A Natural Mechanism for Resonant Leptogenesis

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2 Pedagogical Intro to Thermal Masses, A Mechanism for Resonance

- 3 Gauging Under $U(1)_{B-L}$
- 4 Furture Projects and Conclusion

Baryon Asymmetry of the Universe (BAU)

- Cosmological Puzzle: Why is there more matter than antimatter?
- Actual measurement of the asymmetry is the BAU [4][1].

$$Y_B = rac{n_B - n_{ar{B}}}{s} pprox rac{n_B}{s} = (8.72 \pm 0.08) imes 10^{-11}$$
 (1)

• Measured from CMB and BBN seperately [6][2].



• Leptogenesis is an elegant solution to this problem that has its roots in neutrino physics.

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The Sakharov Conditions

- In the 1960s Andrei Sakharov came up with three (really four) conditions for a baryon asymmetry to be produced [11].
 - Violation of Baryon Number

$$X \rightarrow Y + B$$

2 Thermal Inequilibrium

$$\Gamma(X \to Y + B) \neq \Gamma(Y + B \to X)$$

O violation

$$\Gamma(X \to Y + B) \neq \Gamma(\bar{X} \to \bar{Y} + \bar{B})$$

OP violation

$$\Gamma(X o B_L) + \Gamma(X o B_R) \neq \Gamma(\bar{X} o \bar{B_L}) + \Gamma(\bar{X} o \bar{B_R})$$

Type-1 Seesaw Mechanism

- Add right-handed neutrinos to the SM Lagrangian [9]. Two terms are allowed.
 - **1** Dirac Mass Term: $-m_D \bar{\nu}_L \nu_R + h.c.$
 - 2 Majorana Mass Term: $-M_m \nu_R^c \nu_R + h.c.$
- See-Saw Mechanism is the limit $M_m >> m_D$:

$$m_L \approx \frac{m_D^2}{M_m}, \quad m_R \approx M_m$$
 (2)

explains the smallness of left-handed neutrino masses.



Leptogenesis

 At one loop, we find that the probability of N → H[†]L is greater than N → HL

 Lepton asymmetry is produced by sterile neutrino decays at one-loop [3]:



• Leptogenesis can then satisfy the Sakharov conditions,

| Sakharov Condition | Leptogenesis Answer | |
|-----------------------|-------------------------------|--|
| B Violation | Sphaleron Processes | |
| Thermal Inequilibrium | Thermal inequilirbium of RHNs | |
| C Violation | Majorana Term | |
| CP Violation | Majorana or Dirac Terms | |

Figure: Sakharov Conditions and Leptogenesis Answers

Resonance

• The CP violation parameter is defined as

$$\epsilon = \frac{\Gamma(N \to LH^{\dagger}) - \Gamma(N \to \bar{L}H)}{\Gamma(N \to LH^{\dagger}) + \Gamma(N \to \bar{L}H)}$$
(3)

Its value is given by,

$$\epsilon = \frac{Im(Y^{\dagger}Y)_{21}^2}{(Y^{\dagger}Y)_{11}^2} \frac{1}{8\pi} \sqrt{x} \left[(1+x) \log\left(\frac{1+x}{x}\right) - \frac{2-x}{1-x} \right], \ x = \frac{M_2^2}{M_1^2}$$
(4)



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- Thermal Masses are a consequence of Thermal Field Theory [8].
- Calculations of this are most easily done using the Imaginary Time Formalism [5].

| Feynman Rule | QFT | Imaginary Time |
|----------------------|------------------------------|---|
| Scalar Propagator | $\frac{i}{p^2-m^2}$ | $\frac{1}{\omega_n^2 + \vec{\gamma} \cdot \vec{p} + m^2}$ |
| Fermionic Propagator | $\frac{i}{\not p - m}$ | $\frac{1}{i\omega_n\gamma_0-\vec{\gamma}\cdot\vec{p}-m}$ |
| Momentum Integral | $\int \frac{d^4p}{(2\pi)^4}$ | $\frac{1}{\beta}\sum_{n}\int \frac{d^{3}p}{(2\pi)^{3}}$ |

Table: Thermal Field Theory: Imaginary Time Formalism

Finding Scalar Thermal Masses

• Scalar thermal masses are found from calculating self-energy loop diagrams.

$$\Sigma = - C = cg^2 T^2$$
(5)

where g is the coupling and c is a constant specific on the interaction and diagram.

• These self energies are renormalised into mass terms.

$$\frac{1}{\omega_n^2 + p^2 + m^2} \to \frac{1}{\omega_n^2 + p^2 + m^2 + \Sigma}$$
(6)

So we interpret an effective mass,

$$m_{\rm eff}^2 = m^2 + \Sigma = m_0^2 + m_{th}^2$$
 (7)

and we can just write our thermal mass as,

$$m_{th}^2 = cg^2 T^2 \tag{8}$$

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Finding Fermionic Thermal Masses

• For Fermionic Thermal Masses, Σ isn't a number.

$$\Sigma(p^0, p) = \gamma^0 \Sigma_0(p^0, p) + \gamma^i \cdot \hat{p} \Sigma_p(p^0, p)$$
(9)

• Modify the fermion propagator so that,

$$S^{-1}(p^0,p) = \gamma^0(p^0 - \Sigma_0) - \gamma \cdot \hat{p}(1 + \Sigma_p/p)$$
(10)

• The dispersion relation for the fermion is then given by

$$det[S^{-1}(p^0, p)] = 0 \tag{11}$$

so to find the thermal mass, we need to compute the value of p^0 when $p \to 0$. This is because the dispersion relation changes $p^0 = \sqrt{p^2 + m_{th}^2} \to m_{th}$.

This is equivalent to solving

$$m_{th} = \lim_{p \to 0} \Sigma_0(m_{th}, p) \tag{12}$$

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Table of Thermal Masses

• Evaluating a fermion loop diagram with a symmetry factor s. The thermal masses are given by,

| Yukawa | U(1) | SU(N) | |
|---------------------------------------|--------------------------------------|---|--|
| $m_{\rm th}^2 = s \frac{y^2 T^2}{16}$ | $m_{\rm th}^2 = s \frac{g^2 T^2}{8}$ | $m_{\rm th}^2 = s \frac{g^2(N^2 - 1)}{16N} T^2$ | |

Table: The table provides the thermal masses for fermions with various interactions.

- Our case, we gauging fermions under the same $U(1)_{B-L}$. As they are leptons, both RHNs are charged g_{B-L} =-1.
- This means sterile neutrinos gain the same thermal mass of $\frac{g^2T^2}{8}$.
- This gives us our mechanism for resonance.....

A Natural Mechanism for Resonance



Gauging $U(1)_{B-L}$

• B-L symmetry is a natural extension to the standard leptogenesis regime and one that has been studied extensively.



Figure: Motivations for Gauging $U(1)_{B-L}$

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Our Model

• Our Lagrangian is,

$$\mathcal{L}_{\text{model}} = \mathcal{L}_{\text{SM}} - \frac{1}{4} F_{B-L}^{\mu\nu} F_{\mu\nu}^{B-L} + (D_{\mu}\phi)^{\dagger} (D^{\mu}\phi) - \frac{1}{2}\mu^{2}\phi^{2} + \frac{\lambda}{4}\phi^{4} + \sum_{i,j}^{2} \left(i\bar{N}_{i}\not{D}N_{i} - y_{D}^{ij}\bar{I}_{L}^{\bar{i}}\ddot{H}N^{j} - \frac{1}{2}y_{M}^{i}\phi N_{i}N_{i} \right) + \text{h.c.},$$
(13)

- Now have $M_m = y_m \langle v \rangle_{\phi}$ and $m_D = y_D \langle v \rangle_H$. This explains why $M_m >> m_D$ in the see-saw mechanism.
- We can now see that gauging under B L has given us,
 - The scalar field required for non-thermal leptogenesis
 - 2 An explanation for why $M_m >> m_D$ with being proportional to a heavy scalar vev.
 - The mechanism for resonance from thermal masses for a very large part of the parameter space

$$g_{B-L}T >> y_{m2}v_{\phi} \implies Resonance!$$
 (14)

Resonance from Higgs Decays

• Our Thermal Masses:

| | RH Neutrino | Higgs | Lepton |
|-----------------------|---------------------------|-----------------------|---------------------------|
| Dominant Thermal Mass | $\frac{g_{B-L}^2 T^2}{8}$ | $\frac{y_t^2 T^2}{4}$ | $\frac{g_{B-L}^2 T^2}{8}$ |

• For any g_{B-L} at high temperatures $M_N < M_H + M_L$ and Neutrino decay is not allowed. Instead most interesting parameter space is,

$$y_t > g_{B-L}, \ g_{B-L}T > y_{m2}v_{\phi} \tag{15}$$

and we have resonant Leptogenesis from Higgs Decays.



Figure: CP-Violating Higgs Decays

• To get from this epsilon to cosmology we would normally solve the Bolztamnn equations...

$$\dot{\rho}_{\phi} = -3H\rho_{\phi} - \Gamma_{\phi}(\rho_{\phi} - \rho_{\phi}^{\text{eq}}),$$

$$\dot{\rho}_{N} = -3H\rho_{N} + \Gamma_{\phi}(\rho_{\phi} - \rho_{\phi}^{\text{eq}}) - \Gamma_{N}(\rho_{N} - \rho_{N}^{\text{eq}}),$$

$$\dot{\rho}_{R} = -4H\rho_{R} + \Gamma_{N}(\rho_{N} - \rho_{N}^{\text{eq}}),$$

$$\dot{n}_{B-L} = -3Hn_{B-L} - \epsilon\Gamma_{N}(n_{N} - n_{N}^{\text{eq}}) - W_{ID}n_{B-L},$$
(16)

- But Resonance means we need to be more careful and instead use density matrix formalism.
- Results coming soon in early 2025!

A Potential Issue and Resolution

- Problem: After being in the resonant regime the extra baryon asymmetry appears to be washed out.
- Resolution: Electroweak symmetry breaking comes to the rescue!



- For sterile neutrinos under $m_{th}(T_{EW})$ we will always be in resonance.
- We predict that our model will have successful leptogenesis for all of the parameter space non-thermal leptogenesis is.....PLUS neutrinos masses below electroweak scale as well. Thus extending the parameter space for successful leptogenesis.

Where Next?

• We have a plethora of extensions to this project!



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- We have introduced the framework of leptogenesis and resonant leptogenesis.
- We have introduced the concept of thermal masses and how to calculate them for scalars and fermions.
- We have shown how to gauge leptogenesis under $U(1)_{B-L}$.
- We have shown that for a large parameter space resonant leptogenesis is achieved from Higgs decays.
- We have teased future work in this area applying the general mechanism for resonance in other fields and predicting gravitational wave background from this model.

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