

# Black Hole States

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$$S = \frac{A}{4G\hbar}$$

# and Black Hole states

#### Counting states – but not black holes

$$S = \frac{A}{4G\hbar}$$

#### from D-branes in String theory Strominger+Vafa 1996

Non-gravitating states that are not black holes

### Counting states – but not black holes



Extremal BPS charged black hole



coupling



Susy protects number of states as coupling changes

## Counting states – but not black holes

Fundamental string state

Neutral black hole







No susy protection, but smooth matching at transition string/BH

#### Black Hole states – what for?

- BH info paradox and recovery of information
- Experience of infalling observer
- BH interior and singularity

Need finite (non-perturbative) gravitational coupling – hard for String Theory esp w/out SUSY

#### Black Hole states – what kind?

- Horizonless non-singular microstate geometries: fuzzballs
- Bag-of-gold states with horizons and singularities

Completely different starting points, methods, and results—do they meet anywhere? BPS systems?

#### Black Hole states – what kind?

- Horizonless non-singular microstate geometries: fuzzballs
- Bag-of-gold states with horizons and singularities

NB: this talk won't always require AdS/CFT, but often useful

## Black Hole states – what are they?

Microscopic pure states  $|\Psi\rangle$  that are almost indistinguishable (for simple observables) from thermal state  $\rho_{\rm th}$ 

 $\langle \Psi | \mathcal{O}(t) | \Psi \rangle \rightarrow \mathrm{Tr}(\rho_{\mathrm{th}} \mathcal{O}), \quad \langle \Psi | \mathcal{O}(t) \mathcal{O}(0) | \Psi \rangle \rightarrow \mathrm{Tr}(\rho_{\mathrm{th}} \mathcal{O}(t) \mathcal{O}(0))$ 

Bags of gold



# Bags of gold





Almost indistinguishable (for simple observables) from black hole

# Bags of gold



#### Arbitrarily many internal states $\gg e^{S}$ ??

Bags of gold



Arbitrarily many internal states  $\gg e^{S}$  ??

Exterior can be entangled with arbitrarily many interior states

BH can store arbitrary amount of info

 $\rightarrow$  no Page curve: BH info paradox

#### Two-sided





# Constructing (and counting) BH states

Kourkoulou+Maldacena

Goel+Lam+Turiaci+Verlinde

Penington+Shenker+Stanford+Yang (PSSY)

Lin+Maldacena+Rozenberg+Shan

Chandra+Hartman

Boruch+Iliesiu+Lin+Yan

Balasubramanian+Lawrence+Magán+Sasieta

Climent+RE+Magán+Sasieta+Vilar-López

and many others

# Quantum states of Gravity from GPI

The Gravitational Path Integral constructs Hilbert spaces of states

Marolf+Maxfield

- Define quantum states  $|\Psi_a\rangle$
- Compute their products (overlaps)  $\langle \Psi_a | \Psi_b \rangle$

Effective tool – no ultraviolet detail

Surprisingly powerful but very peculiar

# Bag-of-gold states = Bogs

Fully gravitational picture

Extremely universal – charge, rotation, susy or not, quantum corrections

Very general argument that Bogs are not orthogonal independent states

Can be realized within AdS/CFT, but basic Bog idea is more general

# Quantum States from Path Integrals

FROM QUANTUM FIELD THEORY TO EUCLIDEAN QUANTUM GRAVITY

### Amplitudes from Path Integral (PI)

$$\langle \phi_2 | e^{-\tau H} | \phi_1 \rangle = \int_{\phi(0)=\phi_1}^{\phi(\tau)=\phi_2} \mathcal{D}\phi \ e^{-I_E[\phi]}$$



#### Cutting the PI: State preparation

$$|\Phi\rangle = |\phi(\tau)\rangle = e^{-\tau H} |\phi\rangle$$



#### State overlaps





#### Thermal states

Imaginary time periodicity



$$\mathcal{D}\phi \ e^{-I_E[\phi]} \phi(0) = \phi(\beta)$$

$$= \sum_{i} \langle E_i | e^{-\beta H} | E_i \rangle$$
$$= \operatorname{Tr} e^{-\beta H}$$

#### Thermofield Double State – TFD

Cut open the path integral



$$|\text{TFD}\rangle = \frac{1}{\sqrt{Z}} \sum_{i} e^{-\beta H/2} |E_i\rangle_L \otimes |E_i\rangle_R$$

Maximally entangled state

#### **Gravitational Partition Function**

$$Z[\beta] = \int_{g(0)=g(\beta)} \mathcal{D}g \ e^{-I_{EH}[g]}$$

$$g(0) = g(\beta)$$

$$f \to i\tau$$

$$\times S^{d-2}$$
Euclidean black hole

# Black Magic

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**4***G* 

- $I_{EH}[g_{cl}]$  = Euclidean action of *classical* field configuration: zero-loop
- Not a trace over states: Trace = sum over all states running in a loop: one-loop contribution
- <u>Not a sum over microstates</u> but still gives non-zero & correct S = A/4G•

#### Gravitational Partition Function in AdS



#### Thermal quantum states from cut GPI



#### Black Hole as Thermofield double



Maldacena 2001

#### Thermofield double



$$|\text{TFD}\rangle = \frac{1}{\sqrt{Z}} \sum_{i} e^{-\beta H/2} |E_i\rangle_L \otimes |E_i\rangle_R$$

A specific (micro)state of the dual CFT

Dual geometry has a horizon and a singularity



#### More states



Introduce matter inside black hole

Heavy enough to backreact on geometry: enlarge interior

# Bog states



Interior bang/crunch cosmology



#### Heavy-shell states



Shell close to the (would-be) boundary – little sensitivity to bulk black hole

# Computing

STATE OVERLAPS FROM WORMHOLES: UNIVERSALITY & STATISTICS

#### State overlaps





## Too many states?

$$G_{ij} = \left\langle \Psi_i \middle| \Psi_j \right\rangle = \delta_{ij}$$



$$\delta_{ij}$$
  $m_i$ 

Infinite family of orthogonal states

$$\dim(\mathcal{H}_{BH}) = \infty !?$$

bag-of-gold problem

#### Products with Wormholes



#### Wormholes $\Rightarrow$ Statistical states

$$\overline{G_{ij}} = 0 \text{ for } i \neq j \qquad \qquad = 0 \qquad \text{Not } \langle \Psi_i | \Psi_j \rangle = 0$$
$$\text{but } \overline{\langle \Psi_i | \Psi_j \rangle} = 0$$
$$\overline{G_{ij}G_{ji}} \neq 0 \text{ for } i \neq j \qquad \qquad \neq 0$$

#### Bags of gold are *never* orthogonal



#### Moments of *G*

$$\frac{1}{G_{i_1 i_2} G_{i_2 i_3} \dots G_{i_n i_1}} = \frac{Z(n\beta, \mu_I)^2}{Z(\beta, \mu_i)^{2n}}$$

Heavy-shell universality

Depends only on BH properties

#### Moments

#### From grand-canonical to microcanonical BH window

$$\overline{G_{i_1 i_2} G_{i_2 i_3} \dots G_{i_n i_1}} \Big|_{\text{grcan}} = \frac{Z(n\beta, \mu_I)^2}{Z(\beta, \mu_i)^{2n}}$$
  
inverse Laplace transform  
$$\overline{G_{i_1 i_2} G_{i_2 i_3} \dots G_{i_n i_1}} \Big|_{\text{micro}} = e^{-(n-1)\frac{2A}{4G_N}}$$

# Counting

THE DIMENSION OF THE BLACK HOLE HILBERT SPACE

#### Dimension of set of states

$$F_{\Omega} = \{ |\Psi_i\rangle \in \mathcal{H}, i = 1, \dots, \Omega \}$$

Gram-Schmidt fails for BH heavy-shell states:

$$\overline{G_{ij}} = \delta_{ij}$$

# Statistical counting

From statistical moments  $\overline{G^n}$ 

Statistics forced by GPI wormholes

Borrow from random matrix techniques: resolvent

$$R(\lambda) = \operatorname{Tr}\left(\frac{1}{\lambda \mathbb{I} - G}\right) = \frac{\Omega}{\lambda} + \sum_{n=1}^{\infty} \frac{\operatorname{Tr} G^n}{\lambda^{n+1}} \longrightarrow d_{\Omega}$$

Penington+al (PSSY) 2019

# How many states? $(\exp A/4G_N)^2$

We had 
$$d_{\Omega} = \dim F_{\Omega} = \min\{\Omega, \dim \mathcal{H}\}$$

Resolvent for 
$$\overline{G^n}$$
 gives  $\overline{d_\Omega} = \min\{\Omega, e^{2A/4G_N}\}$ 

$$\Rightarrow \dim \mathcal{H} = e^{2A/4G_N}$$

Two-sided black hole: (CFT)<sup>2</sup>

# Universality of dim $\mathcal{H} = (\exp S_{BH})^2$

Heavy shells can be constructed for

- Rotating and charged black holes
- Near-extremal, susy or not
- Quantum-corrected: log A and log T
- Higher-curvature theories

Heavy-shell states  $\Rightarrow \dim \mathcal{H} = e^{2S_{BH}}$ 

# Outlook

GPI RELOADED - WITH WORMHOLE STATISTICS

## Gravitational Path Integral can do a lot

- Construct BH states and count their dimension
- Heavy-shell states  $\Rightarrow \dim \mathcal{H} = e^{2S_{BH}}$
- Works for all cases where Gibbons-Hawking gives an entropy

# Gravitational Path Integral is EFT

- The GPI is an effective tool with assumed (natural) rules
- Can this be derived from a microscopic theory?
- From what theory? Unlikely from (perturbative) string theory.

AdS/CFT?

# Geometry and Randomness

- Wormholes are how gravity knows about finite dim  $\mathcal{H}_{BH}$
- But they introduce intrinsic randomness
- Semiclassical BH geometry seems to need chaotic microscopics

Is this all one needs/can do for (non-susy) BH microscopics?

# Thank you

# Backup material

#### Near-extremal Microstates

near-extremal AdS<sub>2</sub> throat (JT Schwarzian)



In-throat microstates (one JT Schwarzian)

Sensitive to throat



Out-throat microstates (two Schwarzians)

Universal

#### Products from path integral



#### Partially Entangled Thermal States

PETS



$$|\Psi\rangle = \frac{1}{\sqrt{Z_1}} \sum_{i} e^{-\tilde{\beta}H/2} {\cal O} e^{-\tilde{\beta}H/2} |E_i\rangle_L \otimes |E_i\rangle_R$$

Goel+Lam+Turiaci+Verlinde

### Partially Entangled Grand-canonical States

Add charge & rotation: **PEGS** 



$$|\Psi\rangle = \frac{1}{\sqrt{Z_1}} \sum_{i} e^{-(\tilde{\beta} - \mu_I Q_I)H/2} \mathcal{O}e^{-(\tilde{\beta} - \mu_I Q_I)H/2} |E_i\rangle_L \otimes |E_i\rangle_R$$

## Thermofield double = Eternal black hole

$$|\text{TFD}\rangle = \frac{1}{\sqrt{Z}} \sum_{i} e^{-\beta E_i/2} |i\rangle_L |i\rangle_R$$



Bell/EPR pair

 $|\Psi\rangle = \frac{1}{\sqrt{2}} (|0\rangle_L |0\rangle_R + |1\rangle_L |1\rangle_R)$ 



Correlation/connection, but no

communication between sides

Thermal behavior when only one

side is probed



#### Shell states



Particles in the bulk – a 'shell of dust' matter m

In AdS/CFT, operator  $\mathcal{O}_m$  inserted at boundary



#### Heavy-shell states



 $\langle \Psi_m | \Psi_m \rangle$  factorizes into  $\approx Z_1[\beta, \mu_I]^2$ 

#### Shell does not affect horizon properties

Dependence on shell *m* drops out  $\rightarrow$ 

#### **universality**

#### Heavy-shell Wormholes



$$=\frac{Z(2\beta,\mu_I)^2}{Z(\beta,\mu_i)^4}$$

unaffected by shell  $m_i$ 

#### Multi-boundary Wormholes



# How many states? $(\exp S_{BH})^2$

More generally

#### $\dim \mathcal{H} = e^{2S_{BH}}$



where  $S_{BH}$  is the value from Gibbons-Hawking Partition Function

Non-trivial consistency of the GPI

# Bog states: remarks

Complete semiclassical analisis of overlaps needs multi-wormhole geometries, and weak interaction

Only possible for *large* Bogs with highly *localized matter* 



Two-boundary wormhole



Five-boundary wormhole

## Bog states: remarks

Microcanonical geometry? (better when BPS)

Complete semiclassical analisis of overlaps needs multi-wormhole geometries, and weak interaction

• Only possible for *large* Bogs with highly *localized matter*