

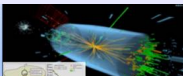
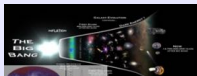
Probing Spin-2 Ultralight Dark Matter with PTA and Gravitational Wave Detectors

Speaker: Yun-Long Zhang (NAOC)

National Astronomical Observatories,
Chinese Academy of Sciences

*arXiv:2501.11071, J.R.Zhang, J.Chen, H.S.Jiao, R.G.Cai & Y.L. Zhang
Phys.Rev.D 110 (2024) 044052, R.G. Cai, J.R. Zhang & Y.L. Zhang
Phys.Rev.D 106 (2022) 066006, S.C Sun, X.Y. Yang & Y.L. Zhang*

2025, July 25@Durham[[email: zhangyunlong@nao.cas.cn](mailto:zhangyunlong@nao.cas.cn)]



Motivation: new physics in ultra-low energy

GW & ULDM

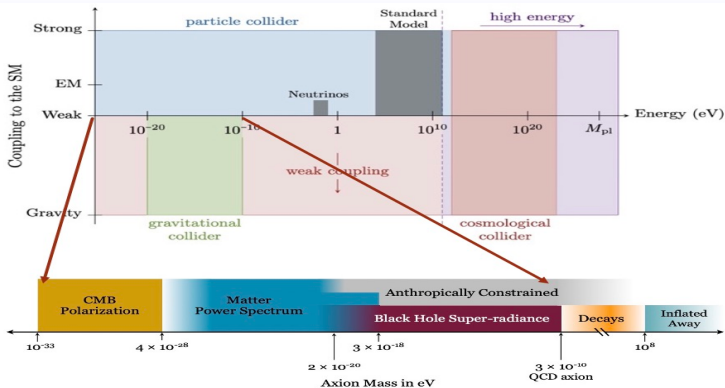
Ultralight DM

Axion-like DM

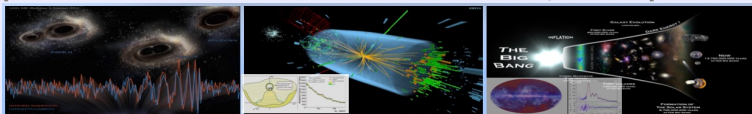
GW and DM

spin-0 DM

spin-2 DM



[cf. Baumann-Chia-Porto-Stout, Gravitational Collider Physics, 2019]



Multi-band gravitational wave detection

GW & ULDM

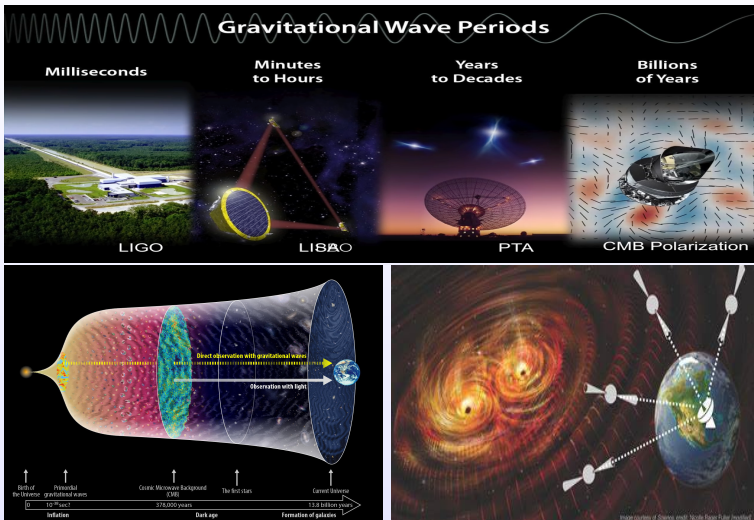
Ultralight DM

Axion-like DM

GW and DM

spin-0 DM

spin-2 DM



[cf. LISA/ Gravitational Waves Initiative]

Spectrum of gravitational wave and axion mass

GW & ULDM

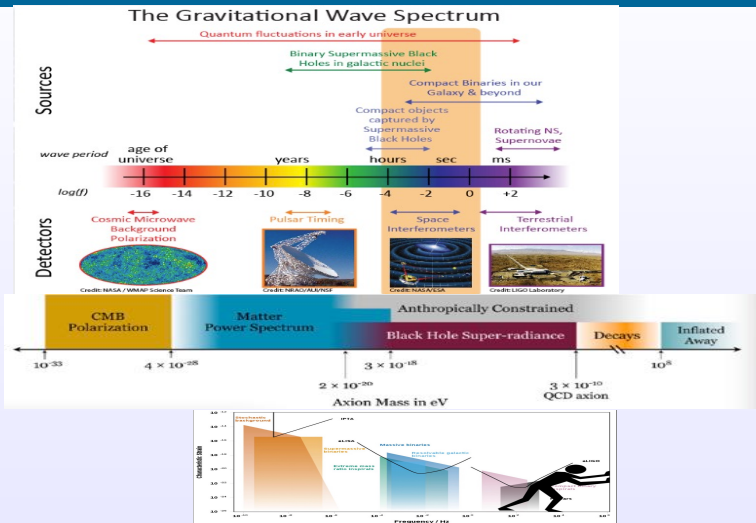
Ultralight DM

Axion-like DM

GW and DM

spin-0 DM

spin-2 DM



[cf. LISA/Ultra-High-Frequency Gravitational Waves Initiative]

Axion annihilation and Stochastic GWs

GW & ULDM

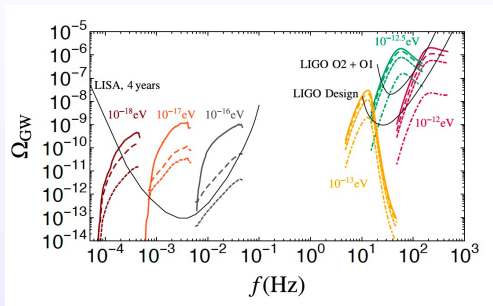
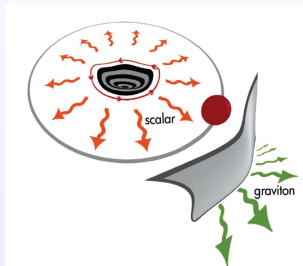
Ultralight DM

Axion-like DM

GW and DM

spin-0 DM

spin-2 DM



- Axion annihilation $\vartheta + \vartheta \rightarrow hh$, Strain $h \sim 10^{-21} - 10^{-32}$.
- Stochastic GW [cf. Brito-Cardoso-Pani, Superradiance 2020]

Energy level transition and Monochromatic GW

GW & ULDM

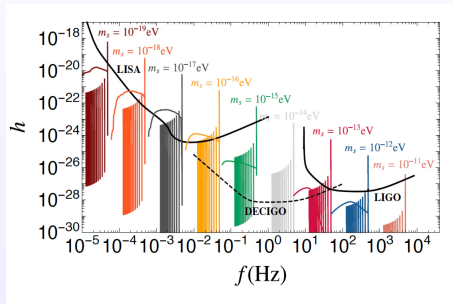
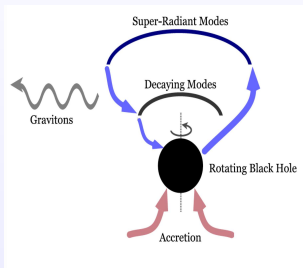
Ultralight DM

Axion-like DM

GW and DM

spin-0 DM

spin-2 DM

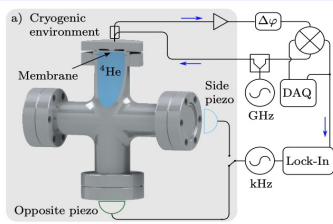
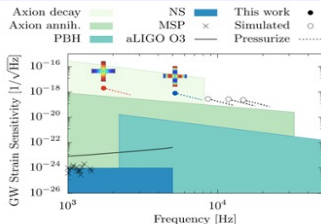


- Energy transition $\vartheta^+ \rightarrow \vartheta^- + h$, Strain $h \sim 10^{-19} - 10^{-27}$
- Monochromatic GW [cf. Brito-Cardoso-Pani, Superradiance 2020]

GW burst & high frequency detection

Branch Ratio and GWs

- $\frac{\text{Br}(\vartheta \rightarrow gg)}{\text{Br}(\vartheta \rightarrow \gamma\gamma)} \simeq \frac{\alpha_g^2}{\alpha_\gamma^2} \simeq \left(\frac{M_{pl}}{\Lambda_{cs}}\right)^8$, (Power of FRB $P_{(\gamma)} \sim 10^{42} \text{ ergs/s}$).
- High frequency $h_{(g)} \sim 10^{-26} \left(\frac{1\text{GHz}}{\nu}\right) \left(\frac{P_{(g)}}{P_{(\gamma)}}\right)^{1/2} \left(\frac{1\text{kpc}}{L}\right)$
- Low freq. $h_{(g)} \sim 10^{-21} \left(\frac{10^{-2}\text{Hz}}{\nu}\right)^{1/2} \left(\frac{M_{BH}}{10^7 M_\odot}\right)^{1/2} \left(\frac{1\text{kpc}}{L}\right)$



cf. PRD'21, S. Sun, Y. L. Zhang, Gravitational Wave Burst from Axion Clumps.

PRD'21, V. Vadakkumbatt et al, Prototype superfluid gravitational wave detector.

L.H. Du's group, Evidence for chiral graviton modes in fractional quantum Hall liquids

Ultralight dark matter and gravitational wave

GW & ULDM

Ultralight DM
Axion-like DM

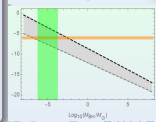
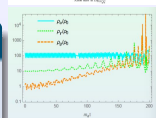
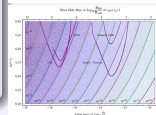
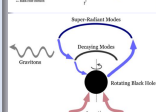
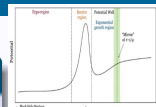
GW and DM
spin-0 DM
spin-2 DM

GW & EM signals from axion like DM

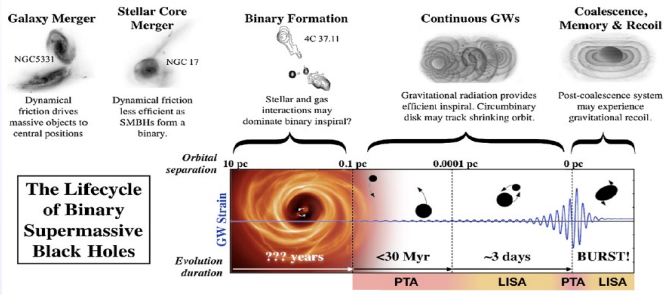
- Axion annihilation $\vartheta + \vartheta \rightarrow h$ (Stochastic GW)
Energy transition $\vartheta^+ \rightarrow \vartheta^- + h$ (Monochromatic)
- Superradiance $\alpha \equiv \frac{R_{BH}}{\lambda_{\vartheta}} \simeq \left(\frac{M_{BH}}{M_{\odot}} \right) \left(\frac{m_{\vartheta}}{10^{-10} \text{eV}} \right)$
- Fast Radio Burst from Axion $\sim \vartheta \tilde{F}\tilde{F} (\vartheta \rightarrow \gamma\gamma)$
- GW burst from Axion $\sim \vartheta R\tilde{R} (\vartheta \rightarrow hh)$

GW detection and Ultra-light DM

- Tabletop exp: QCD axion & GW burst ($\sim \text{GHz}$)
- LISA & LVK: BH Superradiance ($\sim \text{mHz} - \text{kHz}$)
- PTA & SKA : Ultra-light DM ($\sim \text{nHz}$)
- LSS & CMB : DE & Modified gravity ($\sim \text{nnHz}$)



Pulsar timing residual and cold dark matter



[cf. Burke-Spolaor, *et al.*, “The astrophysics of nanohertz gravitational waves”]

Cold Dark Matter induced Pulsar timing residual

- Shapiro delay: Propagation through a distribution of dark-matter sub-structure (integrated Sachs–Wolfe effect)
- Doppler delay: Acceleration of the Earth or pulsar caused by the nearby passage of dark matter clump.

The timing residuals of nHz gravitational waves

GW & ULDM

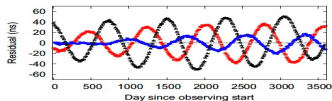
Ultralight DM

Axion-like DM

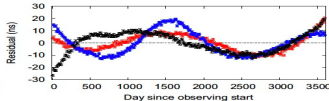
GW and DM

spin-0 DM

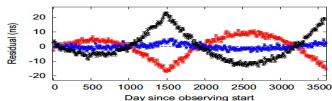
spin-2 DM



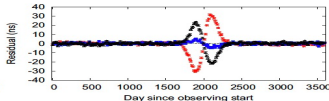
(a) Continuous wave



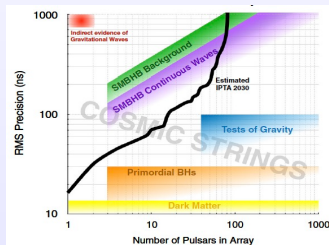
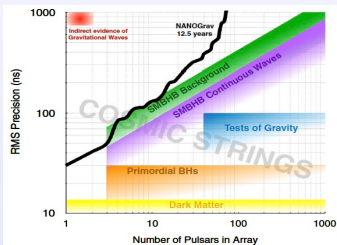
(b) Background



(c) Burst with Memory



(d) Burst

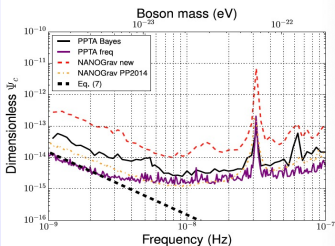


[cf. Burke-Spolaor, *et al.*, "The astrophysics of nanohertz gravitational waves"]

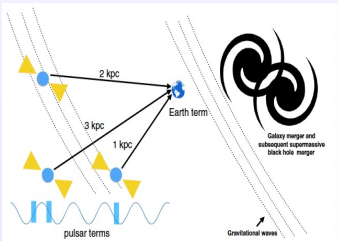
Timing residuals & Ultralight dark matter

PTA & Ultra light dark matter

- Fuzzy like DM $f_c = \frac{m}{\pi} \simeq 4.8 \text{ nHz} \left(\frac{m}{10^{-23} \text{ eV}} \right)$
- Coherence length: $\lambda_{\text{dB}} = \frac{2\pi\hbar}{mv} \simeq 4 \text{ kpc} \left(\frac{10^{-23} \text{ eV}}{m} \right) \left(\frac{10^{-3}}{v} \right)$
- Pulsar timing residuals: $R_c(f) = \frac{1}{\sqrt{3}} \frac{h_c(f)}{2\pi f} \left(\frac{f_s}{f} \right)^{1/2}$



[cf. X. Xue, X. J. Zhu et al. 2018] & [cf. Burke-Spolaor, et al. 2019]



Oscillation of fuzzy dark matter

GW & ULDM

Ultralight DM

Axion-like DM

GW and DM

spin-0 DM

spin-2 DM

DM oscillation induced time residual

- Metric: $ds^2 = -(1 + 2\Phi) dt^2 + [(1 - 2\Psi) \delta_{ij} + h_{ij}] dx^i dx^j$.
- e.g. the scalar field $\phi(x, t) = \phi(x) \cos[mt + \theta_0(x)]$,
- Oscillating potential $\Psi \simeq \bar{\Psi}(x) + \Psi_\phi \cos[2(mt + \theta_0(x))]$
- Doppler effect: $z_\phi(t) \equiv \frac{\omega_0 - \omega_\phi(t)}{\omega_0} \simeq \Psi(x_\phi, t_\phi) - \Psi(x_0, t_0)$.
- Timing residual in the pulse $R_\phi(t) = \int_0^t z_\phi(t') dt'$
- **Strain** $h_\phi = 2\sqrt{3} \Psi_\phi = \frac{\sqrt{3}}{4M_{pl}^2} \frac{\rho_\phi}{m^2} \simeq 5.2 \times 10^{-17} \alpha_0 \left(\frac{f_{yr}}{f}\right)^2$,
- **GW Timing residual** $R_c(f) \equiv \sqrt{\frac{S_c(f)}{T_s}} = \frac{1}{\sqrt{3}} \frac{h_c(f)}{2\pi f} \left(\frac{f_s}{f}\right)^{1/2}$

[cf. Burke-Spolaor, "Pulsar timing signal from ultralight scalar DM" JCAP(2014)]

Pulsar timing constraints on ULDM

GW & ULDM

Ultralight DM

Axion-like DM

GW and DM

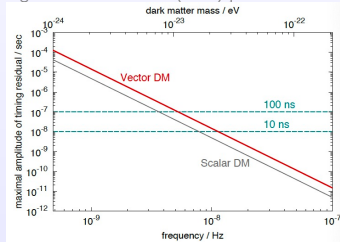
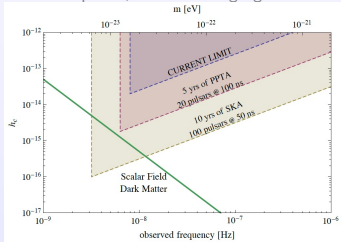
spin-0 DM

spin-2 DM

DM oscillation induced time residual

- Spin-0: massive scalar field $\mathcal{L}_{(0)} = -\frac{1}{2}(\partial\phi)^2 - \frac{1}{2}m^2\phi^2$
- Spin-1: massive vector field $\mathcal{L}_{(1)} = -\frac{1}{4}F^2 - \frac{1}{4}m^2A^2$

[cf. Burke-Spolaor, "Pulsar timing signal from ultralight scalar DM" JCAP(2014)]



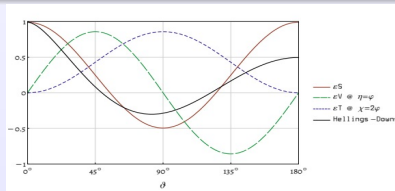
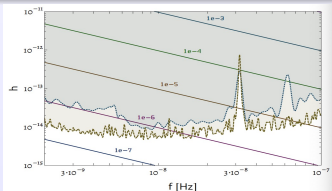
[cf. Nomura-Itoy-Soda, "Pulsar timing residual induced by ultralight vector DM" PRD(2020)]

Pulsar timing constraints on spin-2 ULDM

spin-2 ultralight fields

- Spin-2: massive tensor field(Fierz-Pauli): Bi-metric gravity,

$$\mathcal{L}_{(2)} = \frac{1}{2} M_{\mu\nu} \mathcal{E}^{\mu\nu\rho\sigma} M_{\rho\sigma} - \frac{1}{4} m^2 (M_{\mu\nu} M^{\mu\nu} - M^2)$$
- The oscillating solution $M_{ij} = \mathcal{M} \cos [mt + \theta_2(x)] \varepsilon_{ij}$
- Effective metric perturbations: $\tilde{g}_{ij} = \delta_{ij} + \frac{\alpha_2}{M_{pl}} M_{ij}$
- The redshift $z(t) = \frac{\omega(t) - \omega_0}{\omega_0} = \frac{\alpha_2}{2M_{pl}} \int dt \omega_0 \partial_t M_{ij} n^i n^j$



[cf. Armaleo-Nacir-Urbanb, "Pulsar timing array constraints on spin-2 ULDM" JCAP(2020)
 Gromov-Son, "Bimetric Theory of Fractional Quantum Hall States" PRX(2017)]

Gravitational effects & coupling effects

GW & ULDM

Ultralight DM

Axion-like DM

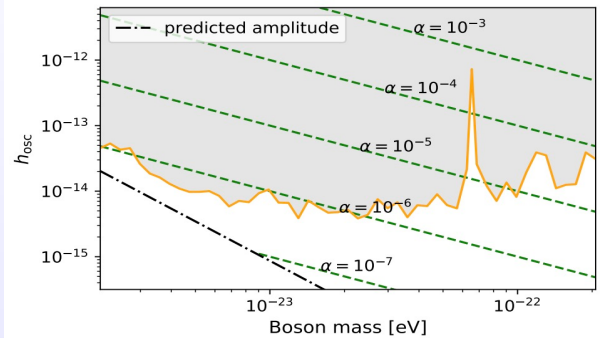
GW and DM

spin-0 DM

spin-2 DM

$$S = \frac{M_{\text{Pl}}^2}{1 + \alpha^2} \int d^4x \left[\sqrt{|g|} R(g) + \alpha^2 \sqrt{|f|} R(f) - 2 \frac{\alpha^2 M_{\text{Pl}}^2}{1 + \alpha^2} \sqrt{|g|} V(g, f; \beta_n) \right] + \int d^4x \sqrt{|g|} \mathcal{L}_m(g, \Psi)$$

$$S^{(2)} = \int d^4x \sqrt{|\bar{g}|} \left[\mathcal{L}_{\text{GR}}^{(2)}(\mathcal{G}) + \mathcal{L}_{\text{FP}}^{(2)}(M) - \frac{1}{M_{\text{Pl}}} (\mathcal{G}_{\mu\nu} - \alpha M_{\mu\nu}) T^{\mu\nu}(\Psi) \right],$$



[cf. Y. M. Wu, Z. C. Chen, Q. G. Huang, JCAP **09**, 021 (2023)]

"Pulsar timing residual induced by ultralight tensor dark matter,"]

Angular correlation & Hellings-Downs curves

GW & ULDM

Ultralight DM

Axion-like DM

GW and DM

spin-0 DM

spin-2 DM

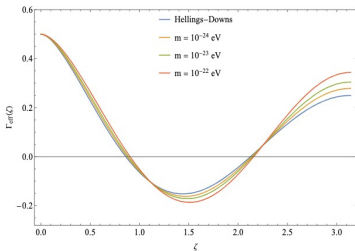


FIG. 2: Effective cross-correlation curves with $\alpha = 10^{-6}$ and mass ranging from 10^{-24} to 10^{-22} . It can be seen that in this range, the deformation of spin-2 dark matter on the Hellings-Downs curve is relatively small.

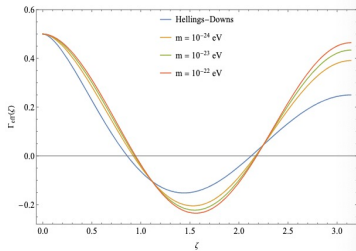


FIG. 3: Effective cross-correlation curves with $\alpha = 10^{-5.5}$. The deformation is very strong in this range, suggesting that if the coupling constant α is above this magnitude, existing ultralight mass spin-2 dark matter would have considerable effects on the deformation of the Hellings-Downs curve at corresponding frequency.

$$S = \frac{M_{\text{Pl}}^2}{1 + \alpha^2} \int d^4x \left[\sqrt{|g|} R(g) + \alpha^2 \sqrt{|f|} R(f) - 2 \frac{\alpha^2 M_{\text{Pl}}^2}{1 + \alpha^2} \sqrt{|g|} V(g, f; \beta_n) \right] + \int d^4x \sqrt{|g|} \mathcal{L}_m(g, \Psi)$$

$$S^{(2)} = \int d^4x \sqrt{|\bar{g}|} \left[\mathcal{L}_{\text{GR}}^{(2)}(\mathcal{G}) + \mathcal{L}_{\text{FP}}^{(2)}(M) + - \frac{1}{M_{\text{Pl}}} (\mathcal{G}_{\mu\nu} - \alpha M_{\mu\nu}) T^{\mu\nu}(\Psi) \right],$$

[cf. R.G.Cai, J.R.Zhang, Y.L. Zhang, arXiv: 2402.03984,

Angular correlation and deformed Hellings-Downs curve by spin-2 ultralight dark matter]

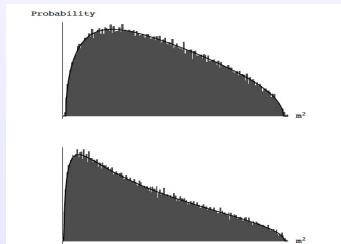
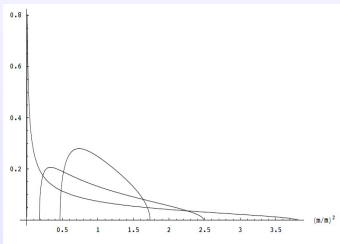
Navigation icons

Multi fields: Marcenko-Pastur distribution

Mass spectrum and ultralight fields

- Marcenko-Pastur: $P_M(m^2) = \frac{\sqrt{(m^2 - m_-^2)(m_+^2 - m^2)}}{2\pi\beta m_0^2 m^2}$,
- Energy density: $\rho_\phi \equiv \int dm \tilde{\rho}(m) = \int dm \frac{1}{2} m^2 \tilde{\phi}(m)^2 P(m)$.
- Convenient choice: $\tilde{\rho}(m) \simeq \rho_\phi P(m)$, $\int dm P(m) = 1$.

[cf. Marcenko-Pastur, "Distributions of Eigenvalues for Some Sets of Random Matrices," (1967)]



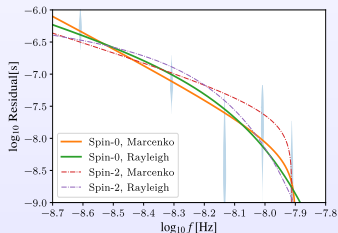
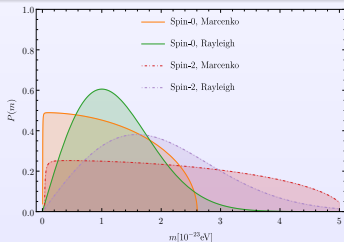
[cf. Easthera-McAllister, "Random Matrices and the Spectrum of N-flation" JCAP(2006)

Cai-Hu-Piao, "Entropy Perturbations in N-flation" PRD(2009)]

Phenomenological fitting results

Mass spectrum and ultralight fields

- Marcenko-Pastur: $P_M(m^2) = \frac{\sqrt{(m^2 - m_-^2)(m_+^2 - m^2)}}{2\pi\beta m_0^2 m^2}$,
- Rayleigh distribution: $P_\sigma(m) = \frac{m}{\sigma^2} e^{-\frac{m^2}{2\sigma^2}}$.



[Sun-Yang-Zhang, PRD(2022) "Pulsar Timing Residual induced by Wideband Ultralight Dark Matter"]

Corner Figures of Bayesian Fitting

GW & ULDM

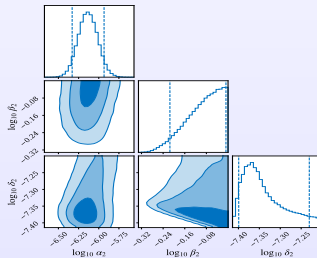
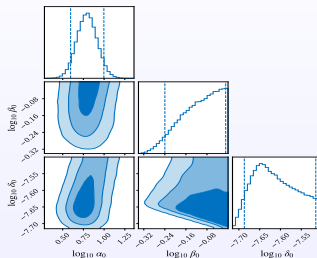
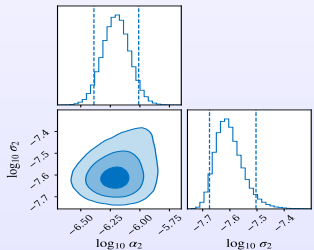
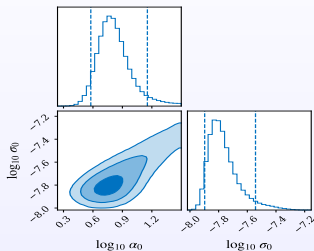
Ultralight DM

Axion-like DM

GW and DM

spin-0 DM

spin-2 DM



Phenomenological fitting results

The effective strain

- $h_c^\phi(f) = \frac{\alpha_0}{M_{pl}^2} \frac{\sqrt{3}\rho_{DM}}{4\pi f} P(\pi f)$
- $h_c^M(f) = \frac{\alpha_2}{M_{pl}} \frac{m\mathcal{M}P(m)}{\sqrt{5}} = \frac{\alpha_2}{M_{pl}} \frac{2\sqrt{\rho_M}}{\sqrt{5}} P(2\pi f).$

	Parameters	spin-0	spin-1	spin-2
Marcenko	α_i	$5.9^{+1.9}_{-1.3}$	$\sim 3\alpha_0$	$7.6^{+2.2}_{-1.7} \times 10^{-7}$
	$m_-^i/(10^{-23}\text{eV})$	$2.9^{+3.6}_{-0.3} \times 10^{-3}$	$\sim \delta_0(1 - \sqrt{\beta_0})$	$6.3^{+6.0}_{-1.7} \times 10^{-3}$
	$m_+^i/(10^{-23}\text{eV})$	$2.61^{+0.21}_{-0.01}$	$\sim \delta_0(1 + \sqrt{\beta_0})$	$5.08^{+0.02}_{-0.01}$
Rayleigh	α_i	$5.6^{+3.8}_{-1.0}$	$\sim 3\alpha_0$	$6.1^{+2.1}_{-1.3} \times 10^{-7}$
	$\sigma_i/(10^{-23}\text{eV})$	$1.0^{+0.4}_{-0.1}$	$\sim \sigma_0$	$1.6^{+0.3}_{-0.1}$

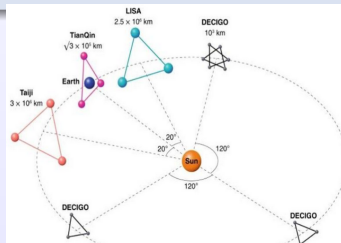
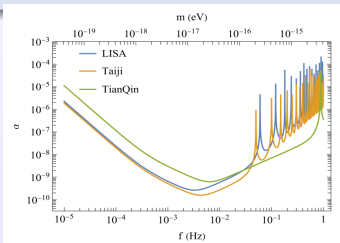
[Sun-Yang-Zhang, PRD(2022), "Pulsar Timing Residual induced by Wideband Ultralight Dark Matter"]

Probing Spin-2 ULDM with GW detectors

Frequency shift of the Laser photon

$$z_{rs}(t) = \frac{\Delta\nu}{\nu_o} = -\frac{\alpha}{2M_{\text{Pl}}(1 + \vec{v} \cdot \hat{n}_{rs})} \hat{n}_{rs}^i \hat{n}_{rs}^j \times [M_{ij}(t_r, \vec{x}_r) - M_{ij}(t_s, \vec{x}_s)],$$

$$M_{ij}(t, \vec{x}) = \frac{\sqrt{2\rho_{\text{dm}}}}{\sqrt{5}m} \sum_A \varepsilon_{ij}^A e^{i(\omega t - m\vec{v} \cdot \vec{x})}$$



[Zhang et al, “Probing Spin-2 Ultralight Dark Matter with Space-based Gravitational Wave Detectors in Millihertz”, arXiv:2501.11071, Gong, Luo & Wang, Nat Astron 5, 881–889, (2021)]

ULDM & GWs: Multi-bands detection

GW & ULDM

Ultralight DM
Axion-like DM

GW and DM
spin-0 DM
spin-2 DM

ULDM with spin 0,1,2 & GW effects

- Spin-2 ultralight dark matter & Bi-metric gravity
- **Wideband mass spectrum** extension of ULDM
- Search/constraint for ULDM with GW detection
- Angular correlation & **Deformed Hellings-Downs**

GW detection & Ultra-light DM with multi band

- Tabletop exp: GW burst & axion ($\sim$ kHz - GHz)
- LVK & LISA: BH Superradiance ($\sim$ mHz - kHz)
- PTA & SKA : Fuzzy dark matter ($\sim$ nHz- uHz)
- LSS & CMB : DE & Modified gravity ($\sim$ nHz)

