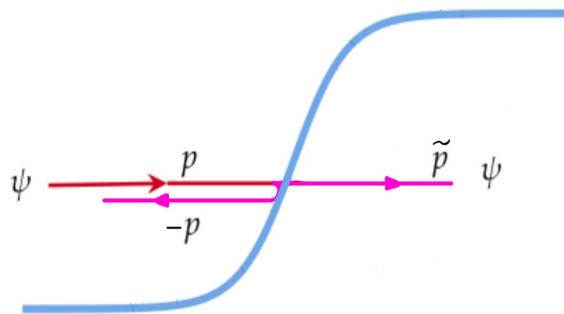
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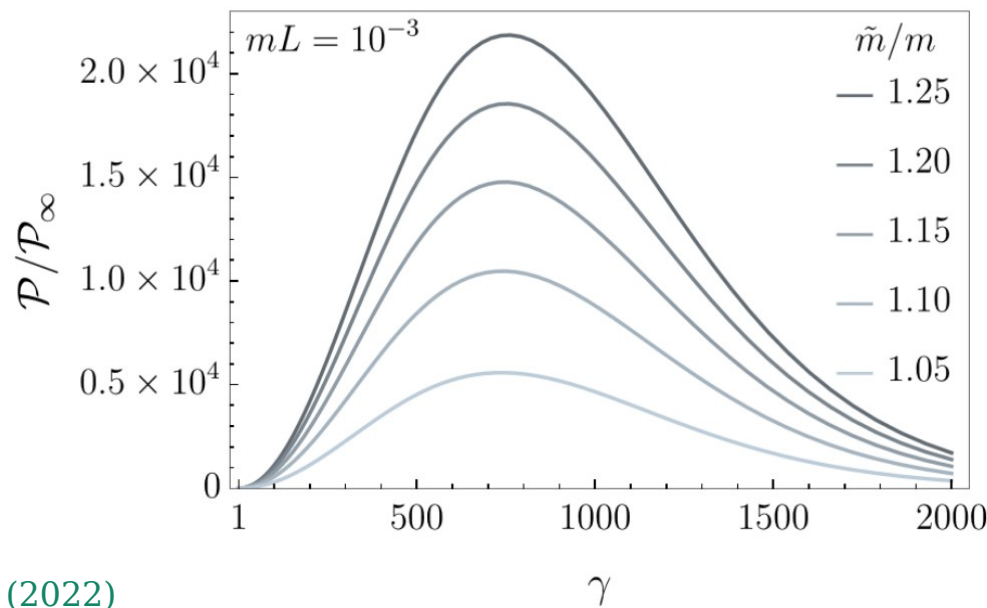
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light vector dark matter!



EFT Model

Massive vectors require some caution. Think in terms of a naive EFT...

$$\mathcal{L} = \underbrace{\frac{1}{2} (\partial_\mu \phi)^2 - V(\phi)}_{\text{scalar sector}} - \underbrace{\frac{1}{4} F_{\mu\nu}^2 + \frac{1}{2} m^2 V_\mu V^\mu}_{\text{massive dark photon}} + \frac{\kappa}{2} \phi^2 V_\mu V^\mu + \dots$$



scalar sector



massive dark photon



cannot be forbidden by symmetries

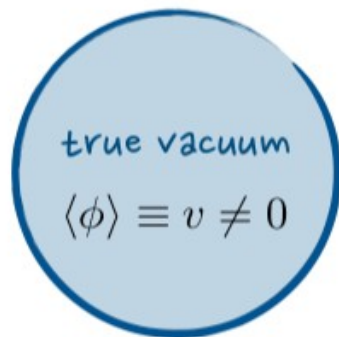
$$\Rightarrow m_V^2 = m^2 + \kappa \langle \phi \rangle^2$$



Δm^2

false vacuum

$$\langle \phi \rangle = 0$$



true vacuum

$$\langle \phi \rangle \equiv v \neq 0$$

this operator introduces a cut-off

$$\Lambda \lesssim \frac{4\pi m}{\sqrt{\kappa}} = \frac{4\pi v}{\sqrt{\Delta m^2/m^2}}$$

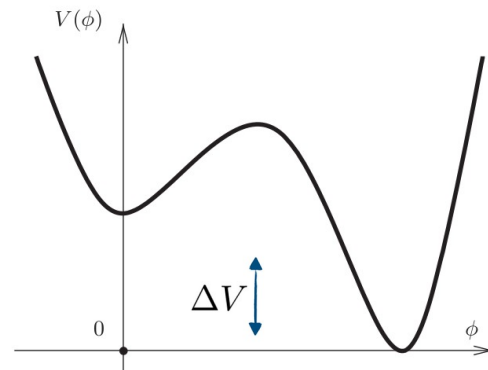
Here: focus on $\Delta m^2/m^2 \ll 1$ so that $\Lambda \gg 4\pi v$

Consequences

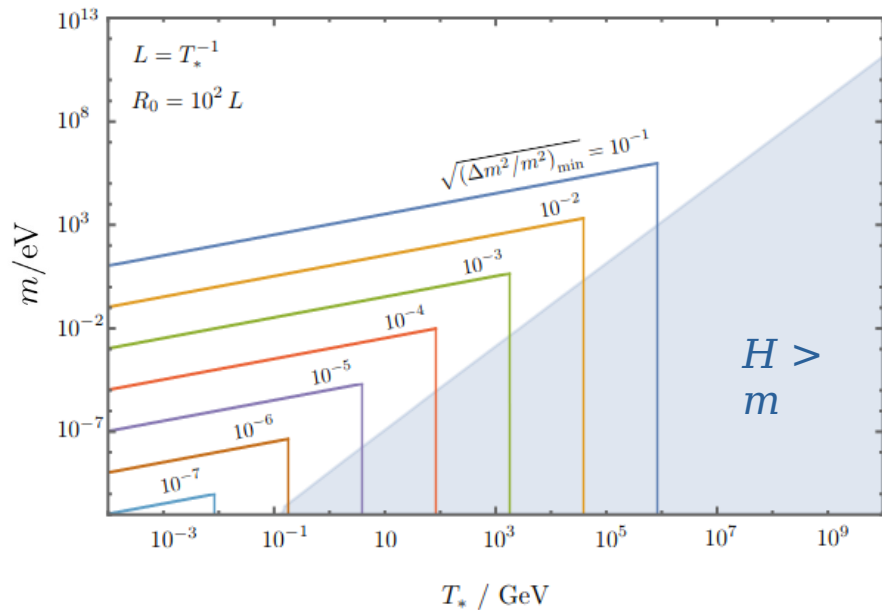
Given a phase transition:

$$T_*, \quad \alpha \equiv \frac{\Delta V}{\rho_{\text{SM}}(T_*)}, \quad L, R_0$$

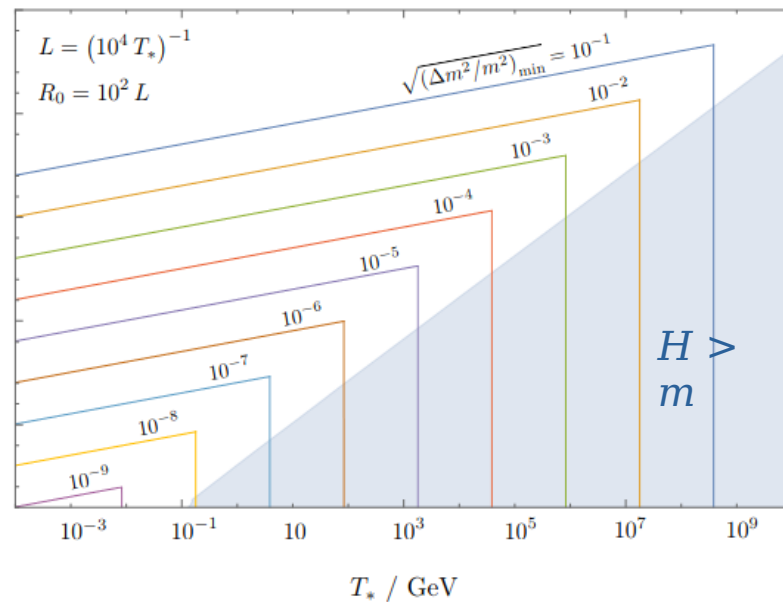
0.01



'thermal'



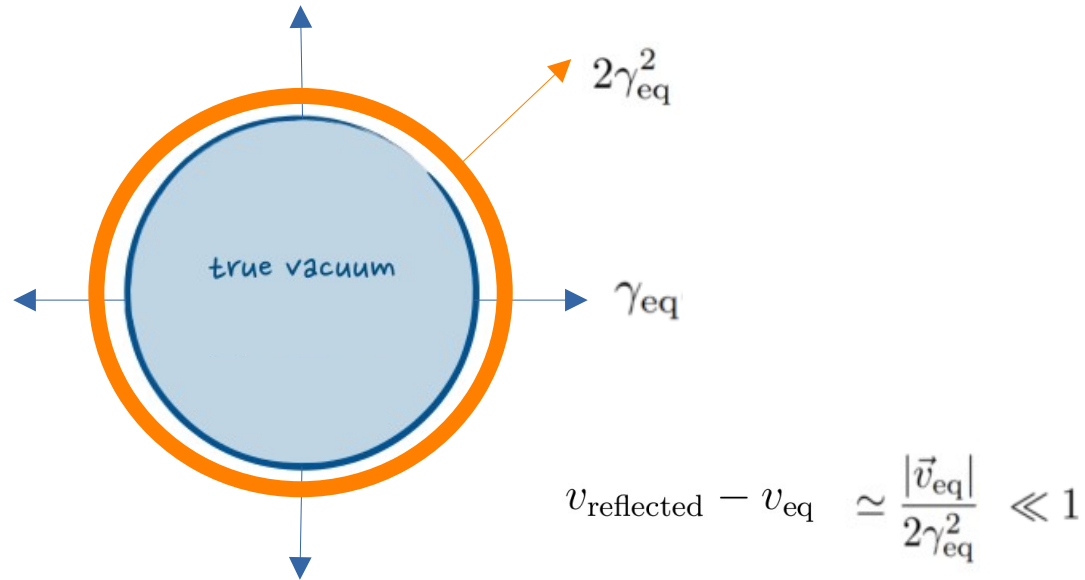
'some super-cooling'



Consequences

Equilibrium: Energy goes into reflected (now relativistic) longitudinal dark photons.

simple relativistic kinematics give:

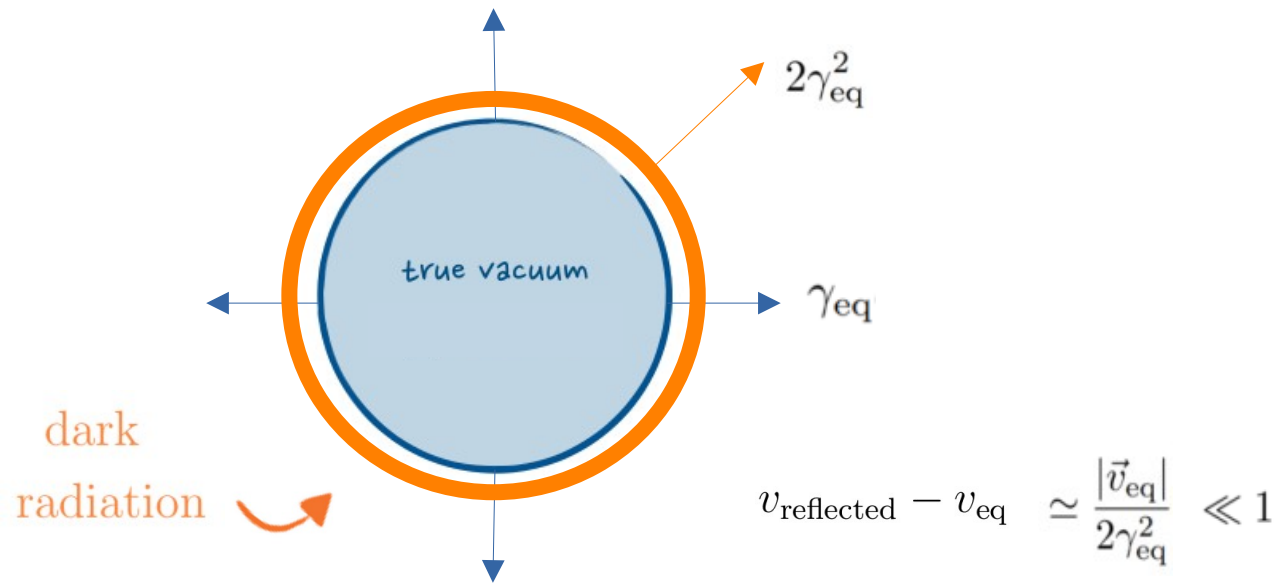


Reflected longitudinals concentrated in a thin shell

Consequences

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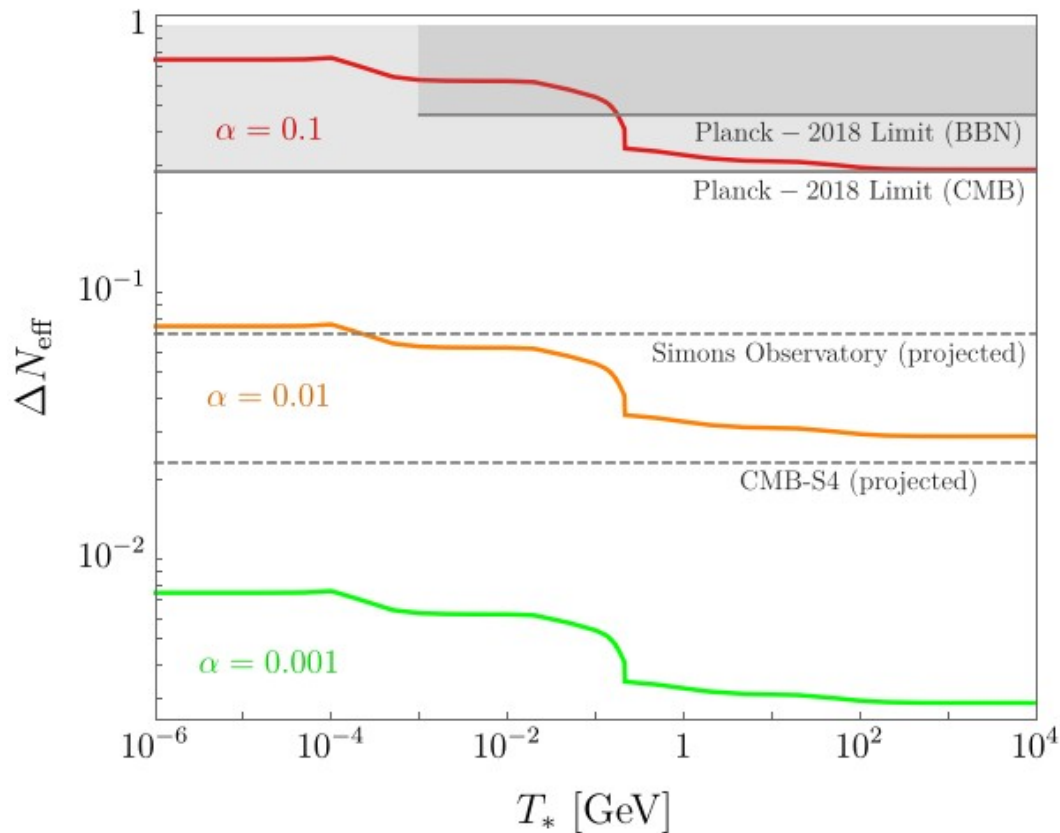
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Reflected longitudinals concentrated in a thin shell

Dark radiation

$$\gamma_{\text{dr}}(T \leq T_*) \simeq 2\gamma_{\text{eq}}^2 \frac{a(T_*)}{a(T)} \approx 2 \times 10^{13} \left(\frac{10^{-4}}{\Delta m^2/m^2} \right)^2 \left(\frac{\alpha}{10^{-2}} \right) \left(\frac{\rho_{\text{dm}}}{\rho_V} \right) \left(\frac{T}{1 \text{ MeV}} \right) \stackrel{!}{\gtrsim} 1$$



$$10^{-6} \left(\frac{T}{1 \text{ eV}} \right)$$

Recombination (CMB)

$$\Delta N_{\text{eff}} = 0.3 \left(\frac{\alpha}{0.1} \right) \left(\frac{g_*(100 \text{ GeV})}{g_*(T_*)} \right)^{1/3}$$

Generalisation to Axion /ALPs

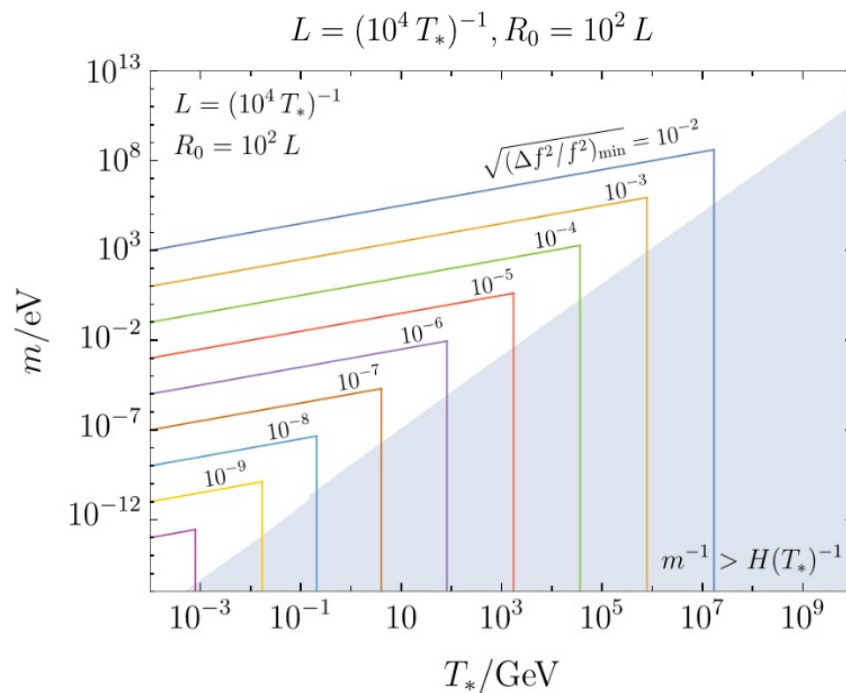
$$\mathcal{L} = -\frac{1}{4}F_{\mu\nu}^2 + \frac{1}{2}m^2 V_\mu V^\mu + \frac{\kappa}{2}\phi^2 V_\mu V^\mu + \dots$$

Mass terms for vector
are like kinetic terms for
uneaten NGB

$$\Rightarrow \mathcal{L} = \frac{1}{2}(f^2 + \Delta f(z)) \partial_\mu \theta \partial^\mu \theta + \dots$$

**Reflection
probability**

$$R = \left(\frac{\Delta f^2}{2f^2}\right)^2$$



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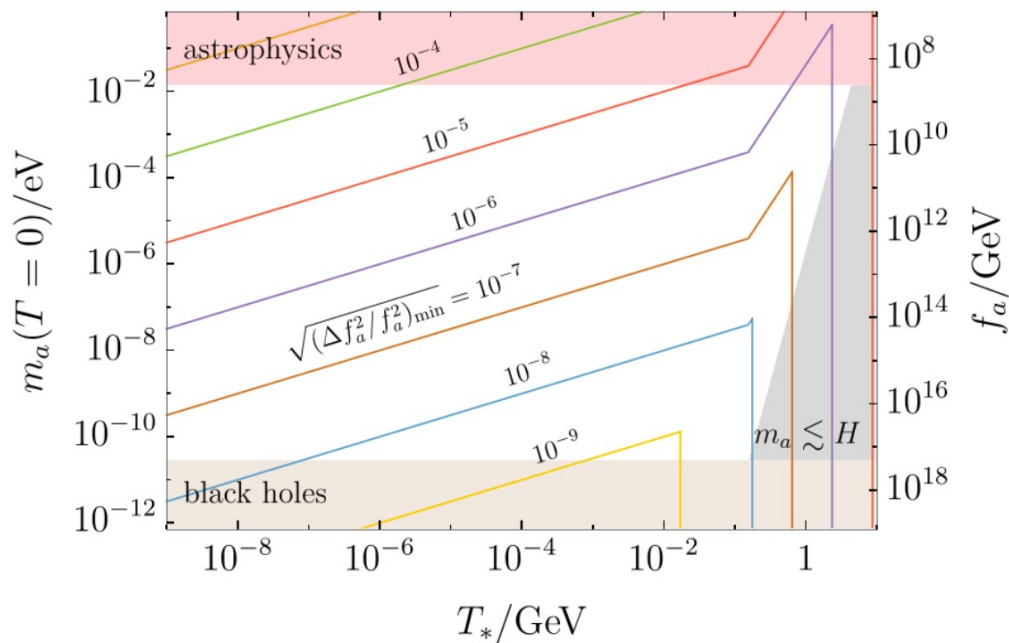
Reflection probability $R = \left(\frac{\Delta f^2}{2f^2}\right)^2$

QCD Axion

$$m_a \approx 5.7 \times 10^{-6} \text{ eV} \left(\frac{10^{12} \text{ GeV}}{f_a} \right)$$

$$m(T) \approx \begin{cases} m_a, & T \lesssim T_c \\ m_a (T_c/T)^4, & T \gtrsim T_c \end{cases}$$

$$L = (10^4 T_*)^{-1}, R_0 = 10^2 L$$



Perhaps a bit too general.... Let's focus on the most constrained case possible

- QCD axion dark matter (misaligned mechanism)
- Electroweak Phase Transition

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FOPT at $100 \text{ GeV} \lesssim T_* \lesssim 100 \text{ MeV}$

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...but are we sure 'frozen' fields don't give friction?

Friction from 'frozen' fields

Coupled action for the wall and the axion:

$$S[z_w(t), \theta] = \int dt \left\{ -\sigma \sqrt{1 - \dot{z}_w(t)^2} + z_w(t) \Delta V \right\} + \int d^2x \frac{1}{2} \left\{ (f^2 + \Delta f^2(x, z_w)) (\partial_\mu \theta)^2 - f^2 m_a^2 \theta^2 \right\}$$

\uparrow
 $\Delta f^2 \Theta(\gamma(t)(z - z_w(t))) \Theta(t - t_n)$

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↑

$$\Delta f^2 \Theta(\gamma(t)(z - z_w(t))) \Theta(t - t_n)$$

Leads to coupled equations of motion

$$\frac{\ddot{z}_w(t)}{(1 - \dot{z}_w(t)^2)^{3/2}} = \frac{\Delta V - \mathcal{P}(t)}{\sigma}, \quad \mathcal{P} = \frac{\Delta f^2}{2} (\partial \theta)^2 \Big|_{z=z_w(t)}$$

$$\partial_\mu (f^2 + \Delta f^2(t, z_w)) \partial^\mu \theta + f^2 m_a^2 \theta = 0$$

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Can look for a self-consistent perturbative solution

$$\gamma_w = \gamma_{\text{const}} + \dots$$

$$\theta = \theta^0(t) + \theta^1(z, t) + \dots$$

$$\uparrow \\ \theta_i (1 - \# m_a^2 t^2)$$

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Can look for a self-consistent perturbative solution leading to an effective pressure

$$\gamma_w = \gamma_{\text{const}} + \dots \quad \implies \quad \mathcal{P} \simeq \left(\frac{\Delta f^2}{f^2} \right)^2 \theta_i^2 f^2 m_a^2 \left(\frac{m_a^2}{H^2} \right) + \dots$$

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$$\theta = \theta^0(t) + \theta^1(z, t) + \dots$$

$$\uparrow \\ \theta_i (1 - \# m_a^2 t^2)$$

$$\simeq \gamma^2 R \rho_a \left(\frac{m_a^2}{H^2} \right) + \dots$$

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$$\partial_\mu (f^2 + \Delta f^2(t, z_w)) \partial^\mu \theta + f^2 m_a^2 \theta = 0$$

Can look for a self-consistent perturbative solution leading to an effective pressure

$$\begin{aligned} \gamma_w &= \gamma_{\text{const}} + \dots \\ \theta &= \theta^0(t) + \theta^1(z, t) + \dots \\ &\uparrow \\ &\theta_i (1 - \# m_a^2 t^2) \end{aligned} \quad \Longrightarrow \quad \begin{aligned} \mathcal{P} &\simeq \left(\frac{\Delta f^2}{f^2} \right)^2 \theta_i^2 f^2 m_a^2 \left(\frac{m_a^2}{H^2} \right) + \dots \\ &\simeq \gamma^2 R \rho_a \left(\frac{m_a^2}{H^2} \right) + \dots \end{aligned}$$

Energy goes into sharp
'axion cliff' features

Perhaps a bit too general.... Let's focus on the most constrained case possible

- QCD axion dark matter (misaligned mechanism)
- Electroweak Phase Transition

$$\mathcal{L}_{UV} \supset \eta |\Phi_{PQ}|^2 h^2 \xrightarrow{\text{integrating out radial mode}} \mathcal{L}_{\text{EFT}} \supset \left(f^2 + \eta \frac{h^2}{m_\rho^2} \right) (\partial_\mu \theta)^2 - m_a^2 f^2 \theta^2 + (\partial h)^2 + V(h, S) + \dots$$

In principle, friction is enough to equilibrate...

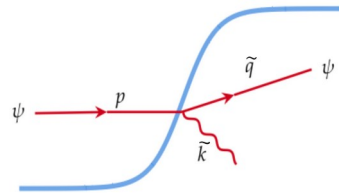
FOPT at $100 \text{ GeV} \lesssim T_* \lesssim 100 \text{ MeV}$

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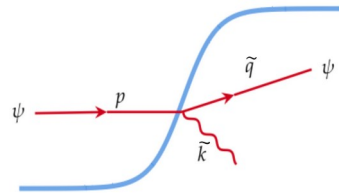
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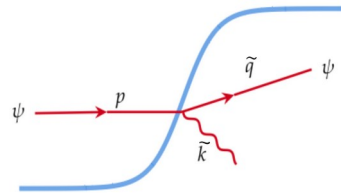
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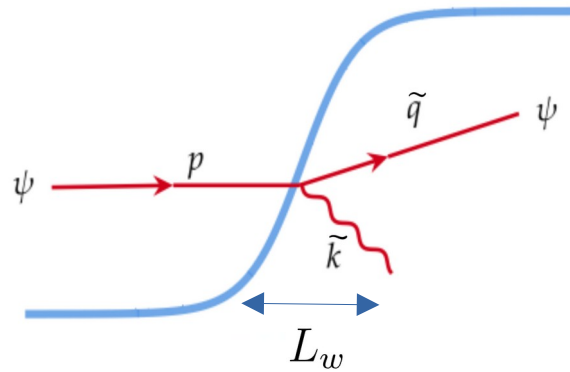


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If < 1 then universe reborn from the collision of axion cliffs

NLO from First Principles



Azatov, Barni, **RPB**, Vanvlasselaer (2023)

We quantise field theories in the translation breaking background of a wall

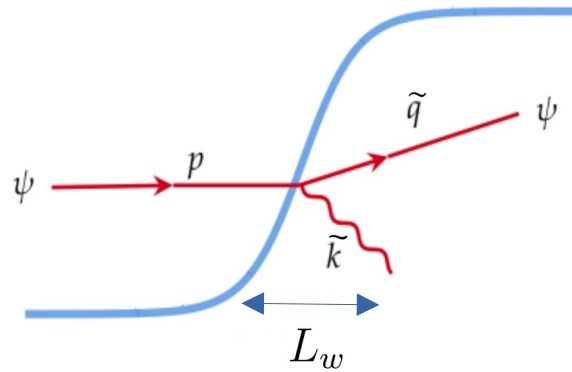
Which wall? For a theorist the dream is a step wall (also phenomenologically relevant)

In principle, given a profile, one can compute exactly. However we wish to be as model-independent as possible, and characterise it by its width L_w .

Very schematically we compute:

$$\langle \Delta p \rangle \sim \int d^3 k \Delta p |\mathcal{M}|^2 \approx \int^{k^z < L_w^{-1}} d^3 k \Delta p |\mathcal{M}^{\text{step}}|^2 + \int_{k^z > L_w^{-1}} d^3 k \Delta p |\mathcal{M}^{\text{wkb}}|^2$$

*6 final state integrals - 3 conservation laws
(energy and perpendicular momenta)*



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Warm up: Simple Scalars

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$$\text{EOM: } (\partial^2 + m_\phi^2(z))\phi = 0$$

Far from the wall the plane wave solution

$$\phi_{R,k} = e^{-ik_n x^n} \chi_{R,k}(z) = e^{-ik_0 t + ik_\perp x_\perp} \begin{cases} e^{ik_z z} + r_k e^{-ik_z z} & z \rightarrow -\infty \\ t_k e^{i\tilde{k}_z z} & z \rightarrow +\infty \end{cases}$$

$$n = t, x, y$$

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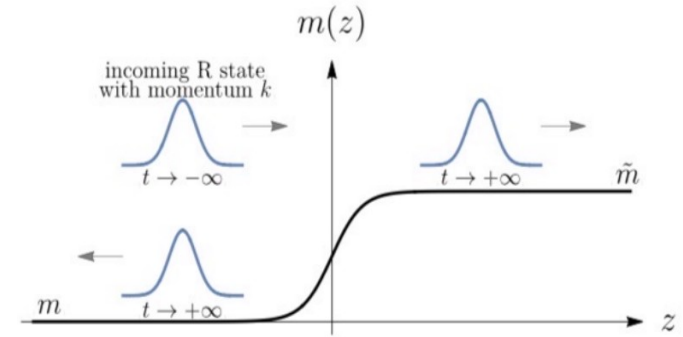
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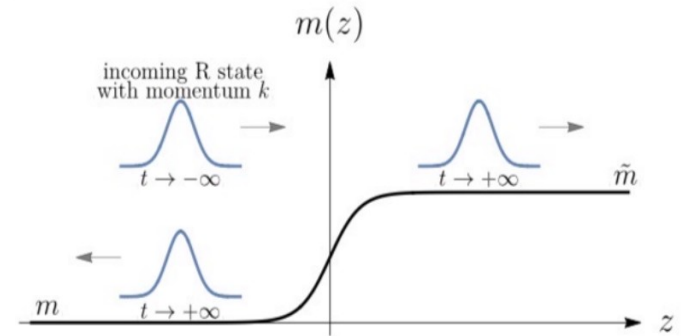
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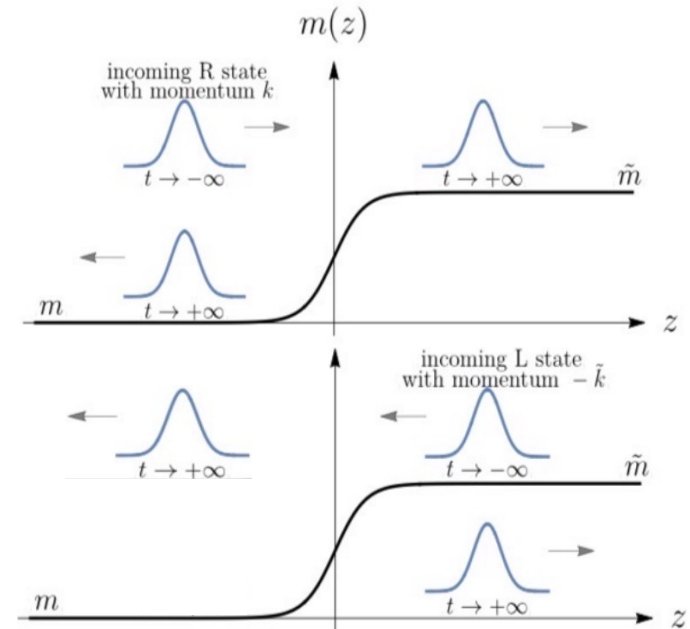
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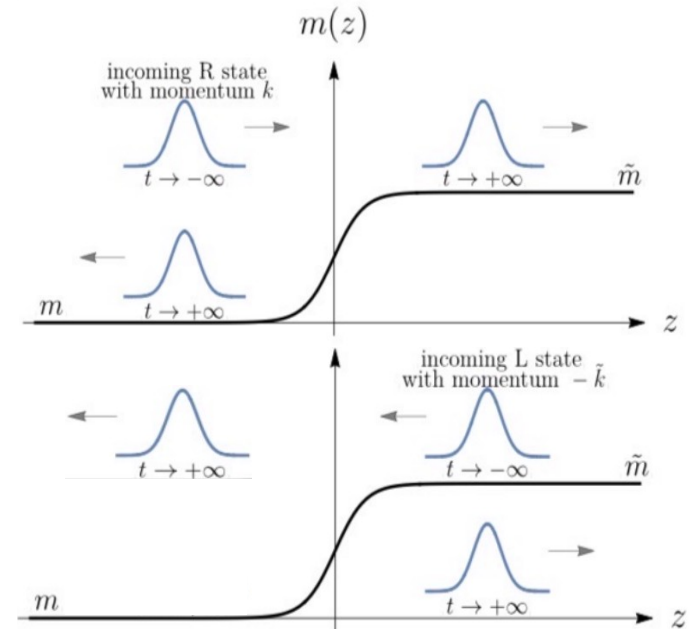
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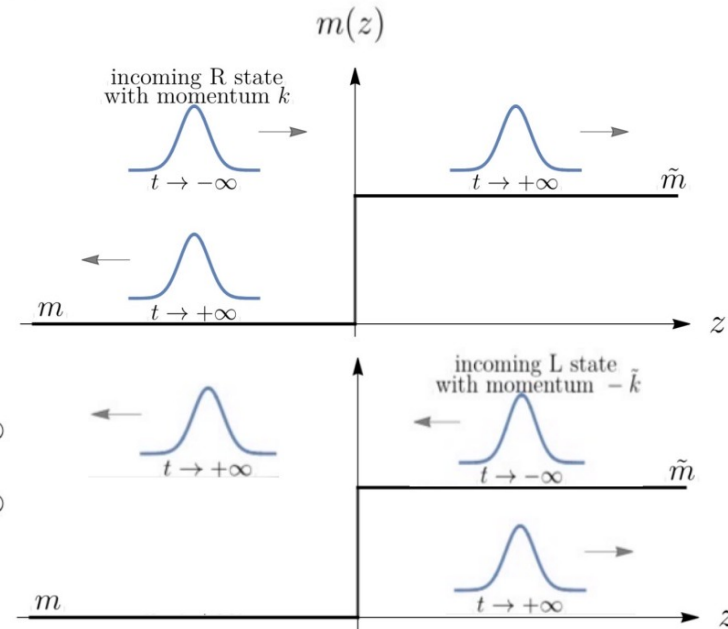
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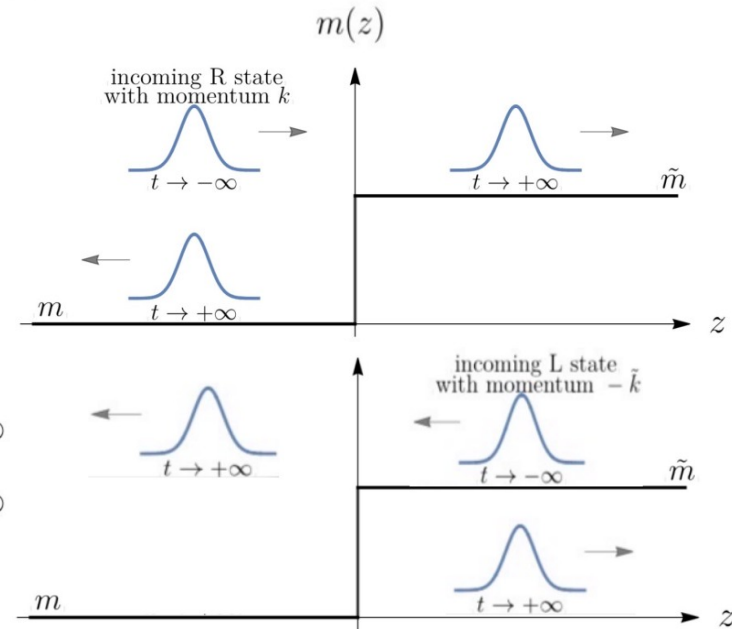
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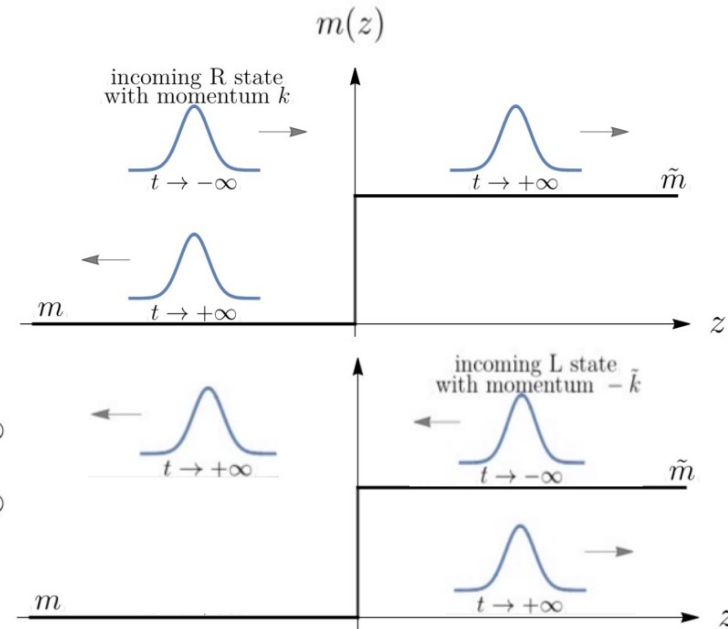
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$$\text{using } \int_{-\infty}^0 e^{i\beta z} dz = \text{PV} \left(\frac{1}{i\beta} \right) + \pi \delta(\beta)$$



Simple Scalars - quantisation

Having a complete set of states $\{\phi_{R,k_z}, \phi_{L,k_z}\}$ we can expand the field

$$\phi(x, t) = \sum_{I=R,L} \int \frac{d^3k}{(2\pi)^3 \sqrt{2k_0}} \left(a_{I,k} \phi_{I,k} + a_{I,k}^\dagger \phi_{I,k}^* \right)$$

Promoting fields to operators and Poisson Brackets to commutators, gives:

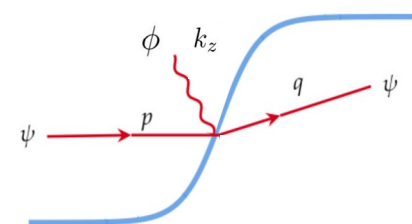
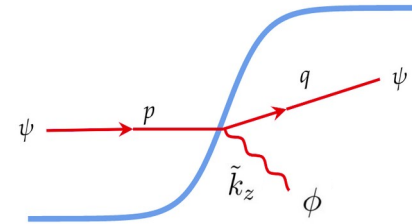
$$[a_{I,k}, a_{J,q}^\dagger] = (2\pi)^3 \delta(\vec{k} - \vec{q}) \delta_{IJ} ,$$

$$[a_{I,k}, a_{J,q}] = [a_{I,k}^\dagger, a_{J,q}^\dagger] = 0 , \quad I, J \in \{R, L\}$$

We can define two types of states

$$|k_z^R\rangle = \sqrt{2k_0} a_{R,k_z}^\dagger |0\rangle ,$$

$$|k_z^L\rangle = \sqrt{2k_0} a_{L,k_z}^\dagger |0\rangle ,$$



which should be thought as **independent states** in any process.

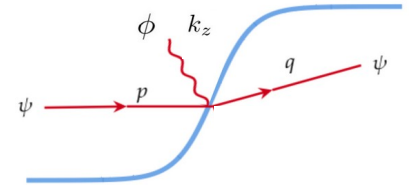
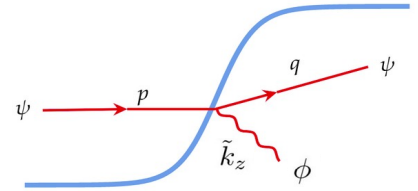
Simple Scalars - emission

$$\mathcal{S} = \text{T exp} \left(-i \int d^4x \mathcal{H}_{\text{Int}} \right)$$

$$\mathcal{H}_{\text{Int}} = -iy\psi^2(x)\phi(x)$$

$$\langle k_I^{\text{out}} q | \mathcal{S} | p \rangle \equiv (2\pi)^3 \delta^{(3)}(p^n - k^n - q^n) i\mathcal{M}_I \stackrel{\text{tree}}{=} -i \int d^4x \langle k_I^{\text{out}} q | \mathcal{H}_{\text{Int}} | p \rangle$$

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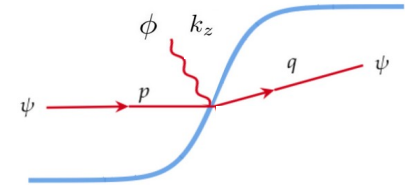
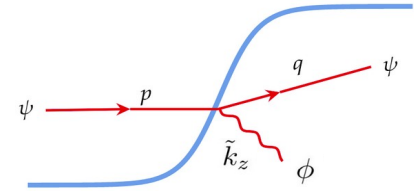
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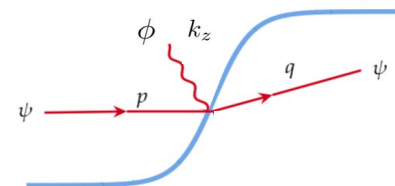
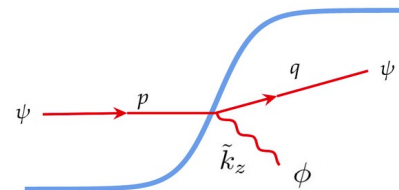
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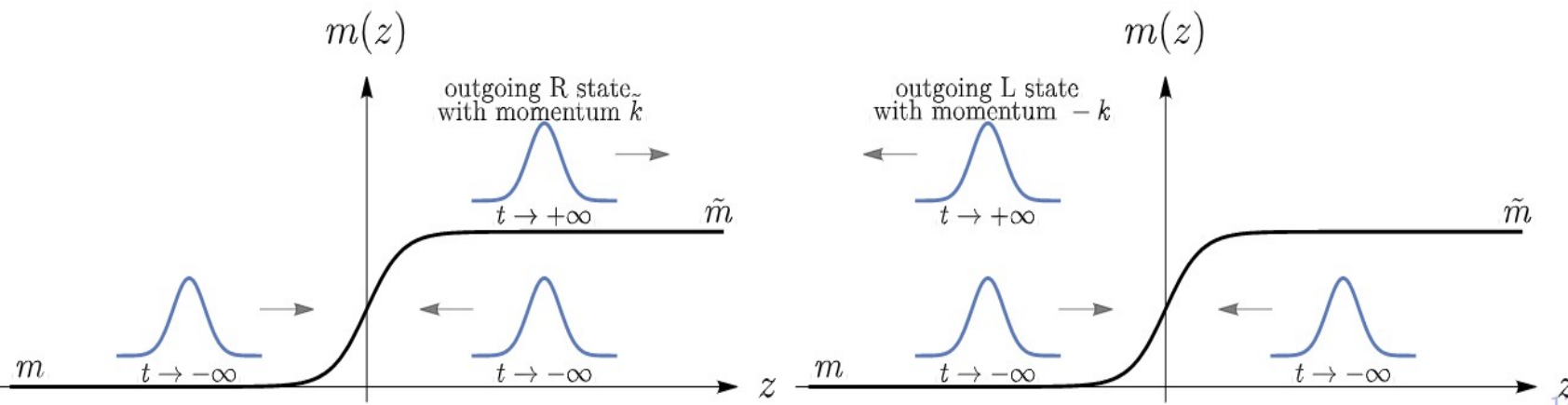
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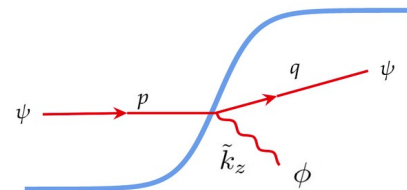
Then we define basis for outgoing states



Simple Scalars - emission

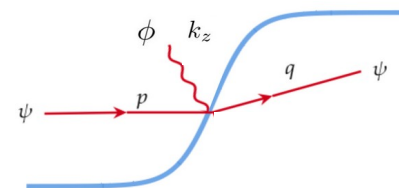
$$\mathcal{S} = \text{T exp} \left(-i \int d^4x \mathcal{H}_{\text{Int}} \right)$$

$$\mathcal{H}_{\text{Int}} = -iy\psi^2(x)\phi(x)$$



$$\langle k_I^{\text{out}} q | \mathcal{S} | p \rangle \equiv (2\pi)^3 \delta^{(3)}(p^n - k^n - q^n) i \mathcal{M}_I^{\text{tree}} = -i \int d^4x \langle k_I^{\text{out}} q | \mathcal{H}_{\text{Int}} | p \rangle$$

with $I = L, R$,

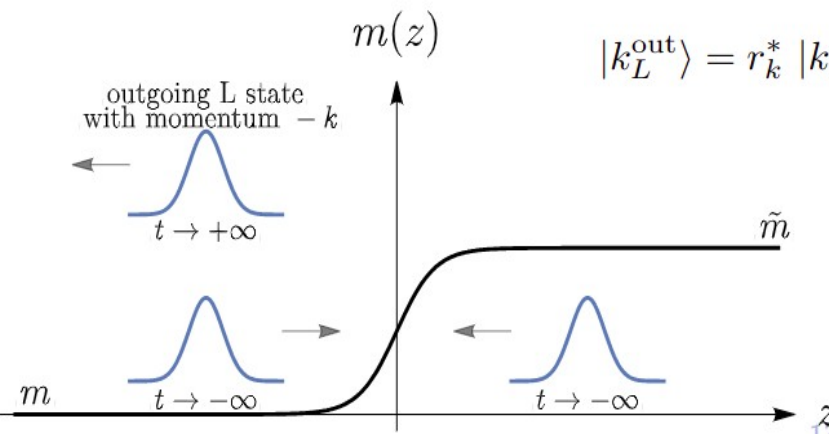
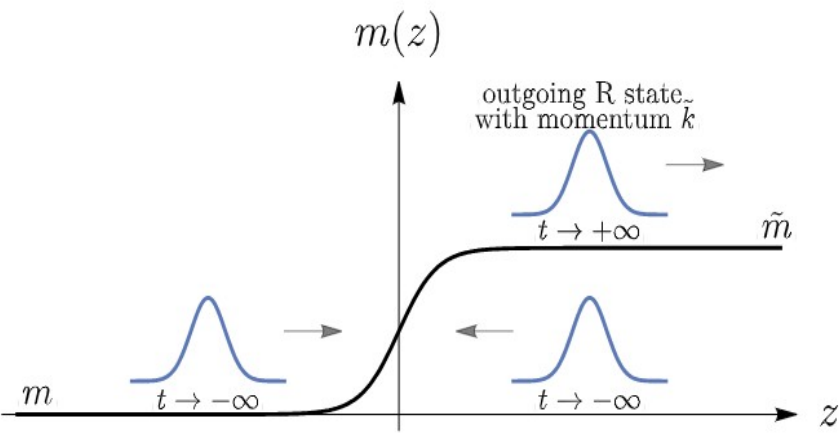


To compute $\langle \Delta p \rangle$ we need states with definite final momentum!

Then we define basis for outgoing states

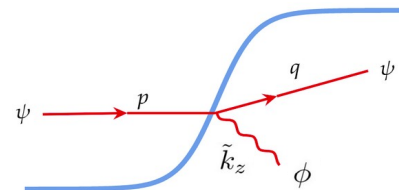
$$|k_R^{\text{out}}\rangle = t_k^* \sqrt{\frac{\tilde{k}_z}{k_z}} |k_R^{\text{in}}\rangle - r_k^* |k_L^{\text{in}}\rangle,$$

$$|k_L^{\text{out}}\rangle = r_k^* |k_R^{\text{in}}\rangle + t_k^* \sqrt{\frac{\tilde{k}_z}{k_z}} |k_L^{\text{in}}\rangle \theta(\tilde{k})$$



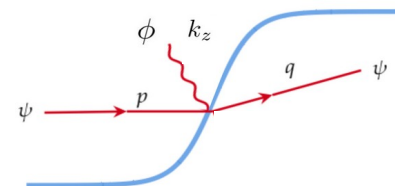
$$\mathcal{S} = \text{T exp} \left(-i \int d^4x \mathcal{H}_{\text{Int}} \right)$$

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$$\langle k_I^{\text{out}} q | \mathcal{S} | p \rangle \equiv (2\pi)^3 \delta^{(3)}(p^n - k^n - q^n) i\mathcal{M}_I \stackrel{\text{tree}}{=} -i \int d^4x \langle k_I^{\text{out}} q | \mathcal{H}_{\text{Int}} | p \rangle$$

with $I = L, R$,



exact amplitudes

$$|\mathcal{M}_R|^2 = y^2 \frac{4k^z \tilde{k}^z (k^z - \tilde{k}^z)^2}{(\tilde{k}_z^2 - (p^z - q^z)^2)^2 (k^z - p^z + q^z)^2},$$

$$|\mathcal{M}_L|^2 = y^2 \frac{4k_z^2}{(k_z^2 - (p^z - q^z)^2)^2} \begin{cases} \frac{(k^z - \tilde{k}^z)^2}{(\tilde{k}^z + p^z - q^z)^2}, & k^z > \Delta m, \\ \frac{\Delta m^2}{\Delta m^2 - k_z^2 + (p^z - q^z)^2}, & k^z < \Delta m, \end{cases}$$

Integrate over appropriate phase space

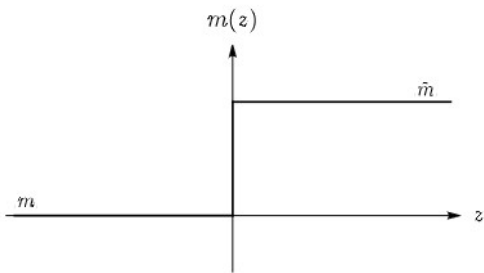
$$\langle \Delta p \rangle = \langle \Delta p_R \rangle + \langle \Delta p_L \rangle$$

$$\equiv \int d\mathbb{P}_{\psi \rightarrow \psi \phi_R} \underbrace{(p^z - q^z - \tilde{k}^z)}_{\Delta p_R^z} + \int d\mathbb{P}_{\psi \rightarrow \psi \phi_L} \underbrace{(p^z - q^z + k^z)}_{\Delta p_L^z}$$

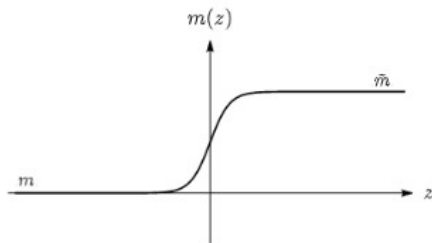
$$\int d\mathbb{P}_{\psi \rightarrow \psi \phi_I} \Delta p_I^z = \int_{k_{\min}^z, I}^{k_{\max}^z} \frac{dk_z}{2\pi} \frac{1}{2k_0} \int_0^{k_{\perp, \max}^2} \frac{dk_{\perp}^2}{4\pi} \cdot \frac{1}{2p^z} \left[\frac{1}{2|q^z|} |\mathcal{M}_I|^2 \Delta p_I^z \right]_{q^z = \pm q_k^z}$$

Beyond the step wall: WKB

$$k_z \lesssim L_w^{-1}$$



$$k_z \gtrsim L_w^{-1}$$



$$\mathcal{M}^{\text{wkb}} = \int_{-\infty}^{\infty} dz e^{i(p^z - q^z)} \chi_{R,k}(z) V(z)$$

Step wall: $\phi_{\zeta_{R,L}}$

$$\text{WKB: } \chi_R(z) = \sqrt{\frac{k_z}{k_z(z)}} e^{-i \int_0^z dz' k_z(z') z'}$$

On a case by case basis

$$\mathcal{M}^{\text{wkb}} = \underbrace{\int_{-\infty}^0 dz V(-\infty) e^{i\Delta p_z(-\infty)z} + e^{i \int_0^{L_w} dz' \Delta p(z')} \int_0^{\infty} dz V(+\infty) e^{i\Delta p_z(+\infty)z}}_{\mathcal{M}_{\text{outside}}} + \underbrace{\int_0^{L_w} dz V(z) e^{i \int_0^z dz' \Delta p(z')}}_{\mathcal{M}_{\text{inside}}}$$

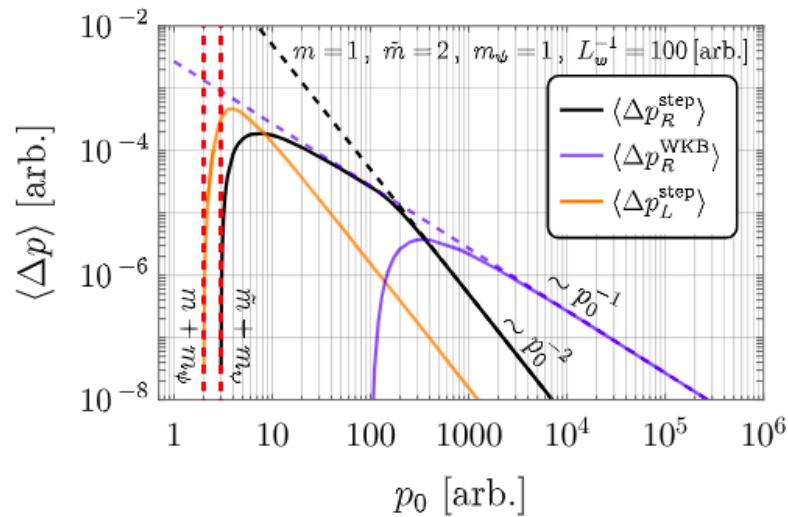
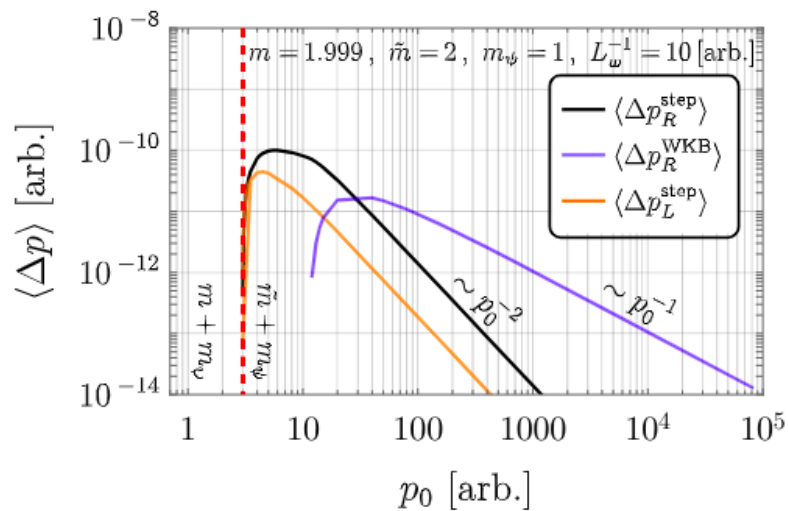
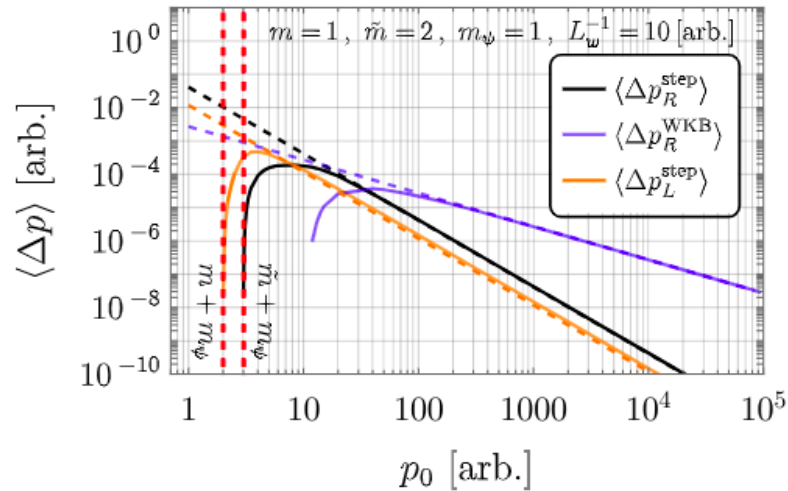
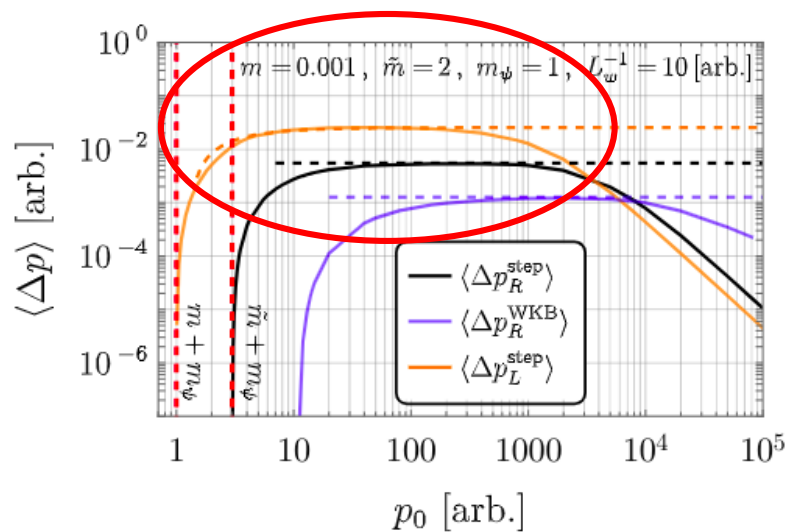
$\mathcal{M} \rightarrow 0$, if $\Delta p_z^{\text{max}} L_w \gg 1$ (z-momentum conservation is restored)

using $\left(\int_{-\infty}^0 e^{i\beta z} dz = \text{PV} \left(\frac{1}{i\beta} \right) + \pi\delta(\beta) \right)$

$$\mathcal{M}^{\text{wkb red.}} = \frac{V(-\infty)}{i\Delta p_z(-\infty)} - \frac{V(+\infty)}{i\Delta p_z(+\infty)} = \frac{-iy}{p^z - q^z - k^z} - \frac{-iy}{p^z - q^z - \tilde{k}^z}$$

For scalars example

Scalar Results



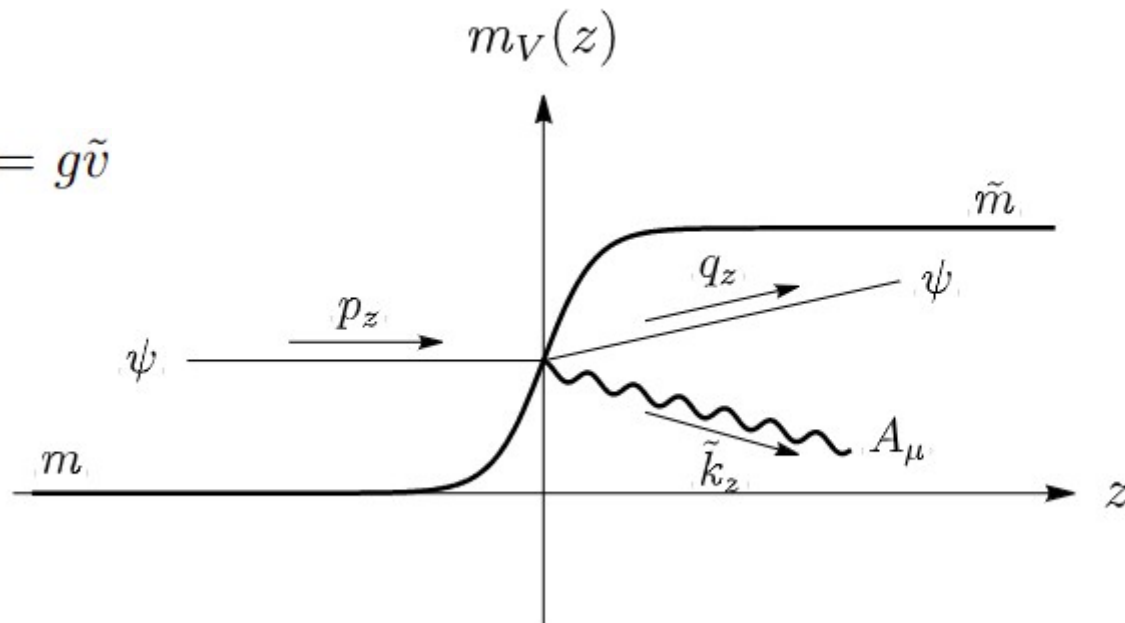
Gauge Symmetry Breaking

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$$\mathcal{L} \supset -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} + |D_\mu\phi|^2 - V(|\phi|) + |D_\mu\psi|^2 - \frac{1}{2}m_\psi^2\psi^2 + \text{gauge fixing}, \quad D_\mu = \partial_\mu + igA_\mu$$

↑ two minima at $\sqrt{2}|H| = v, \tilde{v}$

$$m = gv \text{ and } \tilde{m} = g\tilde{v}$$



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Extra complications: Gauge fixing

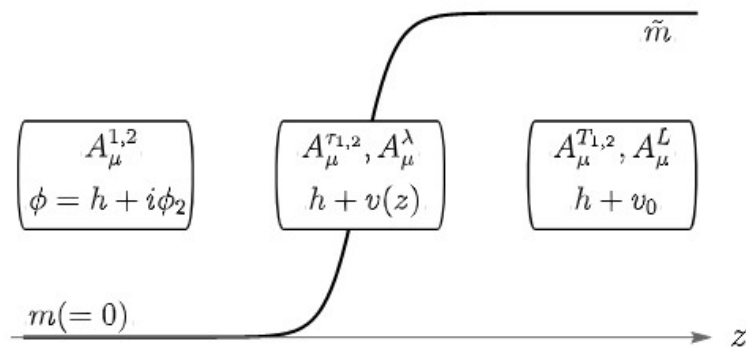
EOM: R_ξ gauge

$$\partial_z^2 v(z) = V'(v)$$

$$\square h = -V''(v)h$$

$$\square\phi_2 = -\xi g^2 v^2 \phi_2 - V'(v) \frac{\phi_2}{v} - 2g\partial_\mu v A^\mu$$

$$\partial_\nu F^{\mu\nu} = \frac{1}{\xi} \partial^\mu (\partial_\nu A^\nu) + g^2 v^2 A^\mu - 2g\phi_2 \partial^\mu v$$



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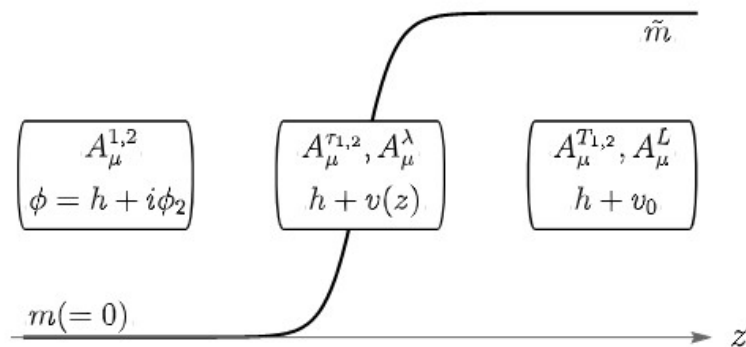
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Extra complications: Gauge fixing → Unitary gauge works!!!

EOM: Unitary gauge $\xi \rightarrow \infty$

$$\begin{aligned} \partial_z^2 v(z) &= V'(v) \\ \square h &= -V''(v)h \\ \partial_\nu F^{\mu\nu} &= g^2 v^2(z) A^\mu \end{aligned}$$

(new!) Transversality condition $\begin{cases} \partial_\mu(m^2(z)A^\mu) = 0 \\ 3 \text{ propagating dofs} \end{cases}$



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Extra complications: Complete basis not convenient in terms of conventional transverse and longitudinal polarisations..

$$\partial_\nu F^{\mu\nu} = g^2 v^2(z) A^\mu .$$

Generalized Lorentz condition: $\partial_\mu(m^2(z)A^\mu) = 0$

The field is best expanded in terms of 'wall' polarisations τ and λ which correspond to whether $A^z = 0$ or not

$$A_{k_0, k_\perp}^\mu = e^{-ik_n x^n} \sum a_l \chi_{l, k^n}^\mu(z) \quad \ell = \tau_1, \tau_2, \lambda$$

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τ

$$\chi_\tau^\mu = \epsilon_{\tau_1, 2}^\mu \chi_{\tau_1, 2}(z), \quad [E^2 - \partial_z^2 + g^2 v^2(z)] \chi_{\tau_1, 2}(z) = 0$$

$$\epsilon_{\tau_1}^\mu = (0, 0, 1, 0), \quad \epsilon_{\tau_2}^\mu = (k_\perp, k_0, 0, 0) / \sqrt{k_0^2 - k_\perp^2}$$

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$$\chi_\lambda^z = \frac{E}{gv(z)} \lambda(z) \quad (-E^2 - \partial_z^2 + U_\lambda(z)) \lambda = 0.$$

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$$U_\lambda(z) = g^2 v^2(z) - v \partial_z \left(\frac{\partial_z v}{v^2} \right)$$

$$\begin{aligned}
 A^\mu &= \sum_{I,\ell} \int \frac{d^3k}{(2\pi)^3 \sqrt{2k_0}} e^{-i(k_0 t - \vec{k}_\perp \cdot \vec{x})} (a_{\ell,I,k}^{\text{in}} \chi_{\ell,I,k}^\mu(z) + h.c.) \\
 &= \sum_{I,\ell} \int \frac{d^3k}{(2\pi)^3 \sqrt{2k_0}} e^{-i(k_0 t - \vec{k}_\perp \cdot \vec{x})} (a_{\ell,I,k}^{\text{out}} \zeta_{\ell,I,k}^\mu(z) + h.c.) ,
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where $I = R, L$ denote right and left movers, $\ell = \tau_1, \tau_2, \lambda$ sums over different polarisations.

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Constructed in terms of respective Schrodinger - like equations

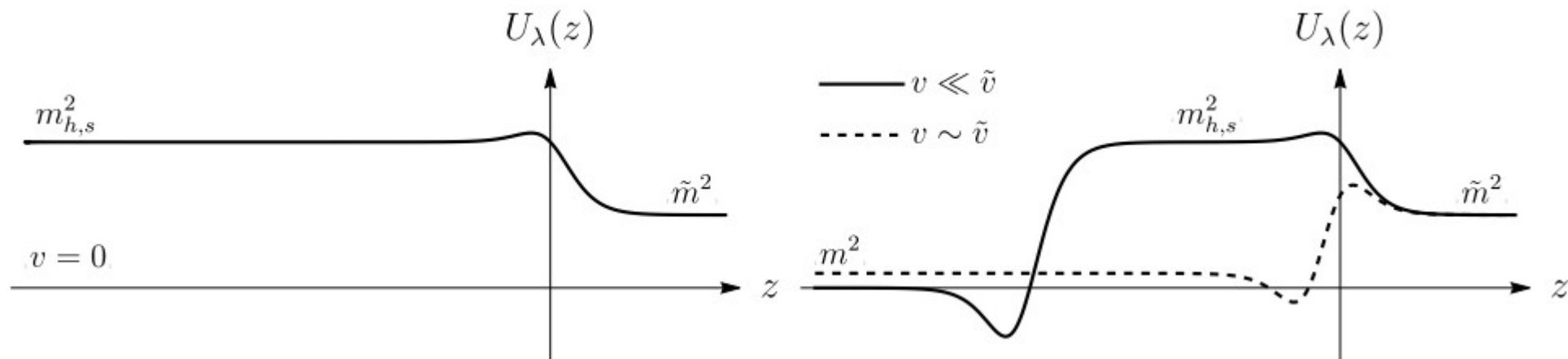
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The Lambda Potential

$$U_\lambda(z) = g^2 v^2(z) - v \partial_z \left(\frac{\partial_z v}{v^2} \right)$$

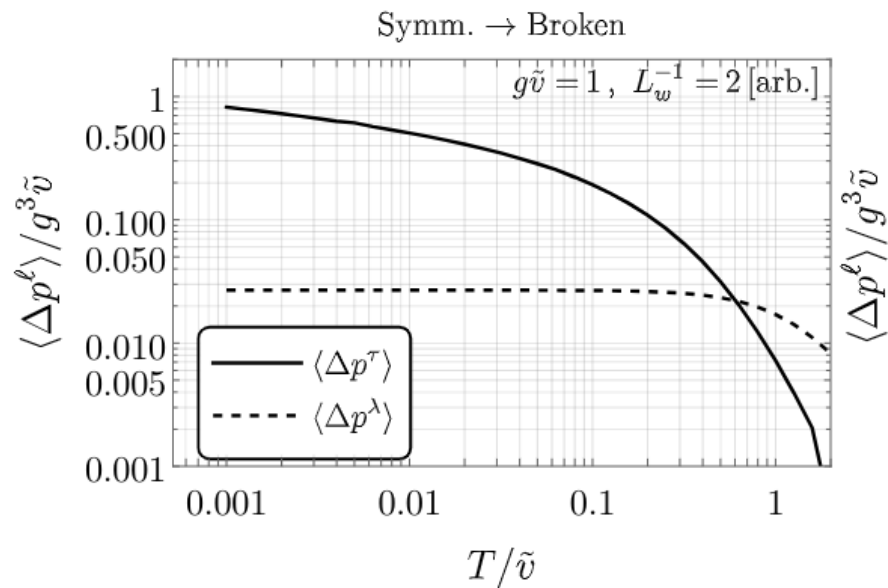


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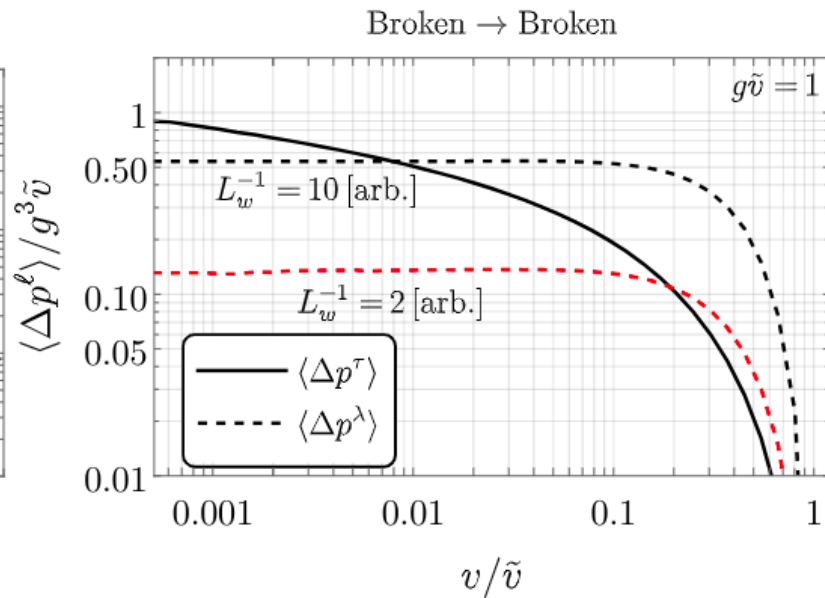
Jump to Results

$\langle \Delta p \rangle$ In the asymptotic limit $\gamma_w \rightarrow \infty$

Relative importance of τ and λ contributions

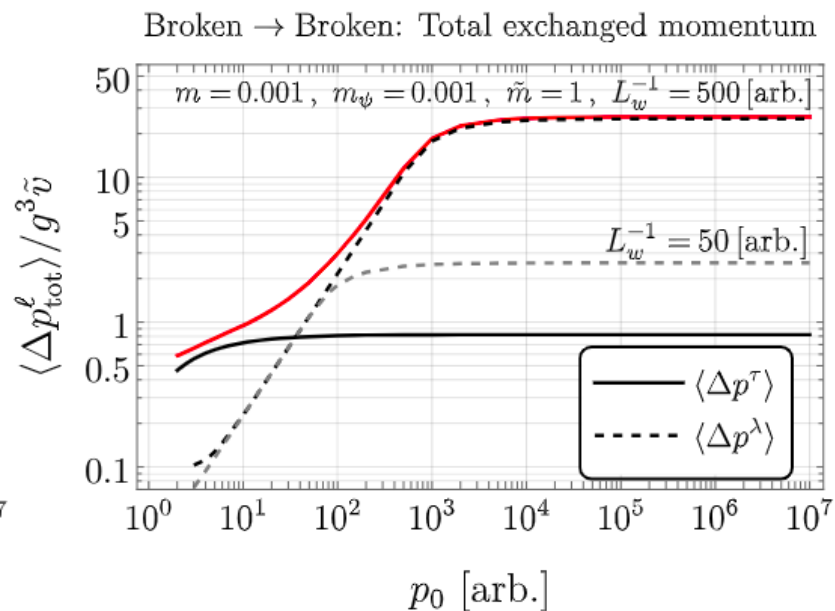
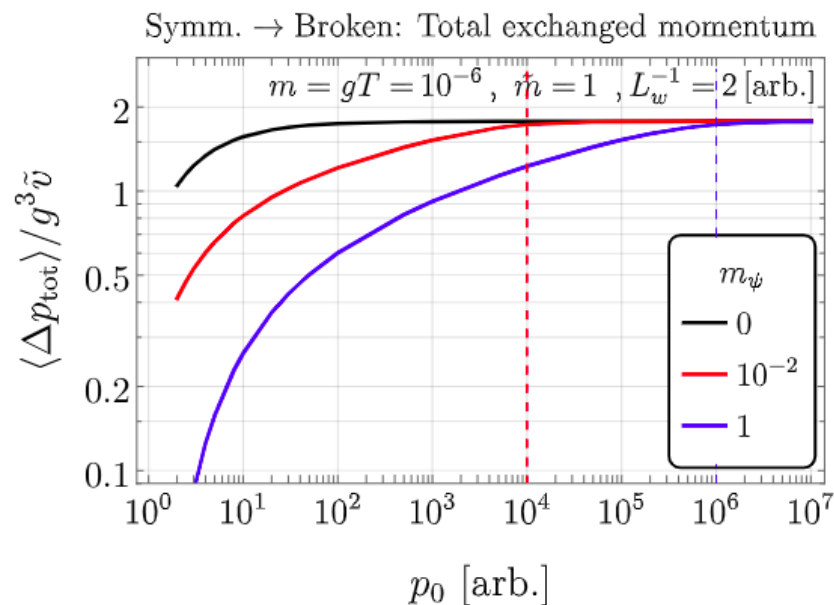


Relative importance of τ and λ contributions



Results

We are also able to capture transient regimes
 → ultimately matters to determine equilibrium velocity



Summary

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- FOPTs are violent out of equilibrium events with dark matter production / destruction as well as correlated gravitational wave and dark radiation signals.
- Understanding medium - bubble interactions is a necessary step in calculating anything....

