

# Swampland Phenomenology



John March-Russell  
Oxford University & PI

# A big subject... This talk based on

## Part I:

Tristan Daus, Arthur Hebecker, Sascha Leonhardt, JMR

*Towards a Swampland Global Symmetry Conjecture using Weak Gravity*, arXiv:[2002.02456](https://arxiv.org/abs/2002.02456)

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## Part II:

Rudin Petrossian-Byrne, JMR

*QCD, Flavor, and the de Sitter Swampland*, [arXiv:XXX](https://arxiv.org/abs/XXXX) to appear  
*and*

Rudin Petrossian-Byrne, JMR

*The Standard Model and the de Sitter Swampland*, [arXiv:XXX](https://arxiv.org/abs/XXXX) in preparation



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The idea that not all effective QFTs remain consistent when embedded in a theory with gravity



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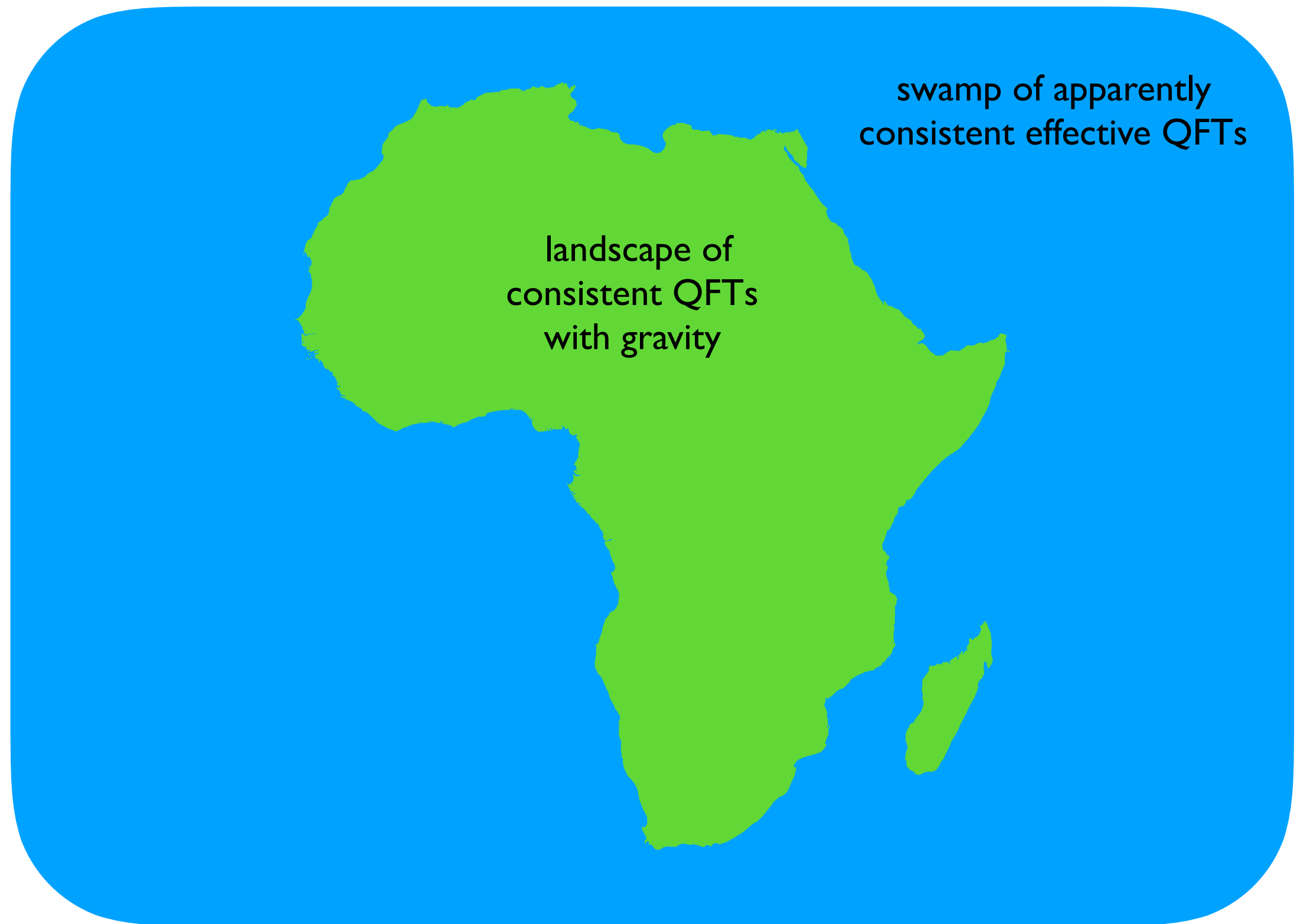
Good if we have restrictions on possible low-energy EFTs!

swamp of apparently  
consistent effective QFTs

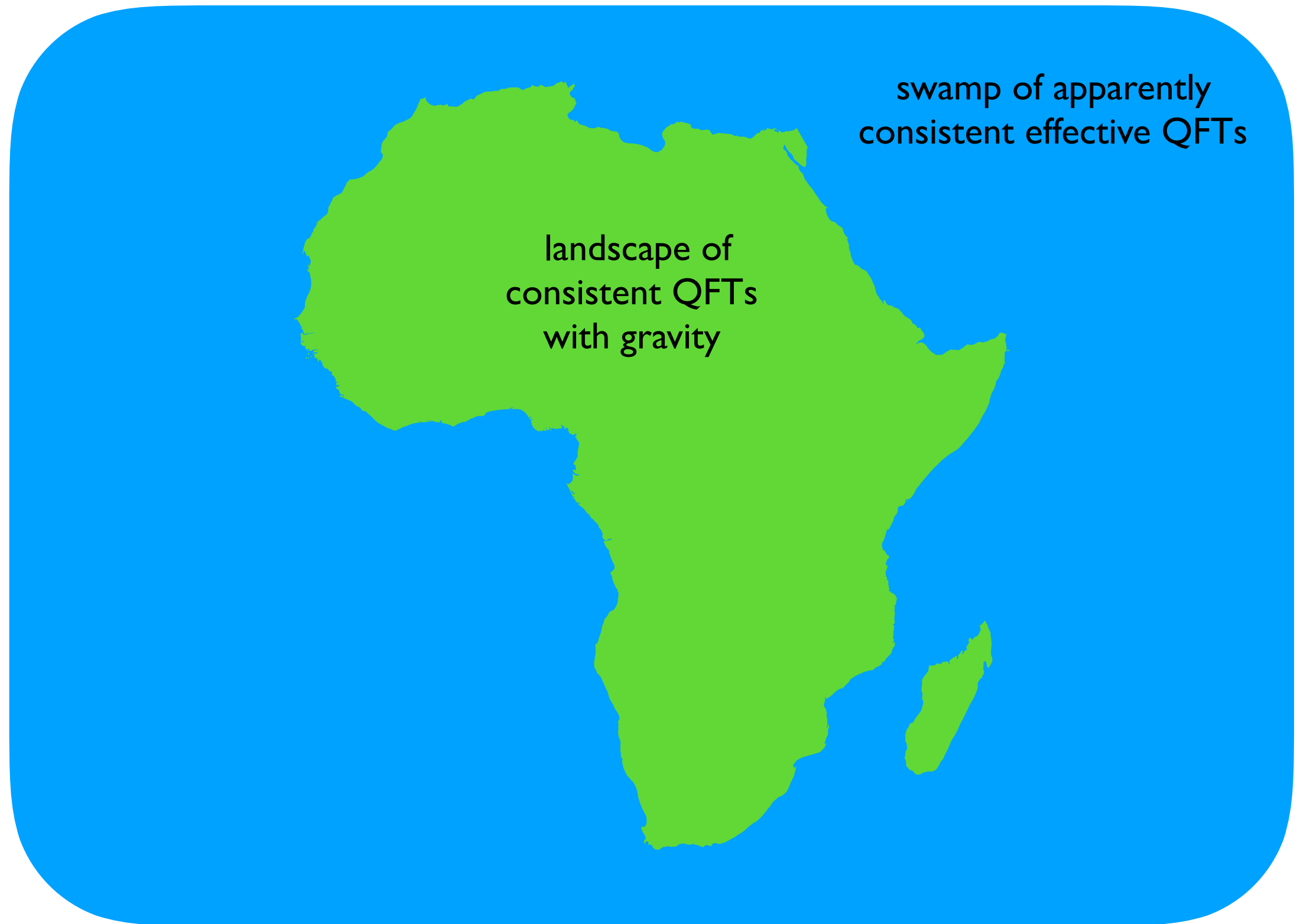
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#2 how large is the landscape?  
(How much "tuning" is allowed?)

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- i) No global symmetries
- ii) Weak gravity conjecture (WGC)
- iii) Compactness and completeness
- iv) Swampland de Sitter
- v) Distance conjecture
- vi) ....

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Major question #3 what impact does the Swampland Program have on our understanding of the *Standard Model* (if any)?

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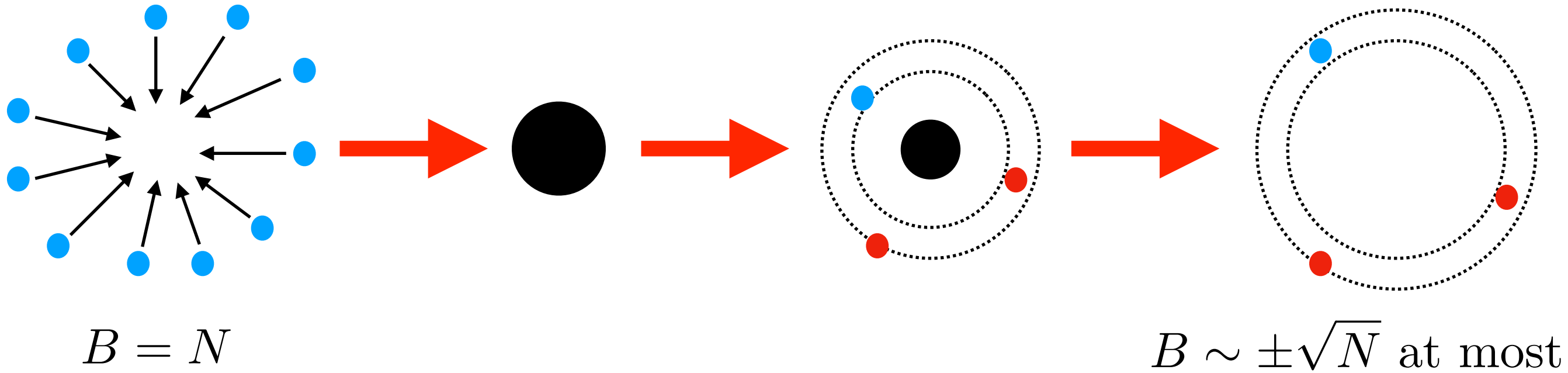
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Natural pheno question:

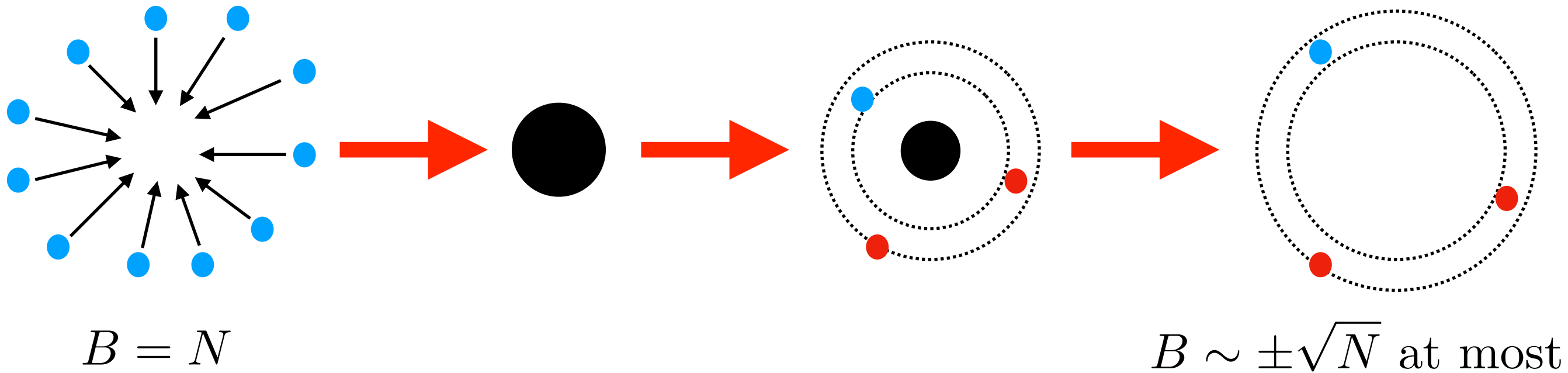
What is the bound on how *high-quality* an *approximate* GS can be, and how precisely does the violation occur?

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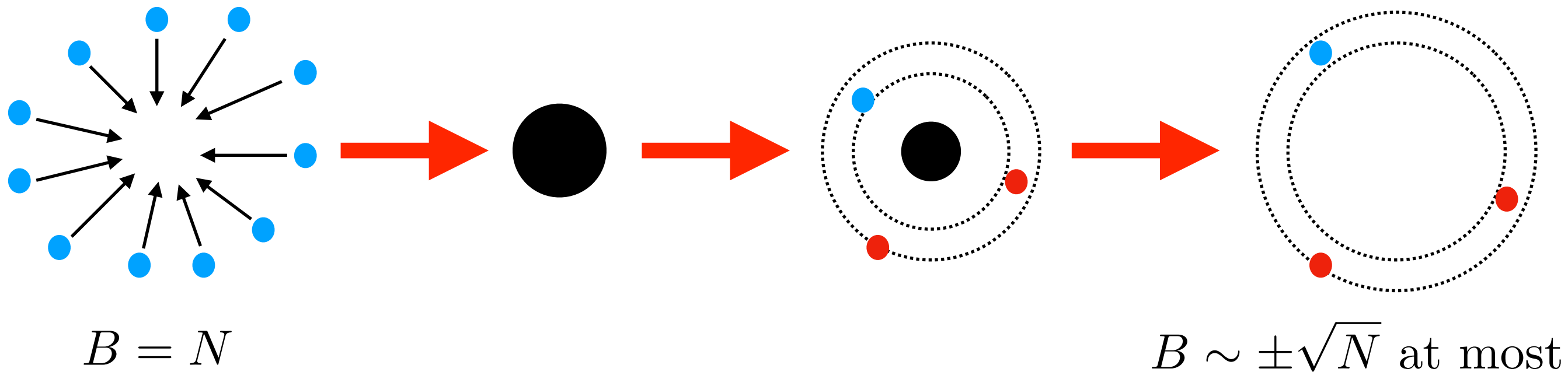
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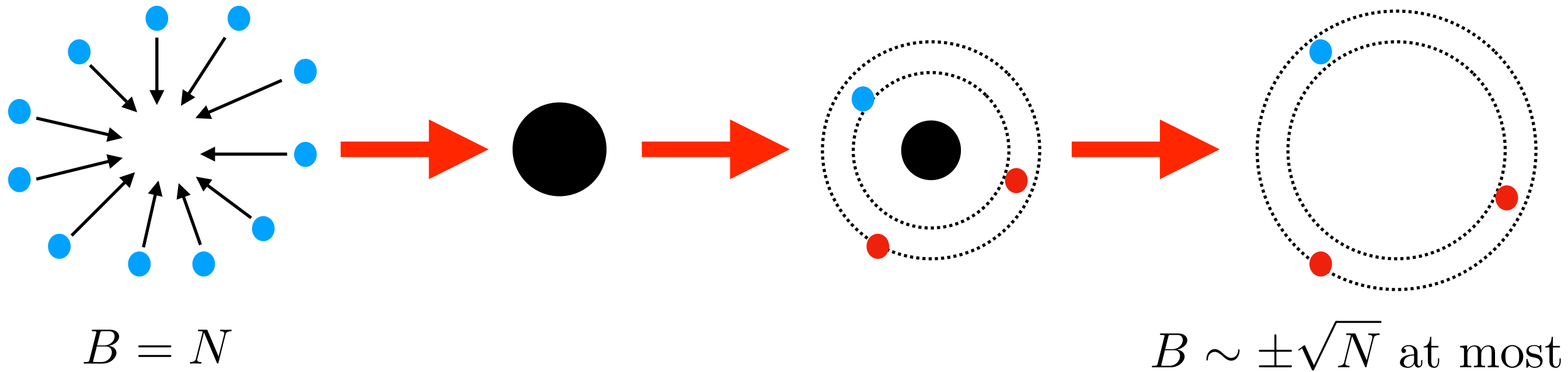
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Claim that in a thermal bath at  $T < \Lambda$  the rate of GS violation should satisfy 'local rate bound'

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Very stimulating but (to me) aspects are mysterious

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They can only appear as boundaries of  $p$ -branes charged under  $A_{p+1}$

$$S \supset \int_{B_p} A_{p+1} + \int_{\partial B_p} A_p$$

only this combination is invariant under  $\delta A_{p+1} = d\chi_p$ ,  $\delta A_p = -\chi_p$



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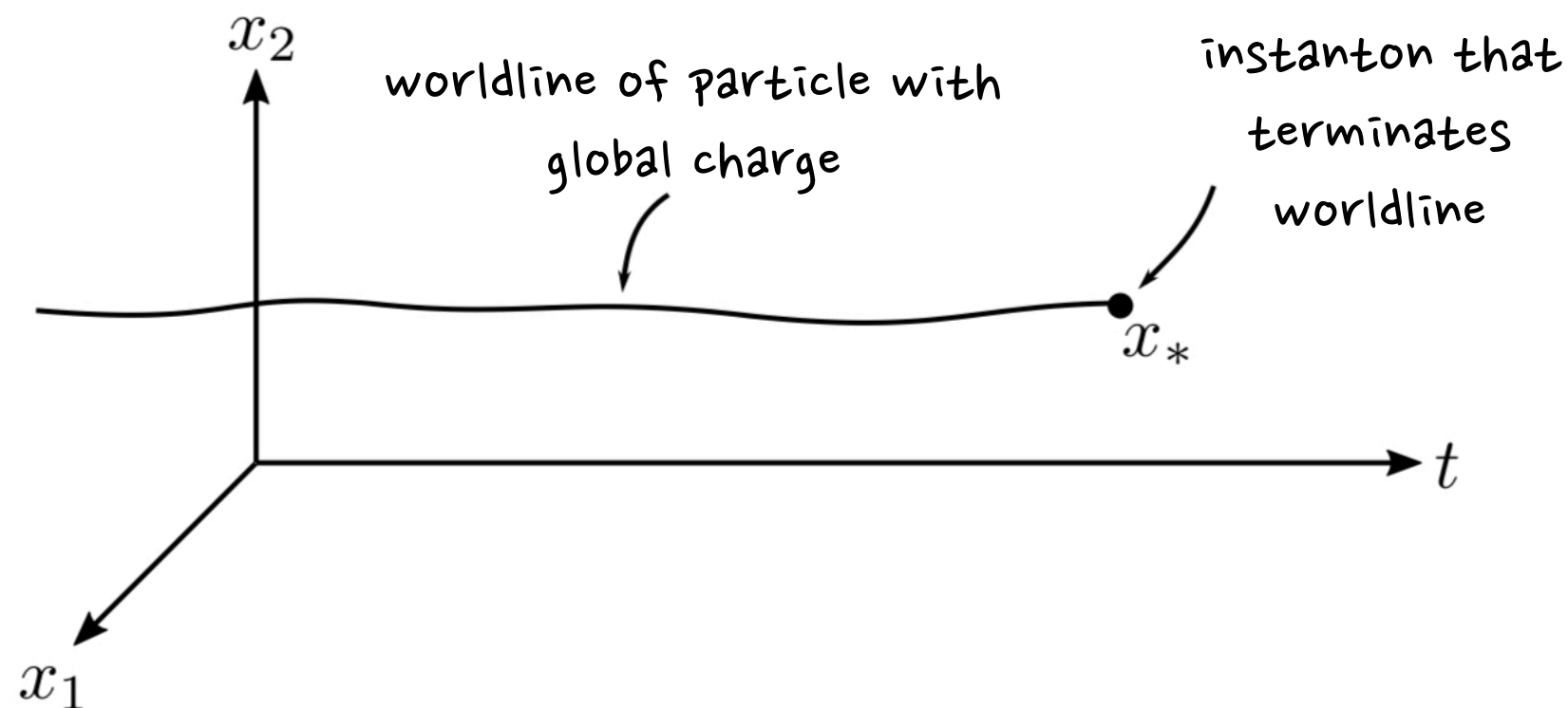
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Crucially, though, the "(p-1)-brane" a "-1-brane" is now an *instanton* that is the boundary of the particle worldline




This corresponds (for a fixed instanton position  $x_*$ ) to the term

$$S \supset \int_{B_1(x_*)} A_1 + \phi(x_*)$$

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Primary question: is there a **bound on the instanton action?**

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Together gives lower bound on the coeff of the  $\Delta N = \pm 1$  operators

$$\exp(-S_I) = \exp\left(-c \frac{M_{\text{pl}}^2}{\Lambda^2}\right)$$

where  $c \sim \mathcal{O}(1)$

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- 4) Unbroken continuous or discrete gauge symmetries can forbid the leading operators given a low-E EFT field content (cf, B&L in SM)
- 5) Lots of explicit examples satisfy this bound (see paper...)

# Part II

# Swampland de Sitter Conjecture

One of the most striking of the conjectured constraints is the refined swampland de Sitter conjecture (SdSC) for the potential  $V(\{\phi_i\})$   
(Obied, Ooguri, Spodyneiko & Vafa, 2018;  
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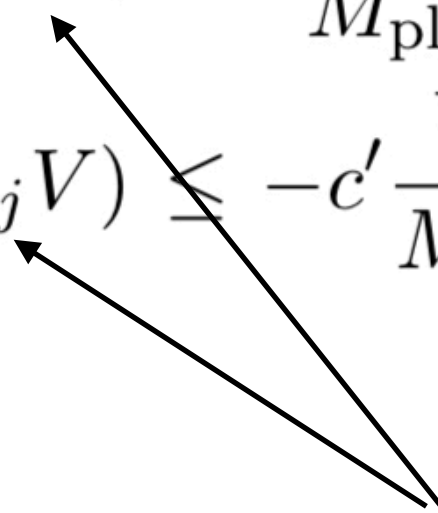
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or  $\min(\nabla_i \nabla_j V) \leq -c' \frac{V}{M_{\text{pl}}^2}$

for  $\mathcal{O}(1)$  coeffs  $c, c' > 0$

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Potentials with metastable de Sitter vacua are in the swampland,  
as are regions of field space that are too flat for  $V > 0$

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Here will make the claim that plausibly SdSC limits flavour structure of quarks and maybe even sheds new light on the hierarchy problem

# Metastable States of QCD with Light Quarks

Well known that for  $N > 2$  light quarks the Chiral Lagrangian predicts metastable states (Witten, 1980; Creutz, 1995; Smilga, 1999;...)

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Low-energy physics determined by pNGB Chiral Lagrangian

$$\mathcal{L} = \frac{f_\pi^2}{4} \text{Tr} \left( \partial_\mu \Sigma^\dagger \partial^\mu \Sigma \right) - B_0 \text{Tr} \left( e^{-i\bar{\theta}/N} M_q^\dagger \Sigma + e^{i\bar{\theta}/N} \Sigma^\dagger M_q \right)$$

$N \times N$  light quark mass matrix  
(diagonal without loss of generality)


$$\Sigma(x) = \exp(2i\pi^a(x)T^a/f_\pi) \in SU(N),$$

Parameters (real) determining local vacuum structure are

$$M_q = \text{Diag}(m_1, m_2, \dots, m_N), \text{ with } m_1 \geq m_2 \geq \dots \geq m_N$$

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Here  $(\phi_i + \bar{\theta}/N)f_\pi \equiv \langle \pi^i \rangle$  are a useful re-combination of the vev's of the SU(N) Cartan sub-algebra pions, satisfying constraint

$$\phi_1 + \dots + \phi_N + \bar{\theta} = 0 \quad \text{mod } 2\pi$$

Thus form of potential determining critical points of the theory is

$$V(\phi_i) = -B_0 \sum_i^N m_i \cos \phi_i$$

subject to the constraint  $\phi_1 + \cdots + \phi_N + \theta = 0 \pmod{2\pi}$

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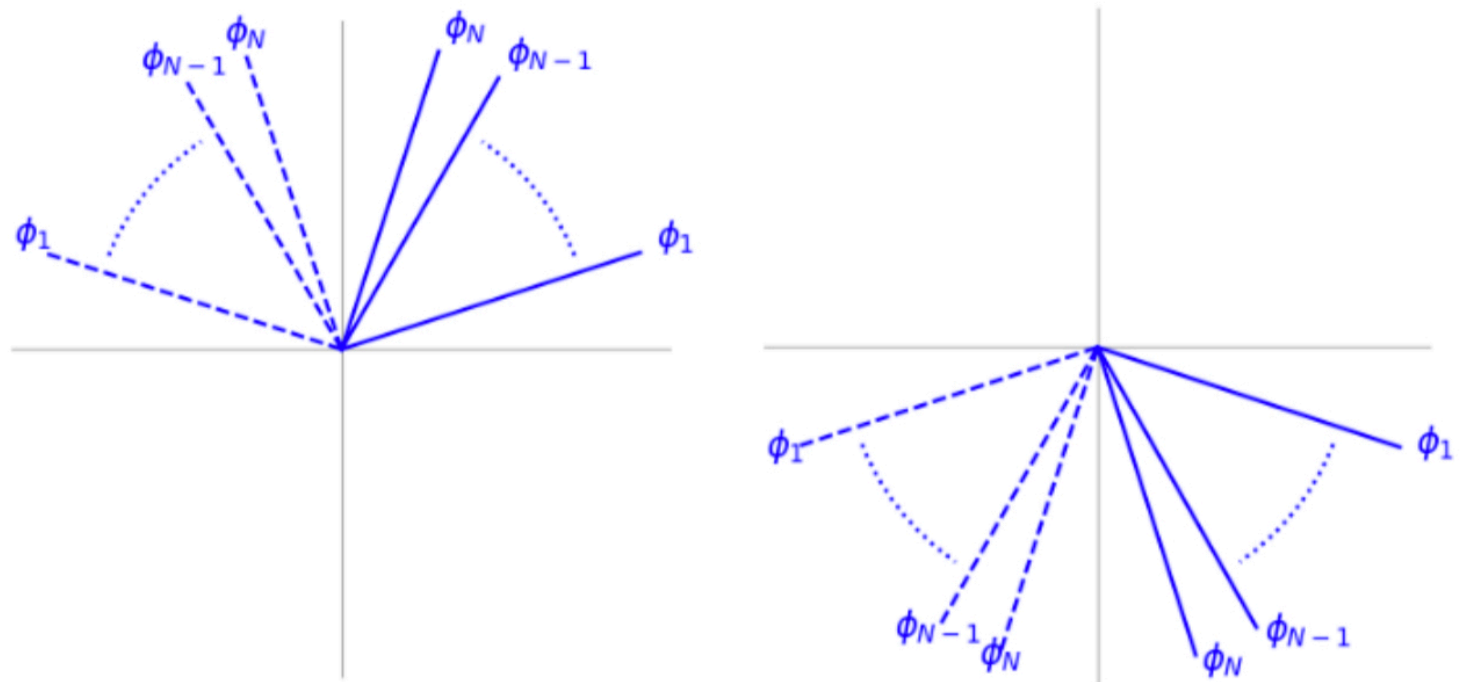
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can understand critical points  
geometrically - 'fan diagrams'  
(see paper...)



(a) *Critical point*

Hessian matrix around these critical points is

$$H_{ij} = \delta_{ij} m_i \cos \phi_i + m_N \cos \phi_N$$

so a necessary condition for positive definiteness is

$$\cos \phi_i > 0 \quad \forall i < N$$

Can straightforwardly study nature of critical points as quark mass ratios and topological angle vary...

## Simple case: Metastable states at equal quark masses

A particularly simple case occurs if all masses are equal: then the critical point condition + the necessary condition for positive definiteness + the unitary condition

$$\begin{aligned} \implies \phi_i &= \frac{2\pi n - \bar{\theta}}{N} \equiv \phi & \forall i \\ n &\in \mathbb{Z} \end{aligned}$$

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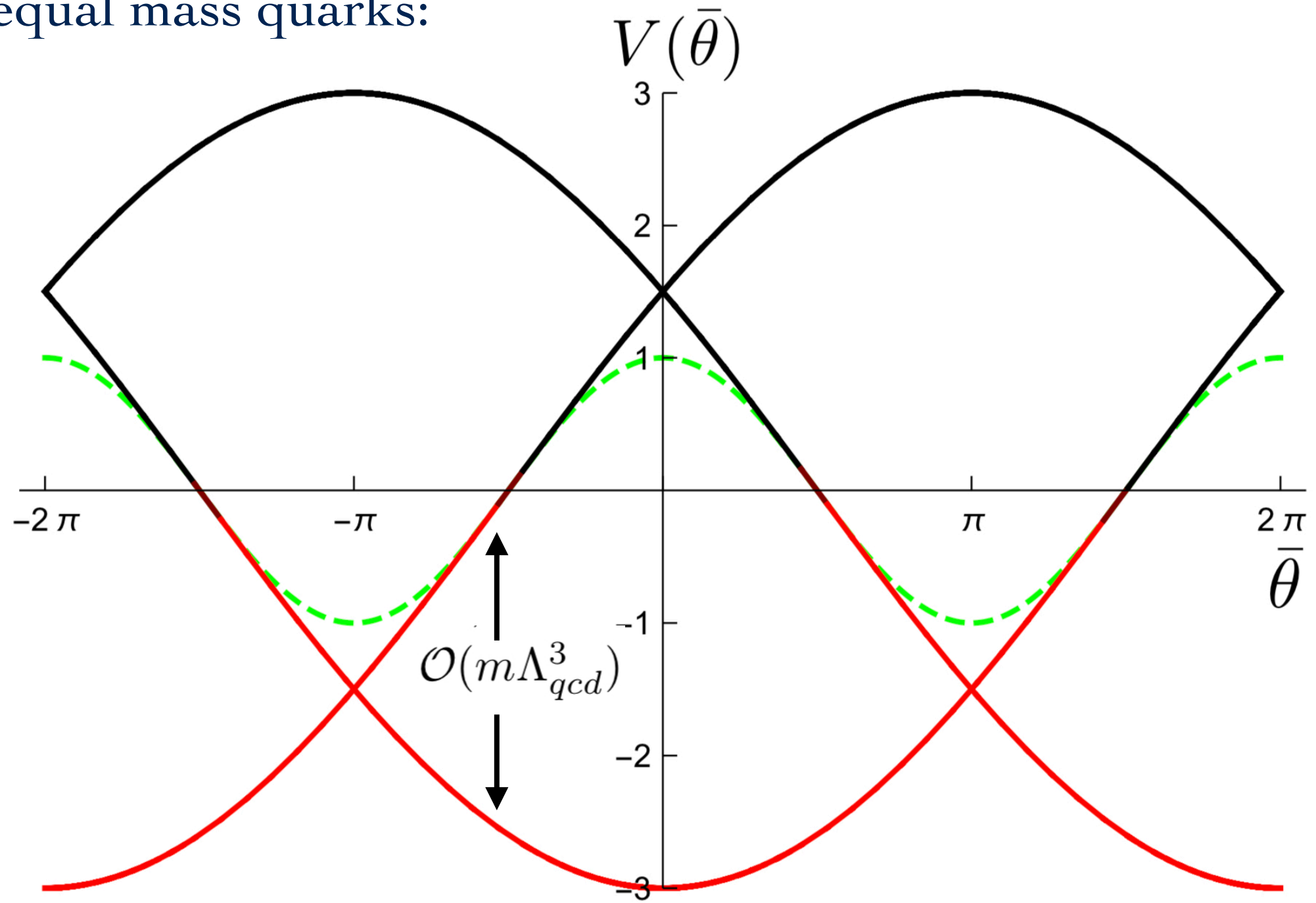
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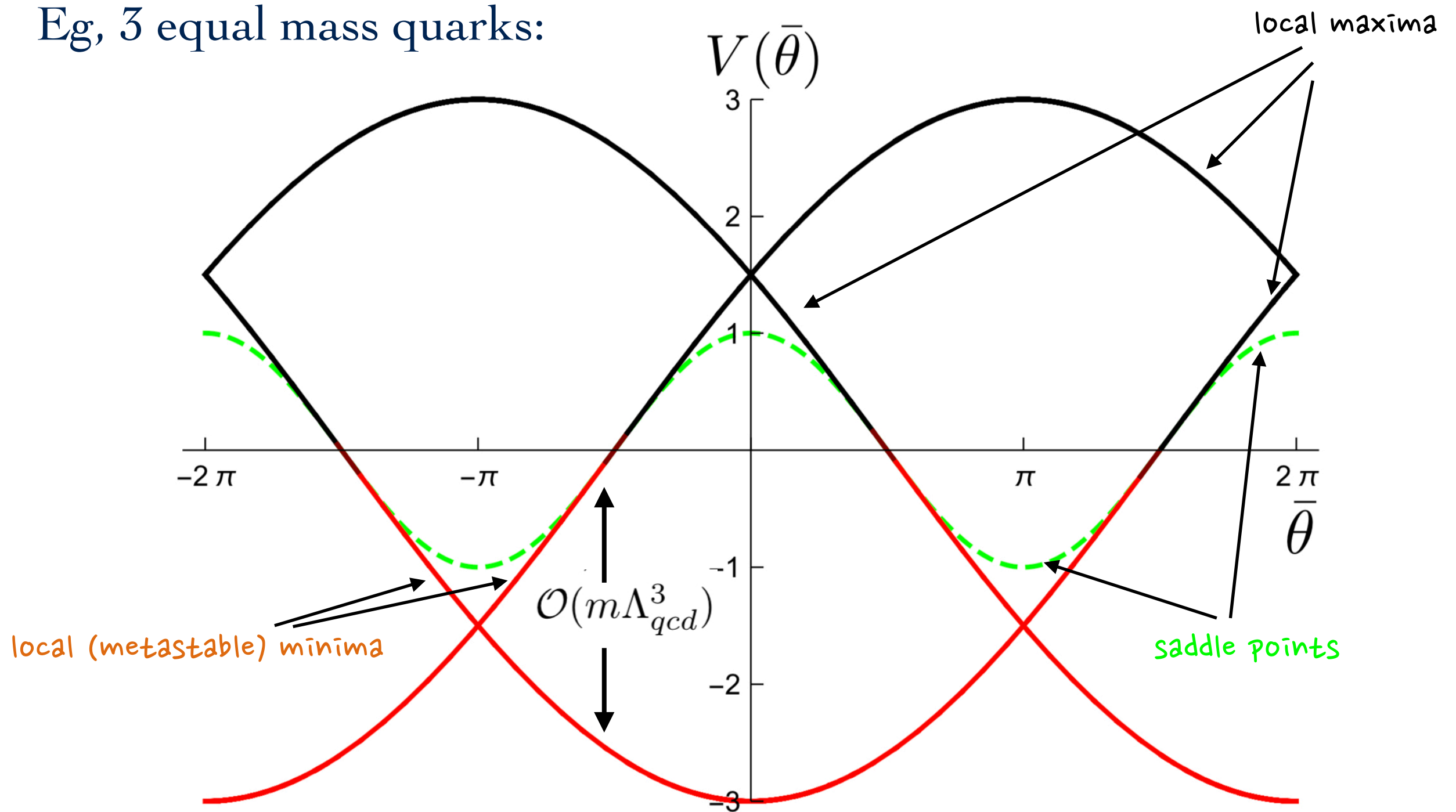
Thus for  $N > 2$  there is more than one  $n$  in the range, and metastable states exist



Eg, 3 equal mass quarks:

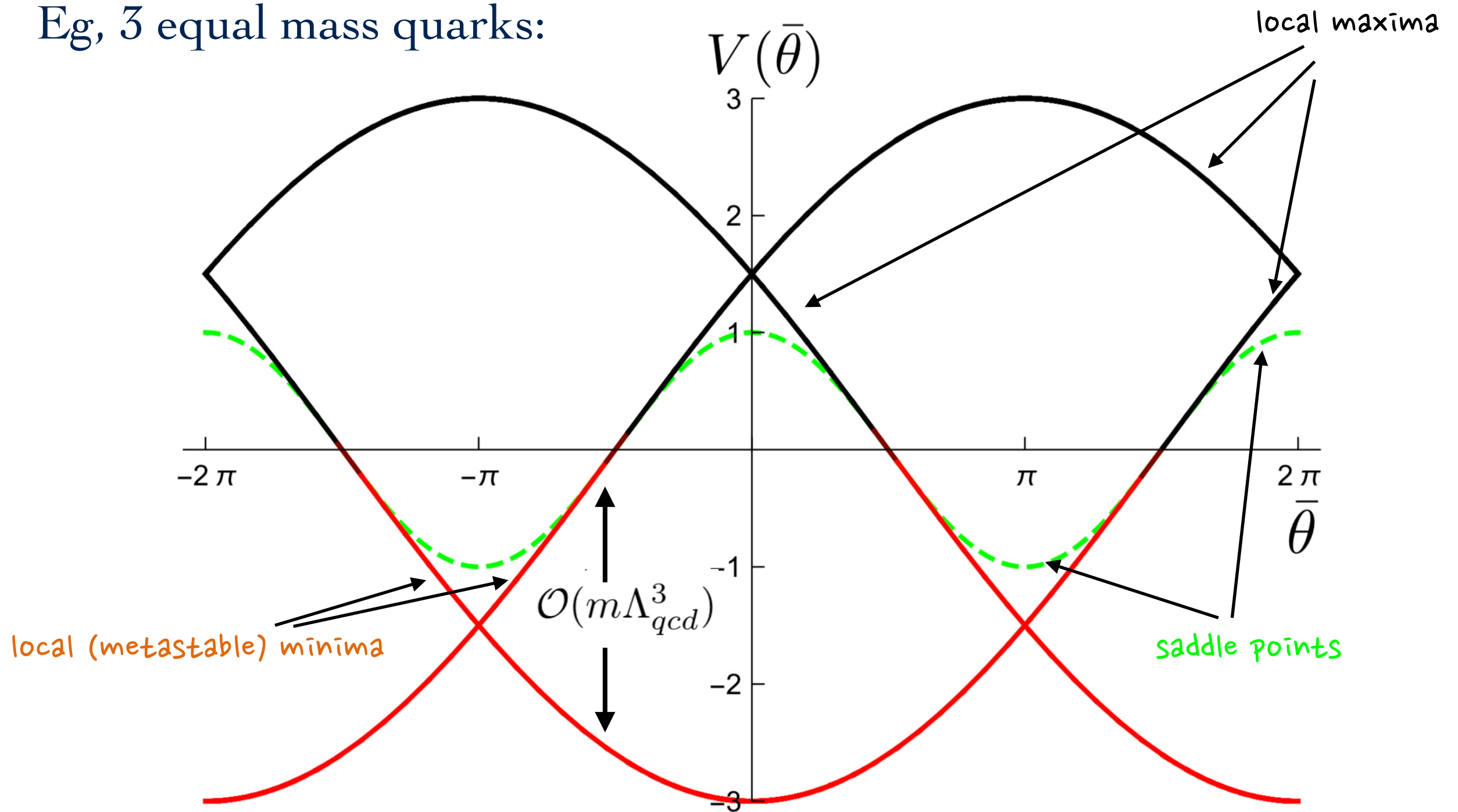


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$$V^{(n)} = -NmB_0 \cos \left( \frac{2\pi n - \bar{\theta}}{N} \right)$$

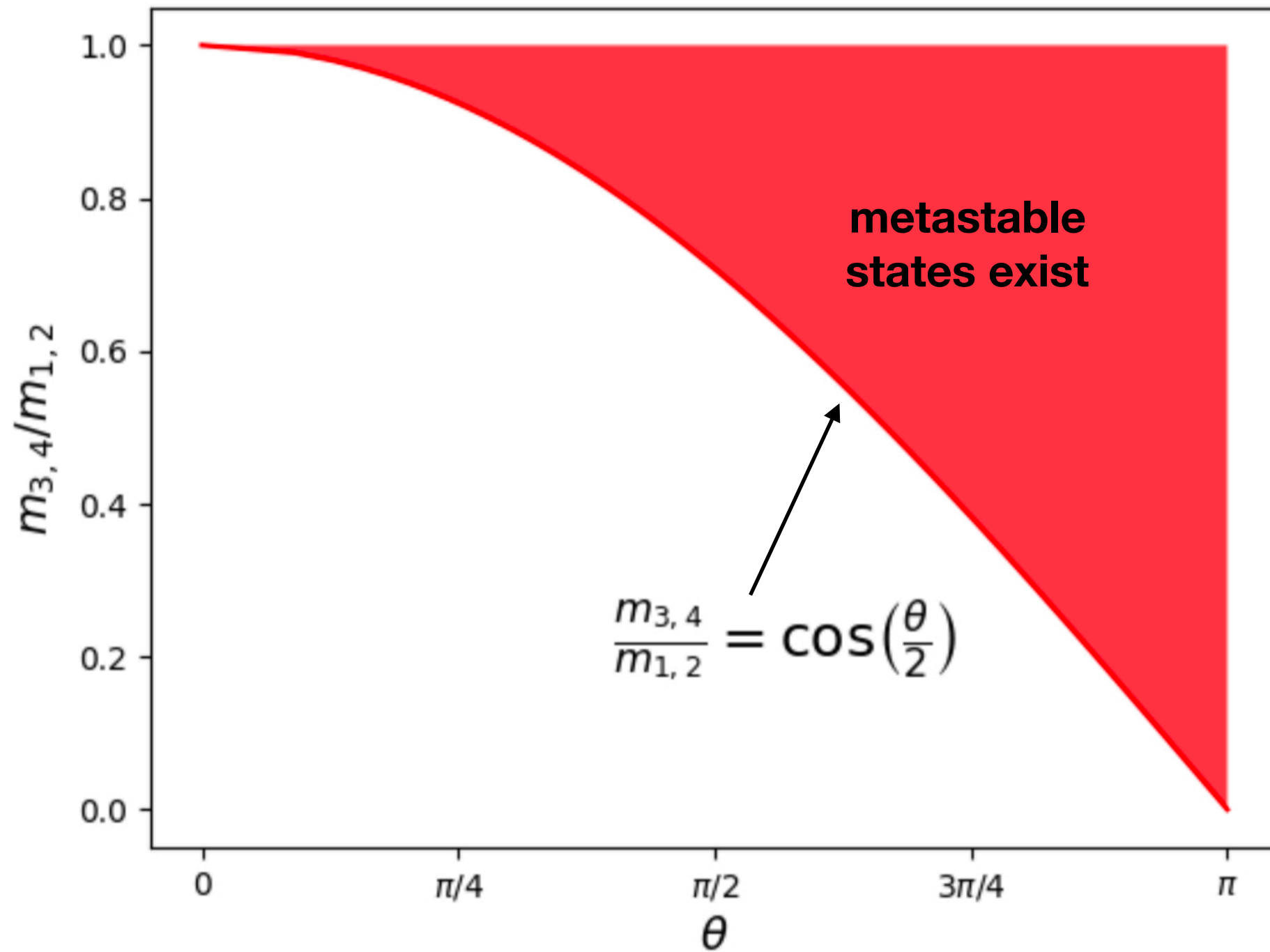
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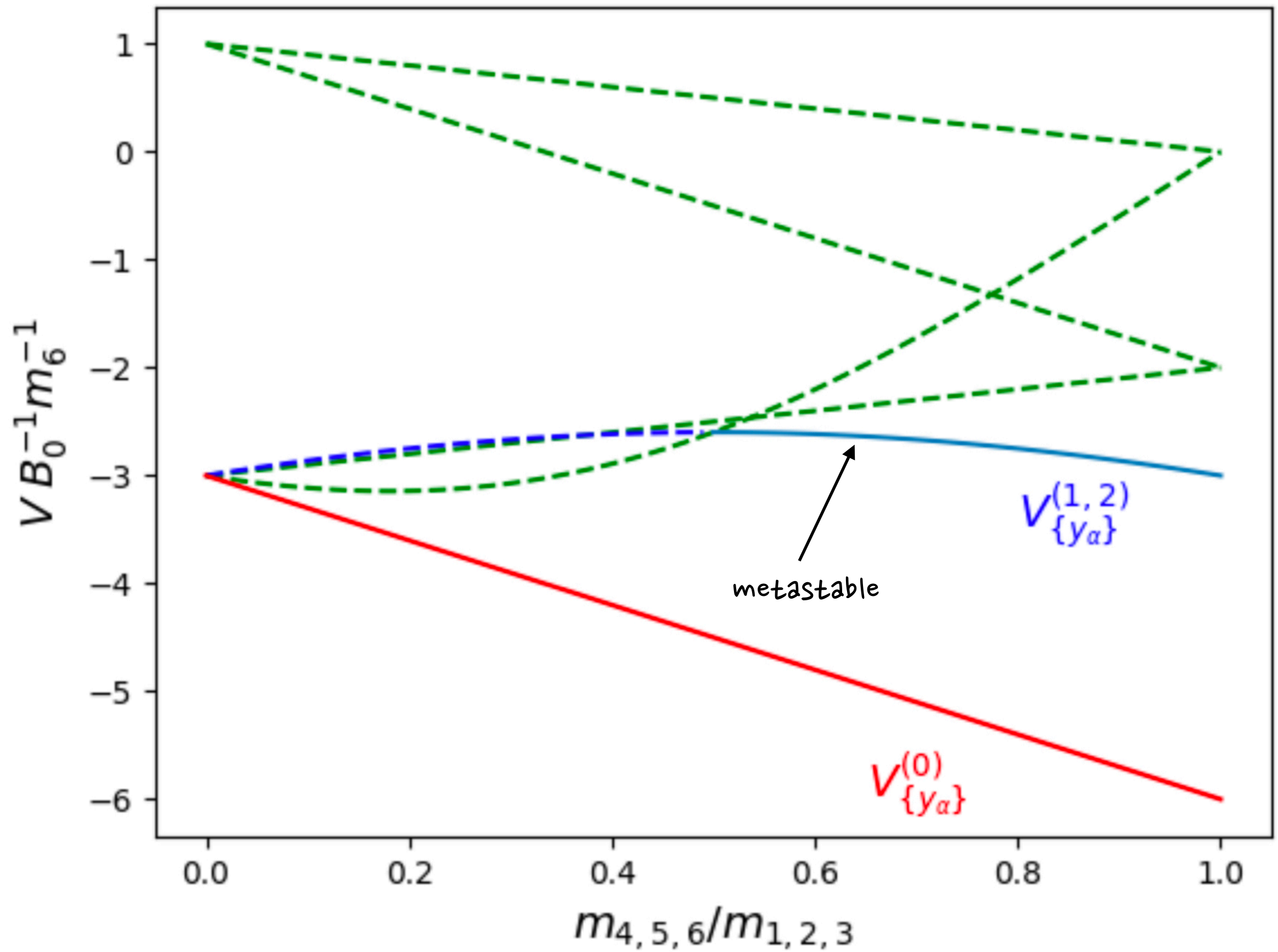
$$V^{(n)} = -NmB_0 \cos \left( \frac{2\pi n - \bar{\theta}}{N} \right)$$

metastable state exists in range  $\pi/2 < \bar{\theta} < 3\pi/2$

More complicated case: 4 quarks in 2 equal mass groups



More complicated case: 6 quarks in 2 equal mass groups for  $\bar{\theta} = 0$

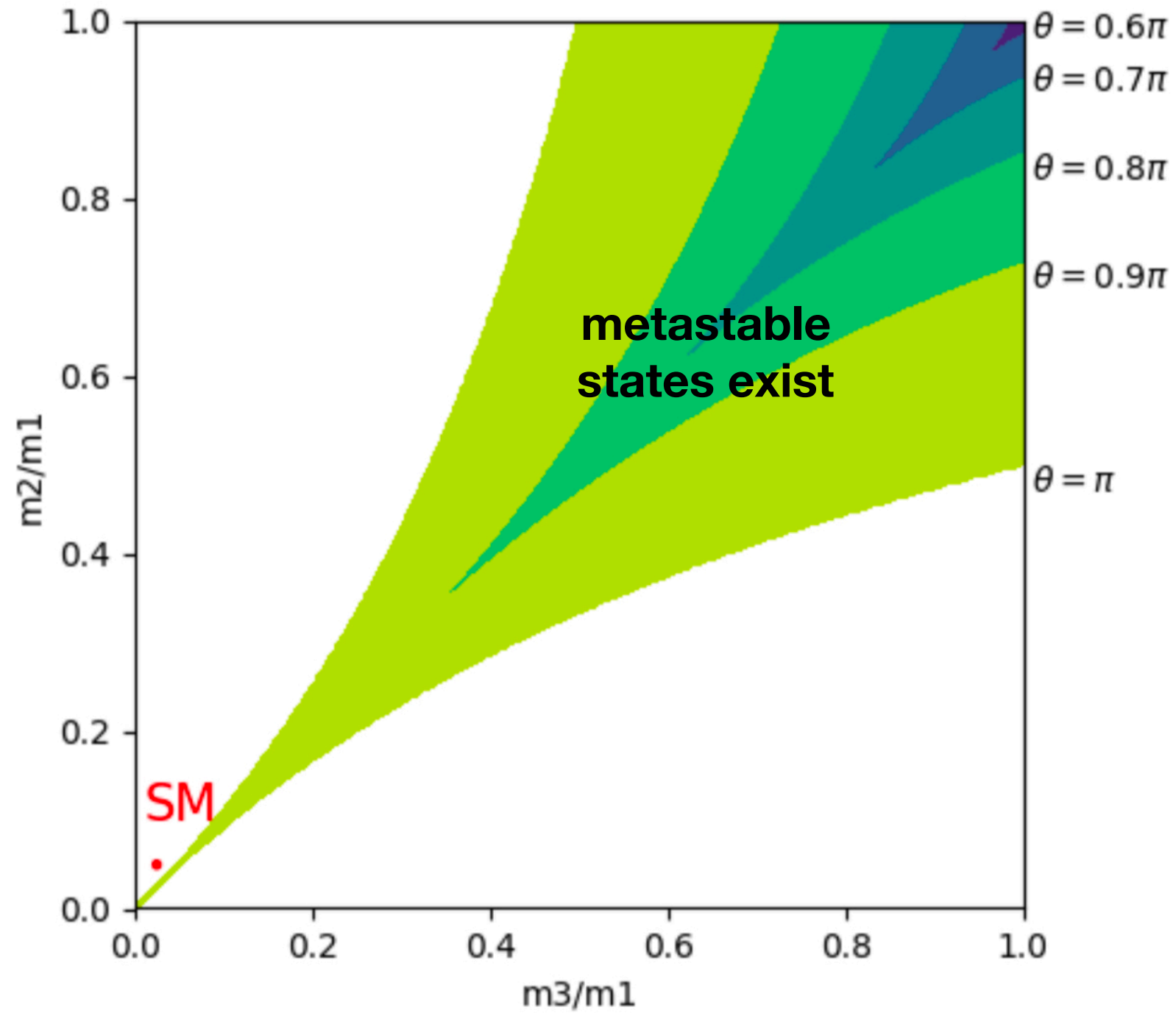


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What about the *observed* SM parameter values:  
3 light quark masses,  $m_{u,d,s}$  and  $\bar{\theta} = 0$ ?

For SM:





Amusingly the condition that theory is safe from metastable states for any value of  $\bar{\theta}$  in an N-light-quark theory is

$$\frac{1}{m_N} > \frac{1}{m_1} + \cdots + \frac{1}{m_{N-1}}$$

This is satisfied by the SM light quarks

$$\frac{1}{m_u} > \frac{1}{m_d} + \frac{1}{m_s}$$

But if had, say, 5 or 6 light quarks with not large mass ratios then would have metastable states at  $\bar{\theta} = 0$

# Robustness Against Quintessence

So far haven't addressed obvious question of how SdSC is consistent with our presently observed cosmic acceleration (CA)

Assuming the SdSC is correct I am aware of at least three possible responses to CA

- i) CA is not due to a cosmological constant but an evolving quintessence field, a possibility which is (marginally) consistent with data and the SdSC  
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This is potentially deadly as adding new states, eg, quintessence, in the far IR can possibly destabilise local metastable minima and nullify our results

Thus we add an ultra-light quintessence field and consider the two general possibilities

a) Sequestered:  $V \approx V_{\{y_\alpha\}, \text{QCD}}^{(n)}(\pi^a) + \tilde{V}(\varphi)$

b) Un-sequestered wrt SM:  $V = V_{\{y_\alpha\}, \text{QCD}}^{(n)}(\pi^a, \varphi)$

branches of  
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the SM parameters -  
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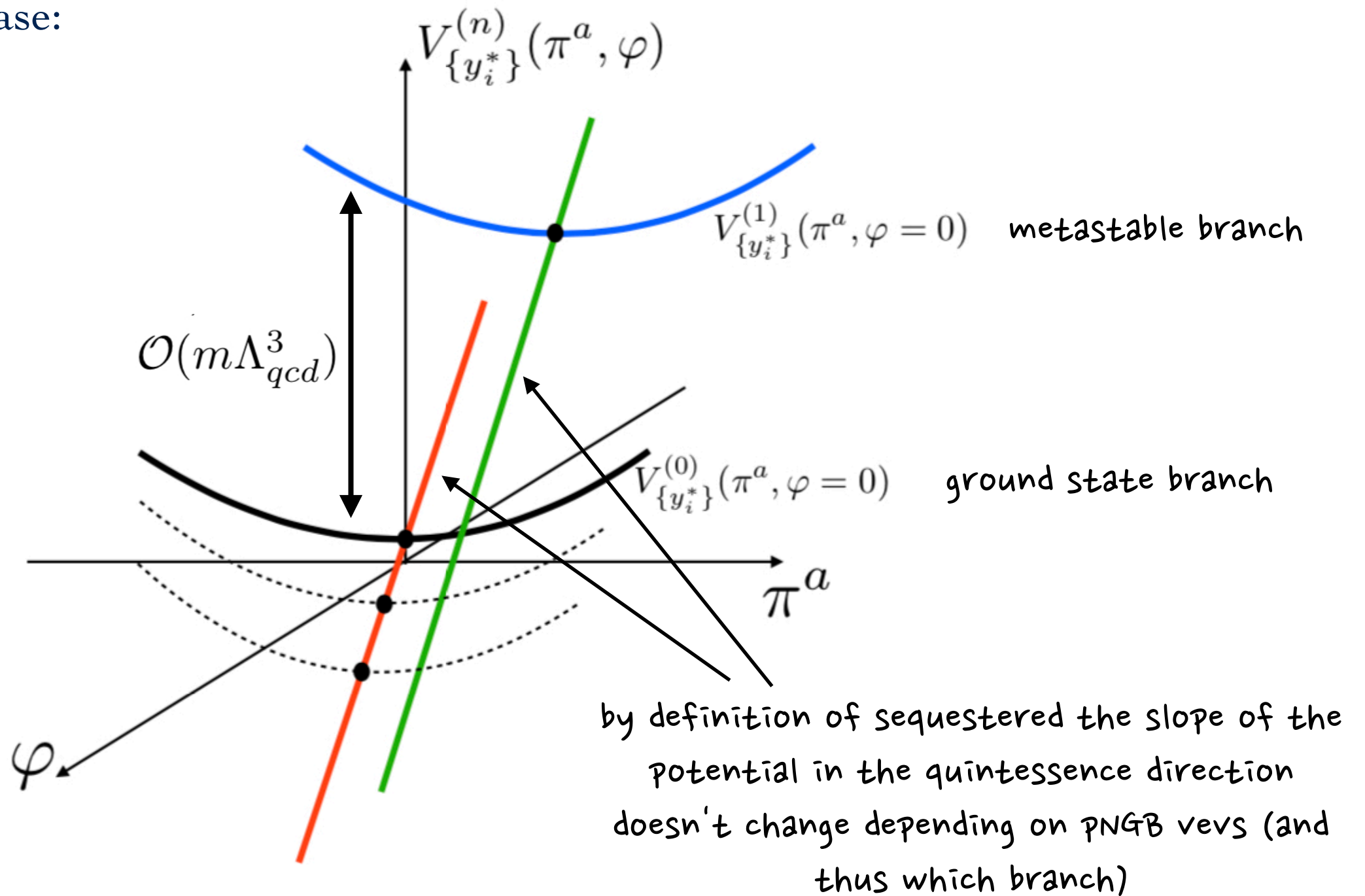
We must now enforce the SdSC conditions

$$|\nabla V| \geq c \frac{V}{M_{\text{pl}}}$$

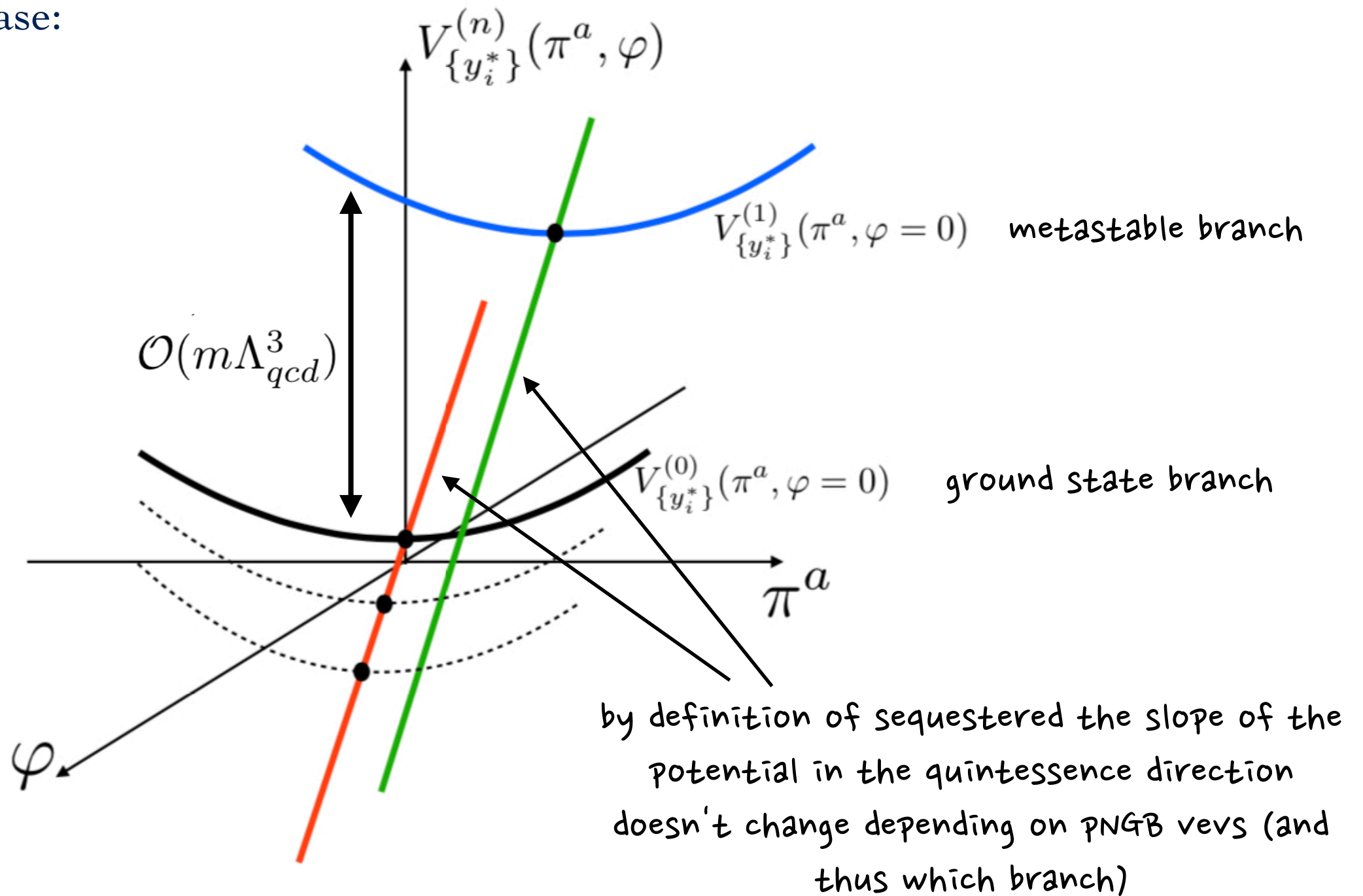
or  $\min(\nabla_i \nabla_j V) \leq -c' \frac{V}{M_{\text{pl}}^2}$

and see if a successful quintessence potential is consistent

Sequestered case:



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Applying the SdSC conditions in  $\varphi$  direction to the metastable branch

$$|\nabla_{\varphi} \tilde{V}(\varphi)| \geq c \frac{m_q \Lambda_{qcd}^3}{M_{\text{pl}}} \quad \text{or} \quad \nabla_{\varphi}^2 \tilde{V}(\varphi) \leq -c' \frac{m_q \Lambda_{qcd}^3}{M_{\text{pl}}^2}$$



In either situation the slope in the quintessence direction is then forced to be huge and  $\varphi$  almost immediately evolves to deep AdS and a big crunch

Eg, in case of 1st condition being satisfied, in both branches the field evolves as

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$$\tau_{AdS} \sim \frac{V_0}{m_q \Lambda_{qcd}^3} \ll 1 \qquad \Delta t \equiv \tau / H$$

$$H^{-1} \sim M_{\text{pl}} / \sqrt{V_0}$$

$$\left( \tau_{AdS} \simeq 10^{-43} \text{ for our vacuum energy and up-quark mass} \right)$$

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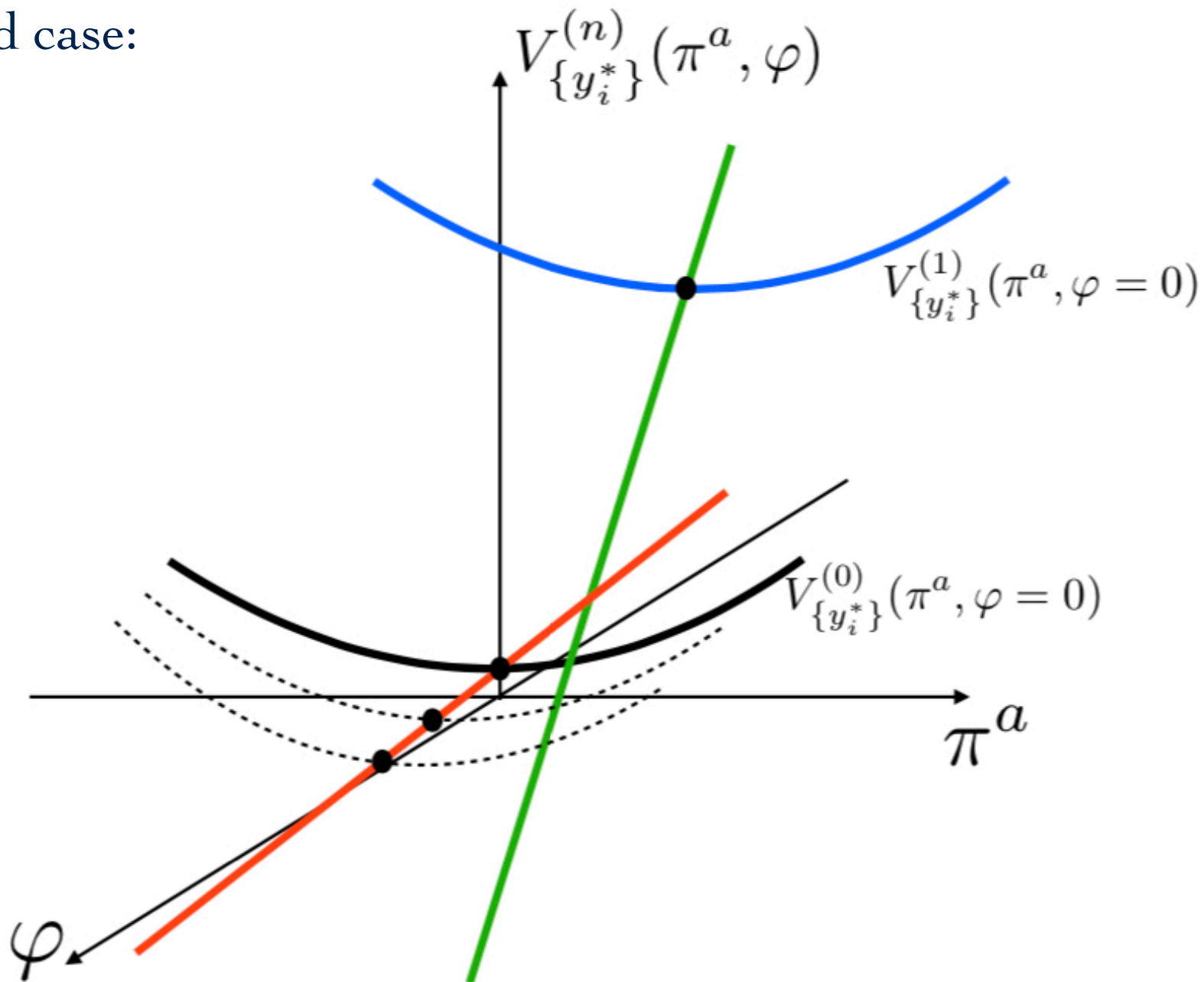
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Similar conclusion if 2nd condition is satisfied...

Fundamental reason for failure is huge disparity between our vacuum energy and  $m_q \Lambda_{QCD}^3$

Un-sequestered case:



Now, in principle slope in quintessence direction could change greatly between metastable branch (where pNGB vevs are  $\mathcal{O}(f_\pi)$ ) and ground state branch of QCD simultaneously satisfying SdSC in both cases and not implying immediate big crunch

Problem is that this needs relatively huge couplings of  $\varphi$  to the pion fields

destabilises required flatness of quintessence potential unless extreme tuning of multiple terms

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In case ii) our thinking might lead to a new perspective  
on the hierarchy problem

In the limit  $v_{EW} \gg 50 \text{ TeV}$  the IR theory is pure  $SU(3) \times U(1)_{EM}$

Because there is no matter the two gauge groups are totally decoupled

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What is the basic argument?

multiple branches of the potential energy are required to reconcile


i) Must be a periodic function  $V(\bar{\theta}) = V(\bar{\theta} + 2\pi)$

ii) Has the form  $V(\bar{\theta}) = N_c^2 f(\bar{\theta}/N_c)$  with  $f(x)$   $2\pi$ -periodic

These two properties compatible if a multi-branched function

$$V(\bar{\theta}) = \min_n V^{(n)}(\bar{\theta}) \quad \text{with} \quad V^{(n)}(\bar{\theta}) = N_c^2 f\left(\frac{\bar{\theta} + 2\pi n}{N_c}\right)$$
$$n = 0, \dots, N_c - 1$$

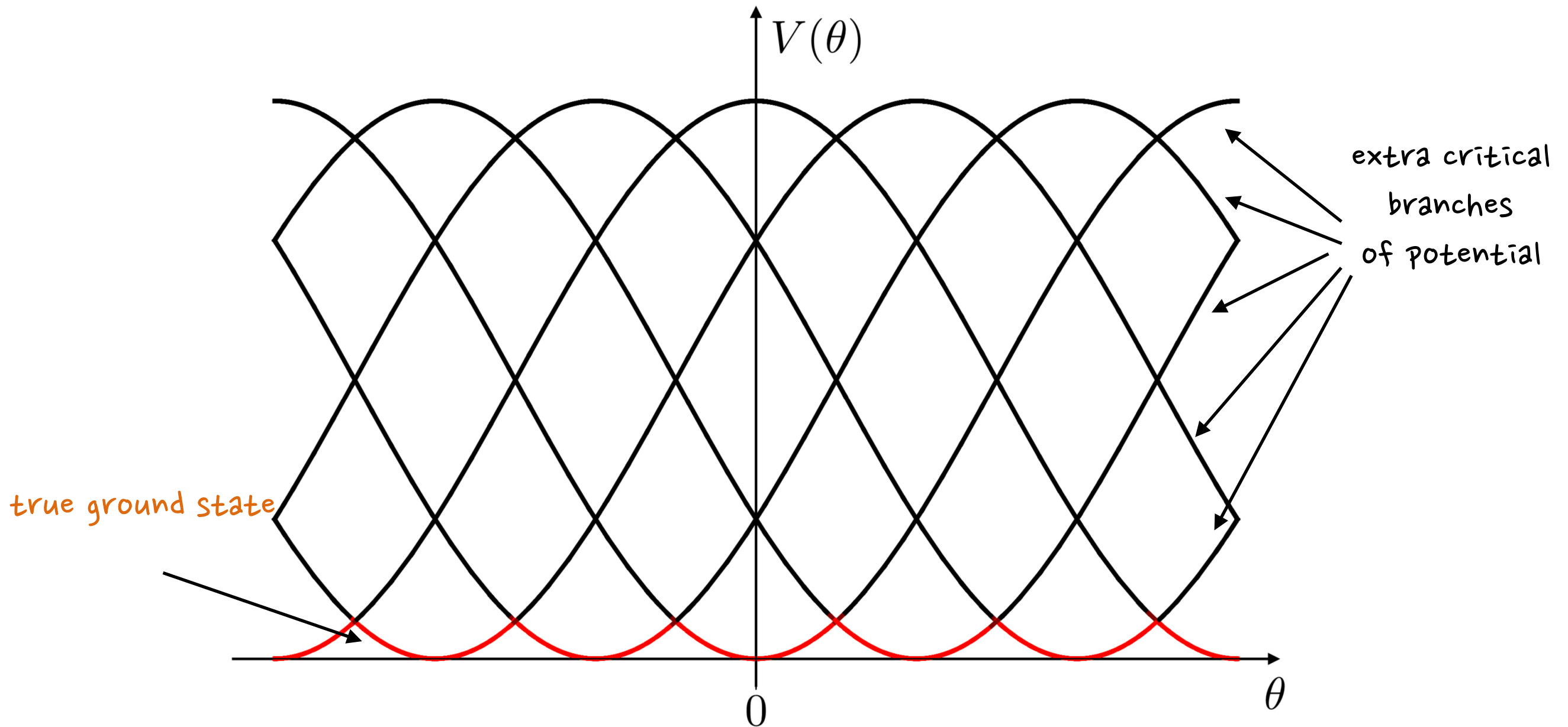
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( Witten argued that in  $N_c \rightarrow \infty$  limit all the extra critical points were *local minima* )  
 and even at  $\theta = 0$  there would be  $(N_c - 1)$  metastable states

# Properties of these states?

(Gabadaze & Shifman, 2002)

Define the topological susceptibility

$$\chi = \int d^4x \langle Q(x) Q(0) \rangle \qquad Q = \frac{1}{8\pi^2} \text{Tr}(G^{\mu\nu} \tilde{G}_{\mu\nu})$$

Then one order parameter distinguishing the various states is

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Thus the metastable states are not CP-invariant even if  $\theta = 0, \pi$

Moreover, for  $n \ll N_c$  the difference in energy densities is

$$V^{(n)}(0) - V^{(0)}(0) \simeq \frac{(2\pi n)^2}{2} \chi \qquad \chi_{SM} \simeq (190 \text{ MeV})^4$$

What happens at *finite*  $N_c$  ?

Overall picture is believed to continue to hold but now a subset of the critical points become local maxima and saddle points, and the number of local minima depends non-trivially on  $\theta$

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Eg, one recent analytic semiclassical study finds the number of metastable states to be

$$N_s = \begin{cases} 2 \left[ \frac{N_c}{4} \right] & \theta = 0 \\ \left[ \frac{N_c}{4} \right] + \left[ \frac{N_c+3}{4} \right] - 1 & 0 < \theta < \pi/2 \\ \left[ \frac{N_c+1}{2} \right] - 1 & \theta = \pi/2 \\ \left[ \frac{N_c+1}{4} \right] + \left[ \frac{N_c+2}{4} \right] - 1 & \pi/2 < \theta < \pi \\ 2 \left[ \frac{N_c+2}{4} \right] - 1 & \theta = \pi \end{cases} \quad (\text{Aitken, Cherman, \& Unsal, 2018})$$

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Different semiclassical arguments do find metastable state at  $\theta = 0$  for  $N_c=3$  QCD  
(Halperin & Zhitnitsky, 1998)

There have been *no* sufficiently good lattice studies of this question, so we don't know truth!

Thus it is just possible that  $N_f=0$ ,  $N_c=3$  QCD has metastable states and therefore the SdSC could forbid the  $v_{EW} \gg 50$  TeV limit!

Will be very interesting to have lattice studies of this question...

Thanks for your attention!

