On de Sitter Space in String Theory

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Outline

- Why de Sitter
- de Sitter from String Theory (difficulties)
- de Sitter Moduli Stabilisation (KKLT, LVS)
- Concrete mechanisms (anti-branes, T-branes, etc.)
- Progress over the years
- Challenges (Swampland conjectures)
- de Sitter and Quintessence

Why de Sitter? (Dark Energy)



Also inflation ~ de Sitter !

de Sitter from String Theory?

Massless Spectrum of String/M Theories

Theory	Dimensions	Supercharges	Bosonic Spectrum			
Heterotic	10	16	g_{MN}, B_{MN}, ϕ			
$E_8 \times E_8$			A_M^{ij}			
Heterotic	10	16	g_{MN},B_{MN},ϕ			
SO(32)			A_M^{ij}			
Type I	10	16	NS-NS	g_{MN},ϕ,A_M^{ij}		
SO(32)			R-R	C_{MN}		
Type IIA	10	32	NS-NS	g_{MN},B_{MN},ϕ		
			R-R	C_M, C_{MNP}		
Type IIB	10	32	NS-NS	g_{MN},B_{MN},ϕ		
			R-R	C, C_{MN}, C_{MNPQ}		
11D Supergravity	11	32	g_{MN}, C_{MNP}			

de Sitter Challenges

- Define S-matrix (resonance?)
- Classical no-go theorems (Gibbons; Maldacena-Nuñez,...)
- Supersymmetry: Minkowski or AdS (e.g. AdS₅ x S⁵)
- No dS solution of string theory under full calculational control (KKLT, LVS,...?)

Moduli Stabilisation

String Scenarios

• IIB (+F-theory)

KKLT LVS Moduli Stabilisation

- IIA
- Heterotic
- G2 manifolds

IIB Advantages

- Fluxes backreaction (warped) Calabi-Yau
- No-scale structure
- Scales $m_{3/2} << M_s << M_p$
- Two sets of 3-fluxes F₃, H₃ (allows `tuning')
- GVW Superpotential W(S,U) not renormalised!
- Many loop (g_s) and α' corrections to K computed
- Kahler moduli gauge couplings W_{np}(T)

IIB MODULI STABILISATION

4-cycle size: *τ* (Kahler moduli)

3-cycle size: U (Complex structure moduli) + Dilaton S

Moduli Stabilisation in IIB

• Moduli S, T_i, U_a $V_F = e^K \left(K_{M\overline{N}}^{-1} D_M W \overline{D}_{\overline{M}} \overline{W} - 3|W|^2 \right)$

 $W_{\text{tree}} = W_{\text{flux}}(U, S) \qquad K_{i\overline{j}}^{-1}K_iK_{\overline{j}} = 3 \qquad \text{No-scale}$ $V_F = e^K \left(K_{a\overline{b}}^{-1}D_aWD_{\overline{b}}W \right) \ge 0$ Fix S,U but T arbitrary

- Quantum corrections $\delta V \propto W_0^2 \delta K + W_0 \delta W$
- Three options: $W_0 \gg \delta W$ $\delta K \gg \delta W$ Runaway: Dine-Seiberg problem

 $W_0 \sim \delta W = W_{
m np}.$ Fix T-modulus: KKLT $W_0 \ll 1$

 $\frac{\delta K \sim W_0 \delta W}{\delta K \sim 1/\mathcal{V} \text{ and } \delta W \sim e^{-a\tau}}$ Fix T-moduli: LVS

N=1, 4D Effective Field Theory
$$K = -2\log(\mathcal{V}_{\mathrm{CY}}) - \log(S + \overline{S}) - \log\left(\int \Omega \wedge \overline{\Omega}\right)$$
 $W = W_0 + Ae^{-aT_i}$ $W_0 = \int G_3 \wedge \Omega$

e.g. KKLT

1

$$V/M_{\rm Pl}^4 = \frac{e^{K_{\rm cs}}}{6\tau^2} \left(aA^2(3+a\tau)e^{-2a\tau} - 3aAe^{-a\tau}W_0 \right) \quad V_{\rm up} \simeq \left(\frac{T+\overline{T}}{2}\right)^{-2}$$

e.g. LVS

$$V_F \propto \left(\frac{K^{S\bar{S}}|D_SW|^2 + K^{a\bar{b}}D_aW\bar{D}_{\bar{b}}\bar{W}}{\mathcal{V}^2}\right) + \left(\frac{Ae^{-2a\tau}}{\mathcal{V}} - \frac{Be^{-a\tau}W_0}{\mathcal{V}^2} + \frac{C|W_0|^2}{\mathcal{V}^3}\right)$$
$$\mathcal{V} \sim e^{a_s\tau_s} \gg 1 \text{ with } \tau_s \sim \frac{\xi^{2/3}}{g_s}.$$

Anti-Brane 'Uplift' (KKLT)

• Nonperturbative effects: $W_{np} = \sum A_i e^{-a_i T_i}$

SUSY AdS Vacua: DW=0

Anti D3 brane (SUSY breaking+uplift)

$$V_{\text{uplift}} = \frac{D^2}{\left(T + T^*\right)^{\alpha}} = \frac{D^2}{\mathcal{V}^{2\alpha/3}} \quad \begin{cases} \alpha = 3 & \text{KKLT} \\ \alpha = 2 & \text{KKLMMT} \end{cases}$$



LARGE Volume Scenario

Fluxes determine superpotential W₀ (U,S) (GKP 2002)
Perturbative corrections to K:
$$K = -2 \ln \left(\mathcal{V} + \frac{\hat{\xi}}{2} \right)$$

Nonperturbative contributions to W:
 $W_{np} = \sum_{i} A_{i} e^{-a_{i}T_{i}}$
 $W_{F} \propto \left(\frac{K^{S\bar{S}} |D_{S}W|^{2} + K^{a\bar{b}} D_{a}W \bar{D}_{\bar{b}} \bar{W}}{\mathcal{V}^{2}} \right) + \left(\frac{Ae^{-2a\tau}}{\mathcal{V}} - \frac{Be^{-a\tau}W_{0}}{\mathcal{V}^{2}} + \frac{C|W_{0}|^{2}}{\mathcal{V}^{3}} \right)$
 $\overline{\mathcal{V}} \sim e^{a\tau}$ with $\tau \sim \text{Re S} \sim 1/\text{g}_{\text{s}} > 1$.
BBCQ, CQS 2005

Exponentially large volume for weak coupling (SUSY broken, Uplift as in KKLT but more options)

e.g. T- Branes

4D EFT: F and D terms

$$V_{\text{tot}} = V_D^{\text{bulk}} + V_F = \frac{1}{\tau_b} \left(q_{D7} |\phi_{\text{dS}}|^2 - \xi_{D7} \right)^2 + m_{3/2}^2 |\phi_{\text{dS}}|^2 + V_{\mathcal{O}(\mathcal{V}^{-3})}$$

$$V_{\text{tot}} = V_{D,0}^{\text{bulk}} + V_F = \frac{m_{3/2}^4 \tau_b}{4q_{D7}^2} + m_{3/2}^2 \frac{\xi_{D7}}{q_{D7}} + V_{\mathcal{O}(\mathcal{V}^{-3})}$$

$$\langle V_{\rm tot} \rangle = \frac{3W_0^2}{4a_s^{3/2}\mathcal{V}^3} \left[\delta \mathcal{V}^{1/3} - \sqrt{\ln\left(\frac{\mathcal{V}}{W_0}\right)} \right] \quad \text{with} \quad \delta \simeq 0.01 \left(\frac{a_s^{3/2}}{q_{D7}}\right)$$

10D: T-branes

$$J \wedge \mathcal{F}_{D7} + \begin{bmatrix} \Phi, \bar{\Phi} \end{bmatrix} d \operatorname{vol}_4 = 0, \qquad \langle \Phi \rangle = \begin{pmatrix} 0 & \phi_{\mathbf{6}_{+2}} \\ 0 & 0 \end{pmatrix}$$

dS Kahler Moduli Stabilisation

$$V_{F}^{\text{tot}} = V_{\text{np}} + V_{\alpha'} + V_{\text{uplift}}$$

$$V_{\text{np}} = \frac{8}{3\lambda} (a_{s}A_{s})^{2} \sqrt{\tau_{s}} \frac{e^{-2 a_{s}\tau_{s}}}{\mathcal{V}} - 4 a_{s}A_{s} |W_{0}| \tau_{s} \frac{e^{-a_{s}\tau_{s}}}{\mathcal{V}^{2}}$$

$$V_{\alpha'} = \frac{3}{4} \frac{\zeta |W_{0}|^{2}}{g_{s}^{3/2} \mathcal{V}^{3}} \xrightarrow{1.\times 10^{-22}}_{6.\times 10^{-23}}$$

$$V_{\text{uplift}} = A/\mathcal{V}^{a} \xrightarrow{4.\times 10^{-23}}_{2.\times 10^{-23}}$$

Other de Sitter proposals

- Anti D3 brane
- D+F terms in EFT or T-branes
- Complex structure/Dilaton uplift ($D_UW \neq 0$, $D_SW \neq 0$)
- Non critical strings, negative curvature compactifications, Kahler uplift, nonperturbative effects on D3 branes, ...

String Landscape

One single theory (+ no free parameters) but MANY solutions



Compactification

The String Landscape



Multiverse





MANY solutions (>10¹⁰⁰⁰!): Anthropic 'explanation' of dark energy!!?????





• Good: A `solution' of dark energy and allows for the first time to trust calculations for low-energy SUSY breaking.

 Bad: missed opportunity to have new physics at low energies from small Λ.

• Ugly: It may also be used to `solve' other problems (Split SUSY, High-energy SUSY) in unnatural ways.

Achievements over the years

- Remarkable: well defined prescription exists that includes all stringy ingredients: branes, orientifolds, warping, anti (T)-branes, perturbative, non-perturbative effects, etc.
- IIB with fluxes~ Calabi-Yau (moduli space understood).
- W₀<<1 is plausible (not achieved yet)
- Concrete compact CY examples
- Perturbative effects computed so far harmless.
- Antibrane: nonlinearly realised SUSY $X^2 = 0$
 - $\Delta W = c X, \qquad \Delta K = \beta X \bar{X}.$

• Hierarchies:

$$E \ll M_{\rm KK} = \frac{M_s}{\mathcal{V}^{1/6}} \ll M_s \equiv \frac{1}{\ell_s} \equiv \frac{1}{2\pi\sqrt{\alpha'}} = g_s^{1/4} \frac{M_p}{\sqrt{4\pi\mathcal{V}}} \,.$$
$$m_{3/2} \simeq W_0 M_P / \mathcal{V} \qquad m_{3/2} / M_{KK} \ll 1$$

e.g. Nilpotent Super fields

Kallosh et al 2013-2015 (Also: Bergshoeff, van Proeyen, Wrase, Dudas, D'allagata, Zwirner, Ferrara, etc.)

Nilpotent Superfields EFT

$$X = X_0(y) + \sqrt{2}\psi(y)\theta + F(y)\theta\bar{\theta}$$

$$X^2 = 0$$

$$X_0 = \frac{\psi\psi}{2F}$$

$$K = K_0XX^* \qquad W = \rho X + W_0$$

$$V = K_0^{-1} \left\| \frac{\partial W}{\partial X} \right\|^2 = \frac{|\rho|^2}{K_0} \ge 0$$

$$\mathcal{L} = -\rho^2 + i\partial_a\bar{\psi}\bar{\sigma}^a\psi + \frac{1}{4\rho^2}\bar{\psi}^2\partial^2\psi^2 - \frac{1}{16\rho^6}\psi^2\bar{\psi}^2\partial^2\psi^2\partial^2\bar{\psi}^2$$

~ Volkov-Akulov !

Nilpotent Superfields and KKLT

Goldstino: Nilpotent chiral
$$X^2(x,\theta) = 0$$
, superfield

Rocek,...,Komargodski, Seiberg,...

KKLT
$$K = -3 \log (T + T^*) + c (T + T^*)^n XX^* + ZCC^* + \cdots$$

 $Z = (T + T^*)^m + b (T + T^*)^k XX^*$
 $W = W_0 + W_{\text{matter}} + W_{np} + \rho X$

Plug into SUGRA expression for V, V= V_{KKLT} + V_{uplift}:

$$V_{\text{uplift}} = \frac{|\rho|^2}{c(T+T^*)^{n+3}}$$

(like KKLT, KKLMMT)

Kallosh et al. 2013-15 see also Polchinski @ SUSY 2015

Antibrane uplift from manifestly SUSY EFT!

Anti D3 Brane/O3⁻ Spectrum



Spectrum on (anti) D3 brane

		U(N)	SO(6)	SO(3,1)	Field
		Adj	1	vector	Gauge boson
		Adj	6	1	Scalar
for anti D3 brane	$\overline{4}$	Adj	4	spinor	Fermion

Masses from fluxes $G_3 \lambda \lambda$ G3=10 (ISD) + 10 (IASD)

Mass term $\overline{4} \cdot \overline{4} \cdot 10$ (10=6+3+1 and 4=3+1 of SU(3))

3 massive 1 massless fermion (N=1 goldstino)

Local to Global Throats



Garcia-Etxebarria, FQ, Valandro arXiv:1512.06926

е	_	C
		\mathbf{M}
		$\mathbf{\nabla}$

	W_1	W_2	W_3	W_4	W_5	Z	X	Y	D_{H}	
\mathbb{C}_1^*	0	0	0	0	0	1	2	3	6	-
\mathbb{C}_2^*	1	1	1	0	0	0	6	9	18	,
\mathbb{C}_3^*	0	1	0	1	0	0	4	6	12	
\mathbb{C}_4^*	0	0	1	0	1	0	4	6	12	

First concrete realisation of warped throats in compact CY?

Potential Problems

To EFT

To fluxes

To perturbative effects

To nonperturbative effects

• To de Sitter

Challenges to KKLT, LVS,...

e.g. Danielson, Van Riet

- Fluxes under control only in SUSY 10D Sethi
- All SUSY breaking part is 4D EFT (with string inputs).
 Trust EFT?

Bena et al.

- Tuning W₀<<1? in KKLT
- Higher correction in LVS?
- Antibranes (by hand, non susy, singularity?)
- T-branes in a controlled region?
- Antibranes and non-perturbative effects? Moritz et al.

Open Questions

- Full control of quantum corrections
- EFT of branes at singularities
- Realistic phenomenology (de Sitter but no SM?)
- F-theory moduli stabilisation
- Populating the landscape (large # of U moduli + vacuum transitions)

Partly full Partly empty



Quintessence

Swampland conjectures

Swampland: Quantum gravity vs EFT !

Vafa et al.

Obied et al

- Weak gravity conjecture
- Distance conjecture
- New ('anti' de Sitter?) conjecture: $M_p \frac{|\nabla V|}{V} \gtrsim c$,

(It would imply quintessence and no de Sitter

and hard to have inflation!).

Challenges for the de Sitter conjecture

- Higgs potential with quintessence field? (at the <H>=0 point.
 Denef et al.
- If V asymptotes to infinity from above even Conlon supersymmetric AdS forbidden.
- Both addressed if modify conjecture (allow saddle points for V>0).

see e.g. Andriot, Ooguri et al.

 $A(p)(H)^{4} + C(p)(H)^{2} + B(p)$ $V(H,\varphi) = A(\varphi) \left(H + \frac{2}{3} - \alpha'(\varphi) \right)^{2} + B(\varphi)$ $H = H_{0} + h.$ $\frac{V_{H}=0}{H=0}; H=0; H=0; H=0; V_{g}=A'(H^{2}-2^{2})+2A(()(-2\lambda\lambda')+B')$ $H=0; V_{g}=A'\lambda'+7A\lambda'+B' \geq c(A\lambda'+B)$ H=~ : V&=B' $\geq C(B)$

Higgs and Quintessence

• Higgs as quintessence??

 $V = \Lambda^4 + C^4 e^{-k h/M_{\rm p}} \qquad C \simeq 10^{-52} e^{2.5 \cdot 10^{71}} M_{\rm p} \qquad k = 10^{88}$

• Higgs-quintessence coupling?

 $V = f(\chi) \tilde{V}(h) + \hat{V}(\chi)$ with $f(\chi) = e^{-\chi}$

 $\frac{f_{\chi}(\chi)\,\tilde{V}(h) + \hat{V}_{\chi}(\chi)}{f(\chi)\,\tilde{V}(h) + \hat{V}(\chi)} \simeq \frac{f_{\chi}(\chi)}{f(\chi)} \simeq 1$

• Several fields?

 $V = f(\phi) \, \tilde{V}(h) + g(\phi) + \hat{V}(\chi)$

Couplings to SM?, Supergravity?

See Hebecker's talk

de Sitter vs Quintessence

M. Cicoli, S. de Alwis, A. Maharana, F. Muia and FQ [arXiv:1808.08967]

Quintessence from Strings?

- Need stabilise all moduli except for quintessence field: as difficult as getting de Sitter
- Or have many fields rolling but slower than quintessence. Difficult.
- Fifth force and varying couplings constraints (e.g. volume modulus or dilaton problematic)

e.g. Banks, Dine, Douglas '00

Yukawa's

$$\hat{Y}_{ijk} = e^{K/2} \, \frac{Y_{ijk}(U)}{\sqrt{\tilde{K}_i \tilde{K}_j \tilde{K}_k}} \, ,$$

Quintessence Candidates

 Modulus (fibre, blow-up) that does not couple directly to SM. It also would require a very small string scale (e.g. Ms~TeV)

> Cicoli, et al '12

Axions

$$\mathcal{L} = -\frac{1}{2} \partial^{\mu} \theta \partial_{\mu} \theta - \mu^4 \left(1 - \cos \left(\frac{\theta}{f} \right) \right) \,,$$

K. Choi '99 Panda et al '11 Kaloper et al. '08 Kamionkowski et al '13

de Sitter and Quintessence

Axion Quintessence in LVS

$$m_a \simeq \sqrt{\frac{g_s}{8\pi}} \frac{M_p}{\mathcal{V}^{2/3}} e^{-\frac{\pi}{N} \mathcal{V}^{2/3}} M_p ,$$

Naturally very small!

$$V = \Lambda^4 - \sum_{i=1}^{N_{\text{ULA}}} \Lambda_i^4 \cos\left(\frac{a_i}{f_i}\right) + \cdots,$$

Minimum not necessarily at zero

$$\epsilon = \frac{1}{2} \left[\left(\frac{\Lambda_{\ell}}{\Lambda} \right)^4 \frac{M_p}{f_{\ell}} \right]^2 \frac{\sin^2 \left(a_{\ell} / f_{\ell} \right)}{\left(1 - \left(\Lambda_{\ell} / \Lambda \right)^4 \cos \left(a_{\ell} / f_{\ell} \right) \right)^2} < 1.$$
 Slow-rol

 $f_{\ell} \gtrsim M_p$. Not necessarily

ULA: (fuzzy) dark matter and dark radiation or dark energy and dark radiation?

(A)dS and Axion Quintessence

• Hilltop Quintessence_{V(a)} $<math>\Lambda^4 + \Lambda_i^4 > 0$ </sub>





Quasi-natural quintessence



Oscillating quintessence



Conclusions

- de Sitter and Quintessence: Many achievements, challenges, open questions
- Observational challenges for both! (w<-1 and varying??)

