

# Gravitational particle production after Reheating

David Rodriguez  
King's College London

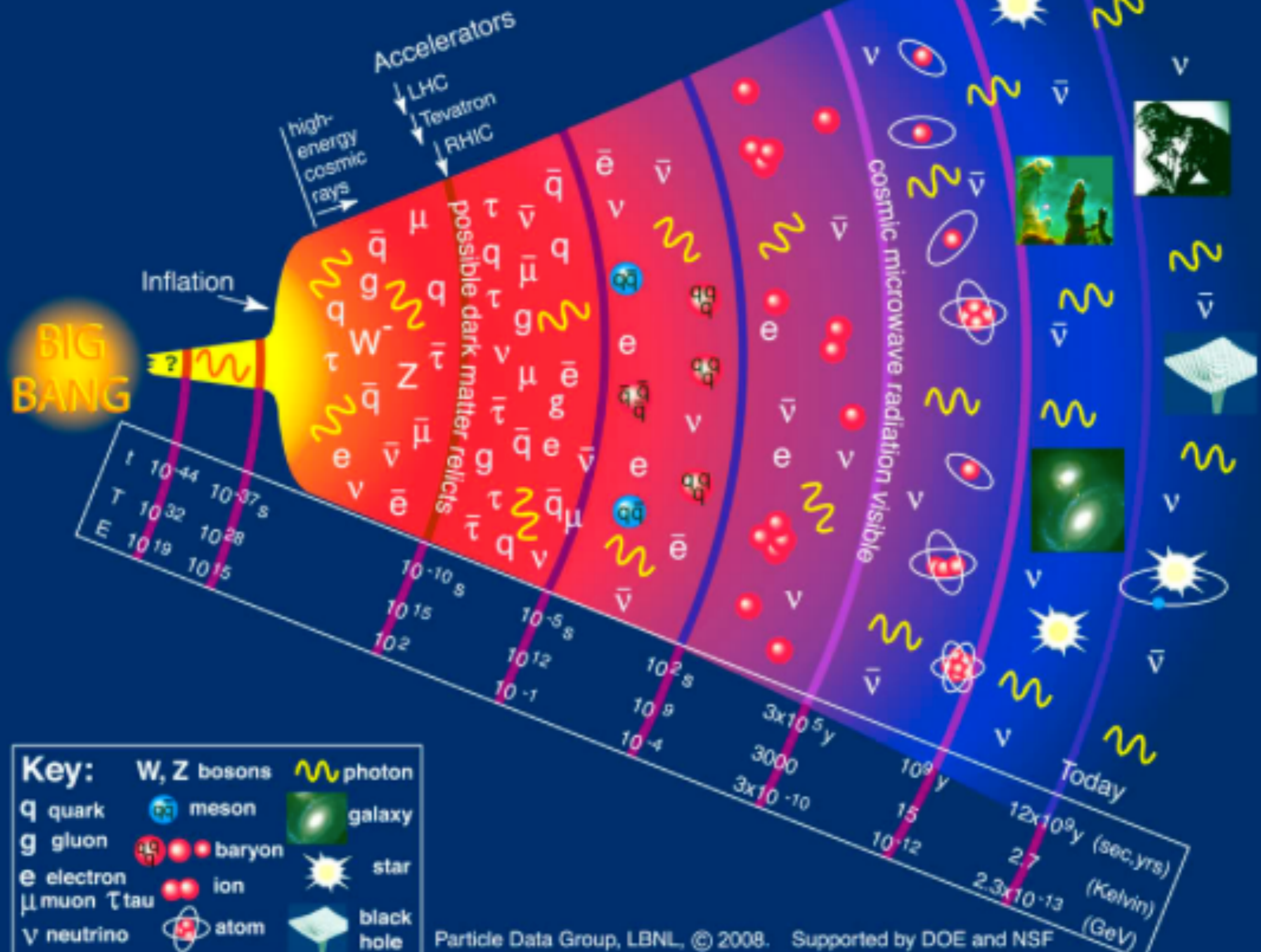
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# Outline

- Introduction to Inflation and Reheating
- Quantization
- Particle production
- Conclusion

# History of the Universe

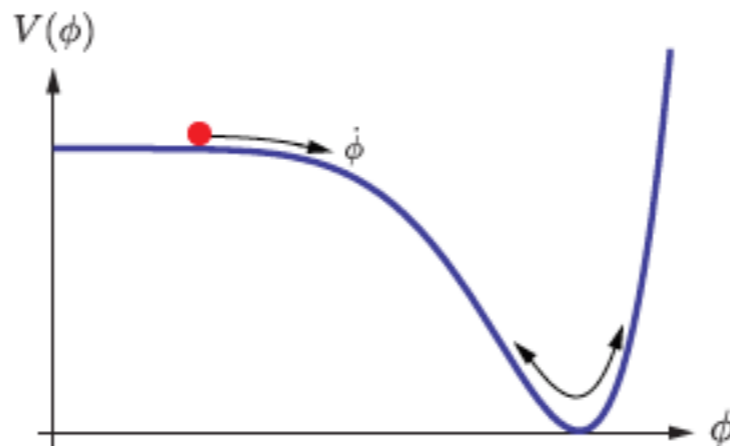


# Inflation

- Why do we need inflation?
  - Solves Flatness and Horizon problems
- It is a period of time where the Universe grows exponentially
  - De-Sitter- $\rightarrow$  Hubble constant

# Reheating

- At the end of Inflation, all the energy is stored in the Inflaton  $\rightarrow$  we need to transfer it to the SM particles
- The inflaton oscillates around the minimum of the potential (suppose quadratic)
- The universe evolves like matter dominated on average during these oscillations

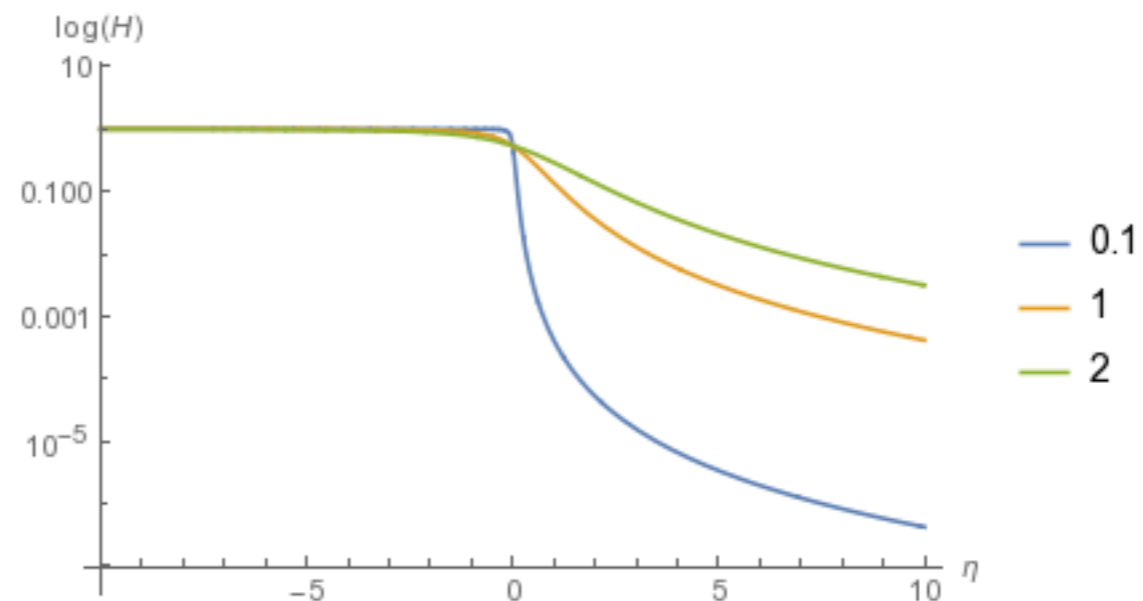


# Scale factor

$$\frac{a^2}{6} R = \frac{a''}{a} = \frac{2}{\eta^2 + \eta_0^2} \quad \text{Conformal time } dt = a(\eta)d\eta$$

- Smooth transition from Inflation to Reheating  
Timescale  $\eta_0$

$$H(\eta) = \frac{a'}{a^2}$$



# Set up calculation

$$\mathcal{L} = \frac{1}{2} \sqrt{|g|} (g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - m^2 \phi^2 - \xi R \phi^2)$$

FRW metric  $\rightarrow$  Homogeneous and Isotropic

Decompose  $\phi(t, \mathbf{x}) = \sum_{\mathbf{k}} \left( A_{\mathbf{k}} \frac{e^{i\mathbf{k}\mathbf{x}}}{(2\pi)^{3/2}} \frac{y_{\mathbf{k}}(\eta)}{a(\eta)} + \text{H.c.} \right)$

Equation of motion

$$y_k'' + \underbrace{\left( k^2 + a^2(\eta) \left( m^2 + \left( \xi - \frac{1}{6} \right) R(\eta) \right) \right)}_{\omega_k^2} y_k = 0$$

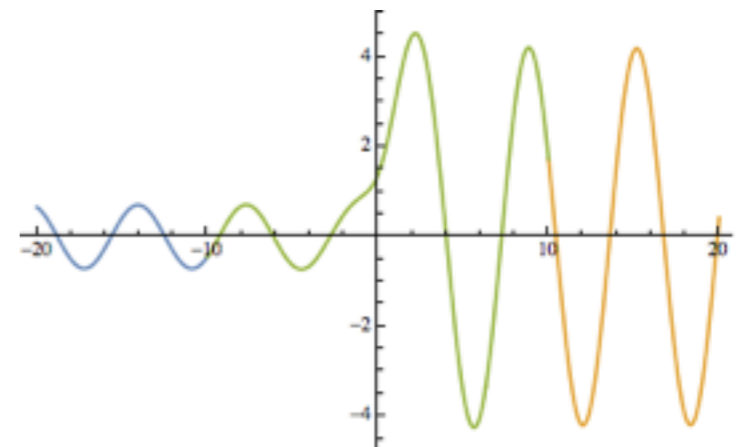
# Quantisation

Via Hamiltonian Diagonalisation

$$\left. \begin{array}{l} A_{\mathbf{k}}|0\rangle = 0 \quad \forall \mathbf{k} \\ \text{Orthonormal base} \end{array} \right\} \longrightarrow |y_k|^2 = \frac{1}{2\omega_k} \quad y'_k = -i\omega_k y_k$$

As long as the frequency is constant and real  $\rightarrow$  No problem(?)

- If it isn't constant  $\rightarrow$  particle production
- If it isn't Real  $\rightarrow$  tachyonic particle production





# Particle production

$$\omega^2(\eta) = k^2 - \frac{2}{\eta^2 + \eta_0^2}$$

There is a dependence on time

Define 2 set of vacuum states

$$\phi = \sum_{\mathbf{k}} (a_{\mathbf{k}} f_{\mathbf{k}in} + \text{H.c.})$$

$$\phi = \sum_{\mathbf{k}} (b_{\mathbf{k}} f_{\mathbf{k}out} + \text{H.c.})$$

# Particle production

In modes

$$\langle N_{\mathbf{k}} \rangle_{\eta \rightarrow -\infty} =_{in} \langle 0 | a_{\mathbf{k}}^{\dagger} a_{\mathbf{k}} | 0 \rangle_{in} = 0 \quad \forall \mathbf{k} \quad y_k^{in}(\eta) = \frac{1}{\sqrt{2k}} e^{-ik\eta}$$

Out modes

$$\langle N_{\mathbf{k}} \rangle_{\eta \rightarrow +\infty} =_{out} \langle 0 | b_{\mathbf{k}}^{\dagger} b_{\mathbf{k}} | 0 \rangle_{out} = 0 \quad \forall \mathbf{k}$$

$$y_k^{out}(\eta) = \frac{1}{\sqrt{2k}} (\alpha_k e^{-ik\eta} + \beta_k e^{+ik\eta}) = \alpha_k y_k^{in}(\eta) + \beta_k (y_k^{in}(\eta))^*$$

$$\langle N_{\mathbf{k}} \rangle_{\eta \rightarrow +\infty} =_{in} \langle 0 | b_{\mathbf{k}}^{\dagger} b_{\mathbf{k}} | 0 \rangle_{in} = |\beta_k|^2$$

# Particle production

Number density

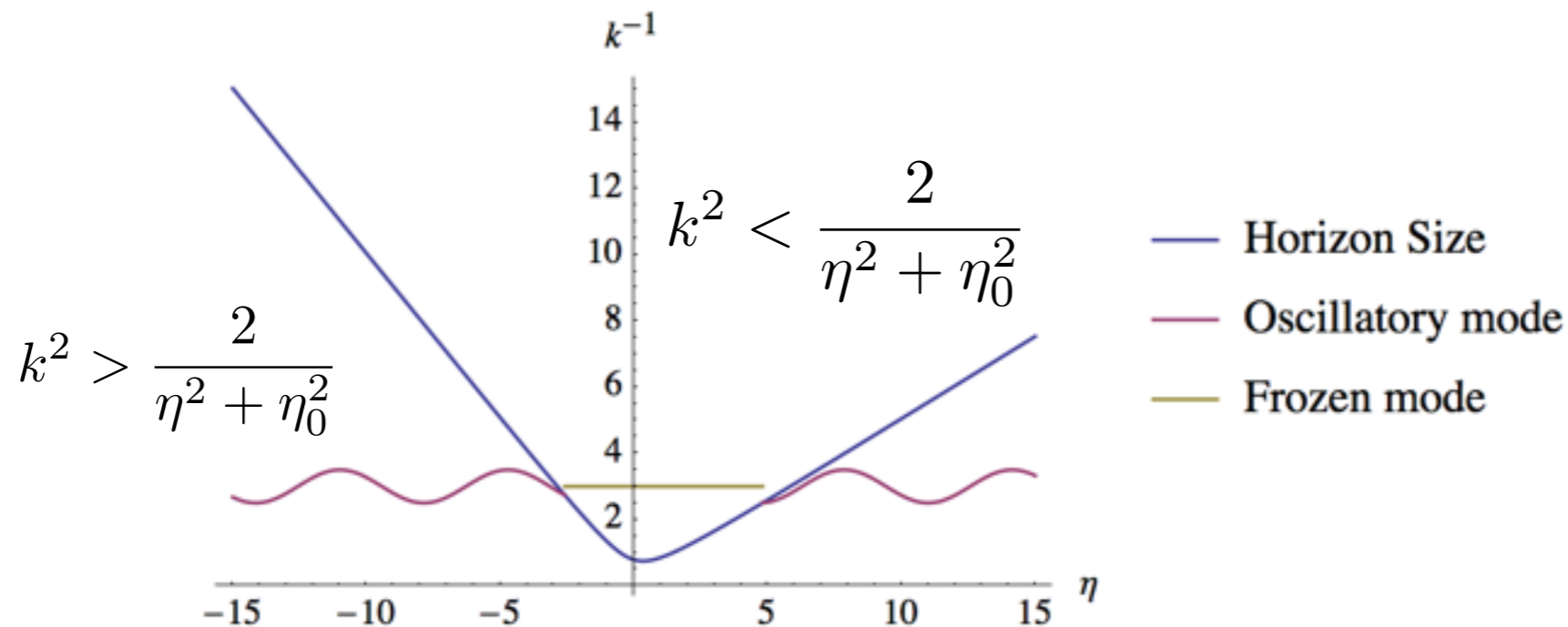
$$n = \frac{1}{2\pi^2 a^3} \int_0^\infty dk \left( k^2 |\beta_k|^2 \right)$$

Energy density

$$\rho = \frac{1}{2\pi^2 a^4} \int_0^\infty dk \left( k^3 |\beta_k|^2 \right)$$

# Divergences

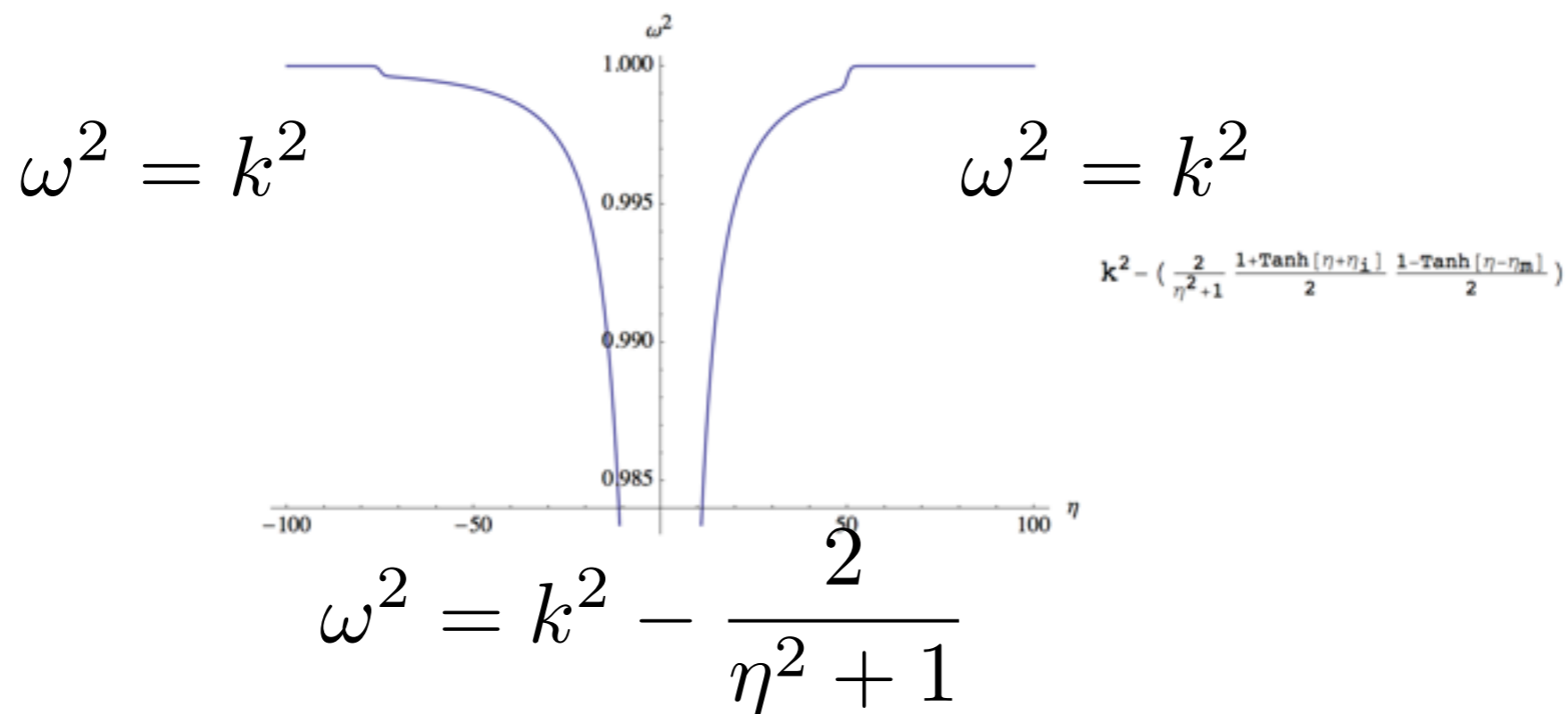
- Ultraviolet modes
  - They are going to be exponential suppress if the transition between eras is smooth  $\longrightarrow \eta_0$
- Infrared modes
  - All the super horizon modes are frozen



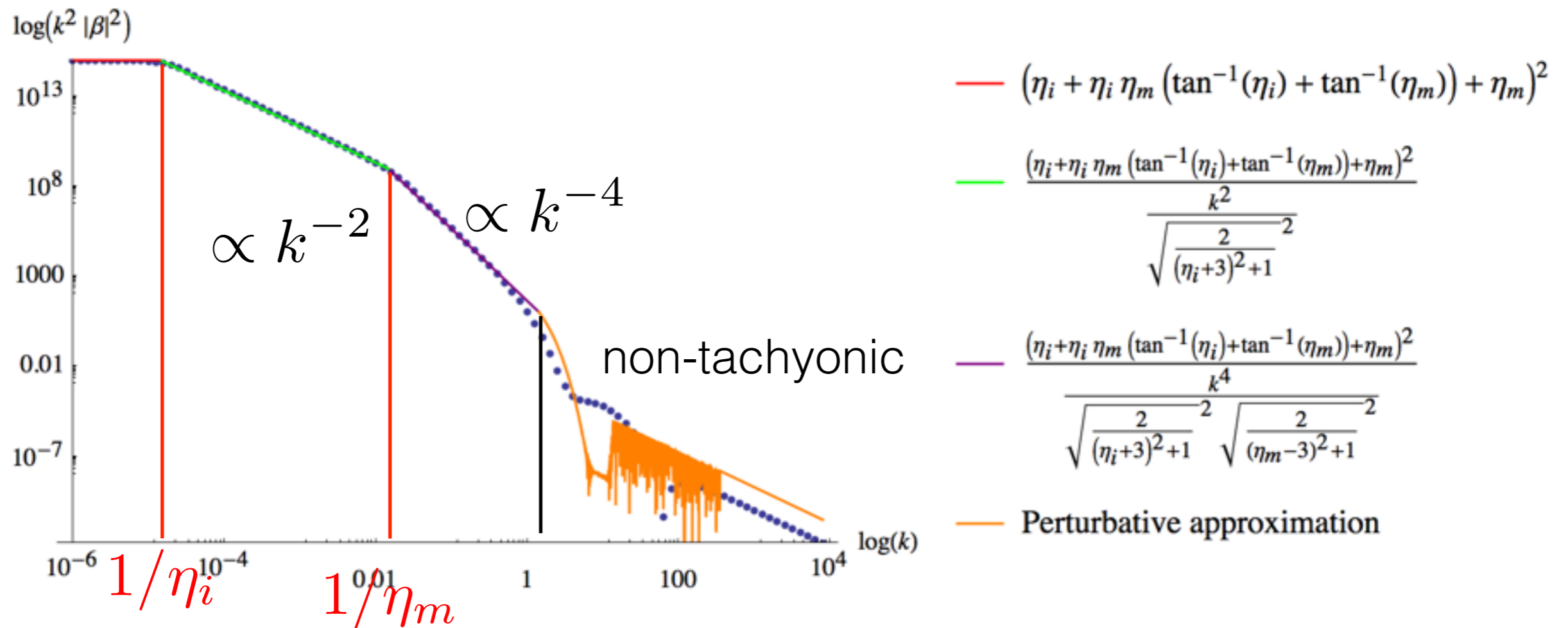
# Infrared divergence

- Limit duration Inflation and Reheating
- Smooth step function

$$\omega_k^2 = k^2 - \frac{2}{\eta^2 + 1} \frac{1 + \tanh(\eta + \eta_i)}{2} \frac{1 - \tanh(\eta - \eta_m)}{2}$$



# Power spectrum



Neglect all super horizon modes at the end of reheating

$$k = 2/\eta_m$$

# Particle abundance

$$n = 2.4 \cdot 10^{-3} \frac{H_0^2 T_{reh}^2}{M_{pl}}$$

$$\rho = 6.5 \cdot 10^{-3} \left( \frac{H_0}{M_{pl}} \right)^2 T_{reh}^4$$

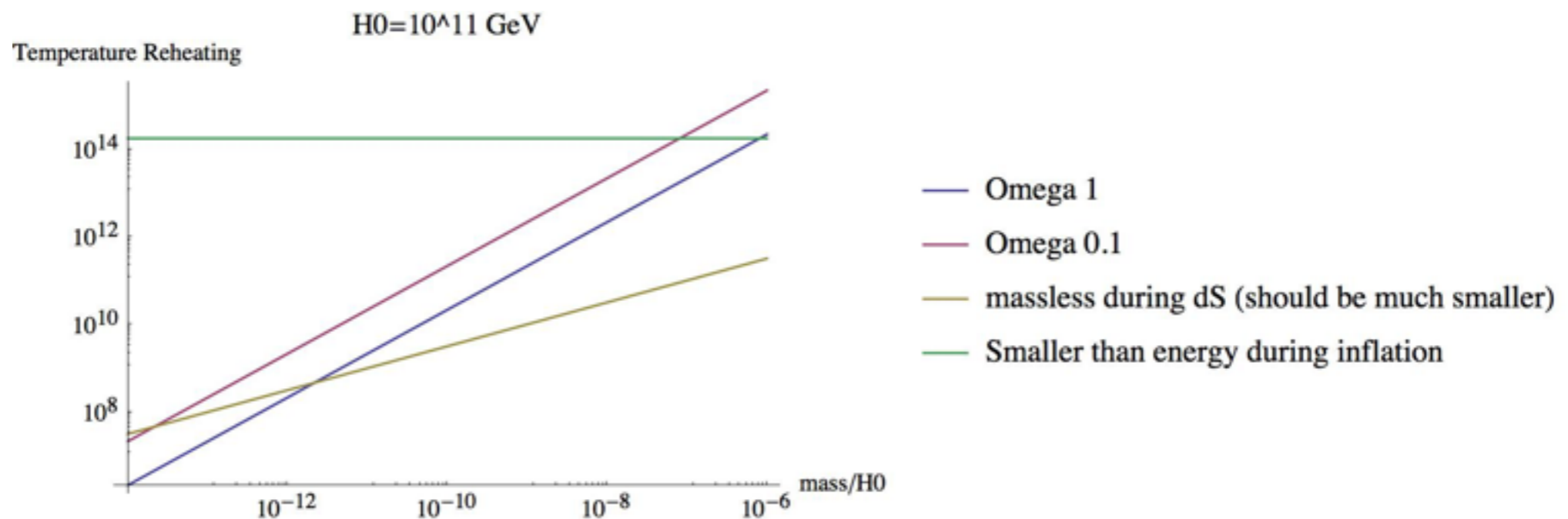
Adiabatic particle production

# Particle abundance today

massless during Inflation and Reheating

$$m \ll \frac{T_{reh}^2}{M_{pl}}$$

$$\Omega = 7.73 \cdot 10^{-5} \frac{g(T_{today})}{\sqrt{g(T_{reh})}} \left( \frac{H_0}{H_{today}} \right)^2 \left( \frac{T_{today}}{M_{pl}} \right)^3 \frac{m}{T_{reh}}$$





# Conclusion

- Mechanism to produce adiabatic particles
- Problems with the definition of particle
- Maybe another quantisation or modification of the set up can solve this IR divergence (coupling to other fields, quasi de-Sitter...)

Thank you