The Hubble Tension as a Signal of low-scale Leptogenesis and Neutrino Mass Generation

Miguel Escudero Abenza

miguel.escudero@tum.de

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with Sam Witte

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Riess et al. 1903.07603

Local Measurements

$$H_0 = 74.03 \pm 1.42 \,\mathrm{km \, s^{-1} \, Mpc^{-1}}$$

Planck 2018 1807.06209

4.4 σ tension within ΛCDM!

CMB Measurements

 $H_0 = 67.36 \pm 0.54 \,\mathrm{km \, s^{-1} \, Mpc^{-1}}$



The Hubble tension and the Majoron

Escudero & Witte 19'

- Can substantially ameliorate the tension for:
- Couplings from seesaw

$$m_{\phi} \sim (0.1 - 1) \,\mathrm{eV}$$

 $\lambda \simeq 10^{-13} - 10^{-12}$
 $\Delta N_{\mathrm{eff}} \sim 0.5$
 $\lambda \simeq 10^{-13} \frac{m_{\nu}}{0.05 \,\mathrm{eV}} \frac{\mathrm{TeV}}{v_L}$
 $v_L \sim (0.1 - 1) \,\mathrm{TeV}$

Mass from Planck-scale physics

$$m_{\phi} \sim (0.1 - 1) \,\mathrm{eV}$$

•
$$\Delta N_{\rm eff} \sim 0.5$$
?

Escudero & Witte 21'

- $\Delta N_{\rm eff} \sim 0.5$ as a product of low-scale Baryogenesis
- H_0 tension as a signal of $m_{\nu} \neq 0$ and Leptogenesis

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 H_0 as a signal of $m_{\nu} \& \Omega_b$

Outline

1) Neutrinos in ΛCDM

Neff

2) The Hubble Tension

Neutrinophilic approaches

3) The Majoron

The singlet Majoron model The Majoron as a potential solution to the H0 tension

4) ARS Leptogenesis within the Majoron model

5) Conclusions and Outlook

Neutrino Decoupling

Evolution in the Standard Model



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Neutrino Decoupling

Evolution in the Standard Model



• $N_{\rm eff}^{\rm SM} = 3.044(1)$

de Salas & Pastor 1606.06986 Bennett, Buldgen, Drewes, Wong 1911.04504 Escudero 2001.04466

Akita & Yamaguchi 2005.07047 Froustey, Pitrou & Volpe 2008.01074 Gariazzo, de Salas, Pastor et al. 2012.02726 Hansen, Shalgar, Tamborra 2012.03948

Relic Neutrino Decoupling

 $t \sim 0.1 \,\mathrm{s}$ $T_{\nu} \sim 2 \,\mathrm{MeV}$

Why is it not 3?

Some e⁺e⁻ heating Non-instantaneous decoupling QED thermal corrections Neutrino Oscillations

Excellent review by Dolgov hep-ph/0202122

Neutrino Evolution

Neutrinos are always a relevant species in the Universe's evolution



Current Constraints on Neff

Big Bang Nucleosynthesis

 $N_{\rm eff}$ is, at the moment, constrained by Y_p as a result of change in the time to temperature relationship

There are various Y_p measurements (see Pisanti et al. 2011.11537):

$$\begin{split} Y_P &= 0.2446 \pm 0.0029 \quad \rightarrow \quad N_{\rm eff} = 2.84 \pm 0.20 \\ Y_P &= 0.2449 \pm 0.0040 \quad \rightarrow \quad N_{\rm eff} = 2.86 \pm 0.28 \quad (\text{most used, PDG} \\ \text{but with warning}) \\ Y_P &= 0.2551 \pm 0.0022 \quad \rightarrow \quad N_{\rm eff} = 3.60 \pm 0.17 \\ Y_P &= 0.2436 \pm 0.0040 \quad \rightarrow \quad N_{\rm eff} = 2.78 \pm 0.28 \end{split}$$

Take away:likely
$$\Delta N_{eff}^{BBN} < 0.4$$
but it could be that $\Delta N_{eff}^{BBN} = 0.55$ Miguel Escudero (TUM) H_0 as a signal of $m_{\nu} \& \Omega_b$ IPPP 14-01-21Security

Current Constraints on Neff

Planck

 $N_{\rm eff}$ is constrained by the high- ℓ multipoles, i.e. Silk Damping





$$N_{\rm eff}^{\rm CMB+BAO} = 2.99 \pm 0.17$$

When taking the Reiss value as a prior, then the value of Neff is

 $N_{\rm eff}^{\rm CMB+BAO+H_0} = 3.27 \pm 0.15$

 $\Delta N_{eff} \sim 0.2-0.5$ ameliorates the tension but is not favoured by Planck data!

 $\Sigma \Omega_h$

Neff Scenarios

- Sterile Neutrino $m_N \sim {
 m eV}$ $\Delta N_{
 m eff} = 1$ (e.g. Gariazzo, de Salas & Pastor 1905.11290)
- **Goldstone Bosons** Weinberg 1305.1971
- Other sterile long-lived particles Gravitino, axino, hidden sector particles ...



The Hubble Tension

The Hubble Tension:

 $H_0 = 74.03 \pm 1.42 \,\mathrm{km \, s^{-1} \, Mpc^{-1}}$ $H_0 = 67.36 \pm 0.54 \,\mathrm{km \, s^{-1} \, Mpc^{-1}}$

Riess et al. 1903.07603

Planck 2018 1807.06209

4.4 σ tension within Λ CDM!



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 H_0 as a signal of $m_{\nu} \& \Omega_h$

The Hubble Tension

- Possible resolutions:
 - 1) Systematics in the CMB data

very unlikely

- 2) Systematics in local measurements none so far
- 3) New feature of ΛCDM

- **Possibilities Beyond ΛCDM** (Knox and Millea 1908.03663):
 - 1) Late Universe Modifications
 - 2) Early Universe Modifications

very unlikely

hard but doable

 H_0 as a signal of $m_{\nu} \& \Omega_b$

The Hubble Tension: Theory

Way to Resolve the Hubble Tension (Knox and Millea 1908.03663):

Enhance the expansion history of the **Universe prior and close to recombination!**

CMB fixes:

$$\theta_s \equiv r_s / D_M(z_\star)$$

(0.03% precision)

$$r_s = \int_{z_\star}^{\infty} \frac{c_s}{H(z')} \, dz'$$

Comoving sound horizon (Early Universe)



By how much? $H_0 \simeq [73.6 + 6.2(\Delta N_{eff} - 1)] \text{ km/s/Mpc}$

see Vagnozzi 1907.07569

14

 H_0 as a signal of $m_{\nu} \& \Omega_b$

Neutrinos and the Hubble Tension

Why Neutrinos?

1) Neutrinos are always a relevant species in the evolution of the Universe

2) Neutrino masses are the only Laboratory evidence of Physics Beyond the Standard Model

Neutrinos and the Hubble Tension

Dark Radiation

 $\Delta N_{
m eff} = 0.23 \pm 0.15$ (68 % CL, Planck+BAO+H0)

Clear Interpretation H₀ tension from 4.4σ to 3σ CMB fit is degraded

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Strong Neutrino Scattering + Dark Radiation Kreisch, Cyr-Racine, Doré 1902.00543



H₀ tension solved if TEEE data is ignored If pol data is included no solution for H₀

Light Neutrinophilic Scalar + Dark Radiation Escudero & Witte 1909.04044



 H_0 tension from 4.4 σ to 2.5 σ CMB fit is not degradedDirect connection with SeesawAd hoc $\Delta N_{\rm eff} \sim 0.5$

Neutrinos and the Hubble Tension

Early Dark Energy sourced by neutrinos

Sakstein & Trodden 1911.11760

Nice way to solve the coincidence problem

Use $\sum m_{\nu} = 1.5 \,\mathrm{eV}$ (10% of DM) which can be dangerous

But the Cl's have not been calculated yet ...

Some progress has been made Carrillo González et al. 2011.09895

An eV-scale Sterile Neutrino interacting with a pseudoscalar

Archidiacono, Hannestad, Hansen & Tram 1404.5915, 1508.02504 Archidiacono, Gariazzo, Giunti, Hannestad, Hansen, Laveder, Tram 1606.07673 Archidiacono, Gariazzo, Giunti, Hannestad, Tram 2006.12885

Clearly motivated by short-baseline neutrino experiments

Nice idea to try to avoid the cosmo problems with $m_s \sim {
m eV}$

The Hubble Tension could be solved if $\Delta N_{\rm eff} = 1$

But that leads to a bad CMB fit $\Delta \chi^2 = 13 - 32$

••

••

...

•••

The Idea:



The Seesaw Mechanism

Minkowski, Yanagida, Gell-Mann, Ramond, Slansky, Glashow, Mohapatra, Senjanovic, Schechter, Valle



Neutrinos are very light Majorana particles:

$$m_{\nu} \simeq 0.03 \,\mathrm{eV} \,\left(\frac{y_D}{10^{-6}}\right)^2 \,\frac{\mathrm{TeV}}{M_N}$$

The Scenario

Spontaneously Broken Symmetry Global U(1)

Chikashige, Mohapatra, Peccei (1981)

Sterile Neutrinos
$$\mathcal{L} = -\frac{\lambda_{N_{ij}}}{\sqrt{2}} \Phi \overline{N}_{R,i} N_{R,j}^c - h_{\alpha i} \overline{L}_L^{\alpha} H N_{Ri} + \text{h.c.}, \quad \begin{array}{l} L[\Phi] = 2\\ L[N] = 1 \end{array}$$

SSB:
$$\Phi \to v_L / \sqrt{2} \longrightarrow M_N = \lambda_N v_L \longrightarrow m_\nu \simeq h^2 v_H^2 / (2M_N)$$

$$\begin{aligned} \text{Scalar Sector} \quad V_{\Phi} &= -\mu_{\Phi}^2 \Phi^{\dagger} \Phi + \lambda_{\Phi} (\Phi^{\dagger} \Phi)^2 - \lambda_{\Phi H} (H^{\dagger} H) (\Phi^{\dagger} \Phi) \\ \Phi &= \frac{v_L + \rho}{\sqrt{2}} e^{i\phi/v_L} \quad \rho \equiv \text{CP-even scalar} \quad m_{\rho}^2 = 2\lambda_{\Phi} v_L^2 \\ \phi \equiv \text{Majoron} \quad \text{pseudo-Goldstone:} \quad m_{\phi} \simeq 0 \end{aligned}$$

$$\begin{aligned} \text{Interactions} \quad \mathcal{L}_{\text{eff}} &= -\frac{\lambda_N}{2} \left[\rho \bar{N} N - i\phi \bar{N} \gamma_5 N \right] \\ &\quad -\frac{\lambda_{N\nu}}{2} \left[\rho \bar{N} \nu - i\phi \bar{N} \gamma_5 \nu \right] + \text{h.c.} \quad \lambda_{\nu} \ll \lambda_{N\nu} \ll \lambda_N \\ &\quad -\frac{\lambda_{\nu}}{2} \left[\rho \bar{\nu} \nu - i\phi \bar{\nu} \gamma_5 \nu \right] + \text{h.c.} \quad \lambda_{\nu} \simeq |\theta| \lambda_{N\nu} \simeq |\theta|^2 \lambda_N \\ &\quad -\frac{\lambda_{\nu}}{2} \left[\rho \bar{\nu} \nu - i\phi \bar{\nu} \gamma_5 \nu \right] \quad |\theta|^2 \simeq 5 \times 10^{-11} \frac{m_{\nu}}{0.05 \text{ eV}} \frac{1 \text{ GeV}}{M_N} \end{aligned}$$

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 H_0 as a signal of $m_{\nu} \& \Omega_b$

The Scenario

Spontaneously Broken Symmetry Global U(1)

Chikashige, Mohapatra, Peccei (1981)

The Majoron:
$$~\phi$$

$$\mathcal{L}_{\rm int} = i\lambda\,\phi\,\bar{\nu}\,\gamma_5\,\nu$$

Very weakly interacting:

$$\lambda \simeq 10^{-13} \frac{m_{\nu}}{0.05 \,\mathrm{eV}} \frac{\mathrm{TeV}}{v_L}$$
 (seesaw)

Extremely feebly interacting with matter: $\lambda_{\phi ee} \sim 10^{-20}$

Dimension-5 Planck suppressed operators:

$$m_{\phi} \sim v_L \sqrt{\frac{v_L}{M_{\rm Pl}}} \lesssim 0.1 \,\mathrm{keV}$$

$$\Delta V = \beta \left(\Phi^* \Phi \right)^2 \frac{\Phi^* + \Phi}{M_{\rm Pl}}$$

Rothstein, Babu, Seckel hep-ph/9301213 Akhmedov, Berezhiani, Mohapatra, Senjanovic hep-ph/9209285

Parameter Space:

$$10^{-15} < \lambda < 10^{-3}$$

 $0.1 \,\mathrm{eV} < m_{\phi} < \mathrm{MeV}$

And assume that $n_{\phi} = 0$ at BBN

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Cosmological Implications

Only Relevant Process:



Chacko, Hall, Okui, Oliver hep-ph/0312267

- Erase the neutrino anisotropic stress
- We solve the Boltzmann equation for the background Escudero 1812.05605, 2001.04466
- We include the neutrino-majoron Boltzmann hierarchy in CLASS

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Cosmological Implications



Effects on the CMB



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Effects on the CMB



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Full MCMC to Planck 2018 data

 1σ preference when including H₀ in the fit and an additional ΔN_{eff}

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Parameter Space for H₀

Requires a positive $\Delta N_{eff} \sim 0.5$

 \bullet Thanks to the ν - φ interactions Planck 2018 fit is not degraded wrt ΛCDM

Very close to the electroweak scale $v_L \sim (0.1-1)\,{
m TeV}$

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 H_0 as a signal of $m_{\nu} \& \Omega_b$

Summary of 2019

- The Majoron and the Hubble tension
 - Couplings from seesaw and mass from gravity
 - Planck sets very stringent constraints
 - Ameliorates H₀ tension via $\Delta N_{\rm eff} = 0.11$
 - CMB S4 experiments will test this region $\sigma(N_{\rm eff}^{\rm CMB}) \sim 0.03$
 - May significantly reduce the tension if: $m_{\phi} \sim (0.1 1) \,\mathrm{eV}$ $\Delta N_{\mathrm{eff}} \sim 0.5$

Wow we have a very good reason for it!

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Leptogenesis with the Majoron

The Majoron and Baryogenesis

- Electroweak Baryogenesis: Cohen, Kaplan, Nelson 90'-91'
- Thermal Leptogenesis:
- Resonant Leptogenesis:

Aristizabal-Sierra, Tortola, Valle, Vicente 1405.4706

Pilaftsis 0805.1677

• ARS Leptogenesis: Caputo, Hernández & Rius 1807.03309

Let's stick with ARS because since $v_L \sim v_H$ we can easily get $M_N \sim \text{GeV}$ Conclusion from 1807.03309 is that: $v_L > 10^5 \,\text{GeV}$ for successful ARS Leptogenesis I will argue that that is not necessarily true! I will further argue that N decays can lead to a primordial ΔN_{eff}

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 H_0 as a signal of $m_{\nu} \& \Omega_b$

ARS Leptogenesis

Baryogenesis via Sterile Neutrino Oscillations

Akhmedov, Rubakov & Smirnov, hep-ph/9803255. See also Asaka & Shaposhnikov, hep-ph/0505013, Shaposhnikov 0804.4542 Nice review by Hernández et al. 1711.02862

The Idea & key Ingredients:

1) Reheating leads to only SM particles, i.e. $n_N(T = \infty) = 0$

2) Sterile Neutrinos are slowly produced via their Yukawas, e.g. $Q_3 \bar{t} \rightarrow \ell N$

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1) Reheating leads to only SM particles, i.e. $n_N(T = \infty) = 0$

2) Sterile Neutrinos are slowly produced via their Yukawas, e.g. $Q_3 \bar{t} \rightarrow \ell N$

3) These sterile neutrinos undergo CP violating oscillations

Majorana masses are small and lepton number is conserved

However, via the interactions with leptons an effective asymmetry is produced in the standard model because $L = L_e + L_\mu + L_\tau + L_{N_1} + L_{N_2} = 0$

4) Baryogenesis occurs due to sphaleron freeze-out at $T_{\rm SPH} \sim 130\,{\rm GeV}$

Parameter Space n = 2:

see e.g. Eijima, Shaposhnikov & Timiryasov, 1808.10833

 $0.1 \,\mathrm{GeV} \lesssim M_N \lesssim 10 \,\mathrm{GeV}$ $\Delta M/M_N \sim 10^{-7} - 10^{-5}$

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 H_0 as a signal of $m_{\nu} \& \Omega_b$

ARS Leptogenesis + Majoron

Necessary requirements:

1) Sterile Neutrinos cannot be in thermal equilibrium prior to $T_{\rm SPH} \sim 130\,{\rm GeV}$

2) Sterile Neutrinos need to oscillate

$$T_{\text{Lepto}} \sim 0.17 \left(M_N \Delta M M_{\text{Pl}} \right)^{1/3} \sim 2 \times 10^4 \,\text{GeV} \left(\frac{M_N}{10 \,\text{GeV}} \right)^{2/3} \left(\frac{\Delta M}{10^{-6} \,M_N} \right)^{1/3}$$

Threats in the Majoron model:

Threat to 1) $\phi\phi \leftrightarrow N\bar{N} \qquad \rho\rho \leftrightarrow N\bar{N} \qquad \rho \leftrightarrow \bar{N}N$

- If $\rho's$ are present after reheating, then: $v_L > 10^5 \, {
 m GeV}$ Caputo, Hernández & Rius 1807.03309
- Not a problem provided if ho's and $\phi's$ are not populated during reheating
- There are no $\rho's$ if $\lambda_{\Phi H} < 10^{-7}$ ($\rho \rho \leftrightarrow HH$)
- The smallness is respected by quantum corrections

Threat to 2) Symmetry could be unbroken! $M_N = \lambda_N \langle \Phi \rangle$

• It is fine provided:

$$|\lambda_{\Phi H}| < 10^{-7} \frac{v_L}{1 \text{ TeV}} \sqrt{\frac{10^5 \text{ GeV}}{T_c}}$$

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 H_0 as a signal of $m_{\nu} \& \Omega_b$

35

 $\beta(\lambda_{\Phi H})^{(1)} \propto \lambda_{\Phi H} \qquad \beta(\lambda_{\Phi H})^{(2)} \propto h_N^2 \lambda_N^2$

ARS Leptogenesis + Majoron

Necessary requirements:

1) Sterile Neutrinos cannot be in thermal equilibrium prior to $T_{\rm SPH} \sim 130\,{\rm GeV}$

2) Sterile Neutrinos need to oscillate

$$T_{\text{Lepto}} \sim 0.17 \left(M_N \Delta M M_{\text{Pl}} \right)^{1/3} \sim 2 \times 10^4 \,\text{GeV} \left(\frac{M_N}{10 \,\text{GeV}} \right)^{2/3} \left(\frac{\Delta M}{10^{-6} \,M_N} \right)^{1/3}$$

Conclusion

ARS Leptogenesis is compatible with the singlet Majoron model!

This works for low v_L provided:

No ho's and $\phi's$ are produced during reheating

$$|\lambda_{\Phi H}| < 10^{-7} \frac{v_L}{1 \,\text{TeV}} \sqrt{\frac{10^5 \,\text{GeV}}{T_c}}$$

(which is stable under RGE flow)

Production of Majoron population

Evolution after Baryogenesis

Sterile Neutrinos that give mass to the active neutrinos thermalize Ghiglieri & Laine, 1605.07720

In the majoron model sterile neutrinos have a new decay mode

$$\frac{\Gamma(N \to \nu \phi)}{\Gamma(N \to \text{SM})} \simeq 4 \times 10^3 \left(\frac{1 \,\text{GeV}}{M_N}\right)^2 \left(\frac{1 \,\text{TeV}}{v_L}\right)^2$$

Key Results

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Summary of Escudero & Witte 21'

• ARS can work in the Majoron model for $v_L > 1 \text{ GeV}$

provided
$$|\lambda_{\phi H}| < 10^{-7} \frac{v_L}{1 \text{ TeV}} \sqrt{\frac{10^5 \text{ GeV}}{T_c}}$$

which is protected under RGE flow

Sterile Neutrinos can provide just the right primordial majoron population

A full Planck Legacy data analysis shows that:

for $\Delta N_{\text{eff}}^{\text{BBN}} = 0.3$ $m_{\phi} = (0.2 - 0.6) \text{ eV}$ $v_L = (0.1 - 2) \text{ TeV}$ $H_0 = (70.2 \pm 0.6) \text{ km/s/Mpc}$ $M_N = (0.2 - 2) \text{ GeV}$

This makes the tension $4.4\sigma \rightarrow 2.5\sigma$ but with a better CMB fit than Λ CDM!

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 H_0 as a signal of $m_{\nu} \& \Omega_h$

Conclusions

• The Hubble Tension:

Could be pointing to physics beyond ACDM

There are several neutrino related approaches

Further data on the way: Gaia, Strong Lensing, GW, DESI ...

The Majoron

Can substantially relax the tension down to the level of 2.5 σ Directly linked to the neutrino mass mechanism Mass can be understood from planck-scale effects Parameter space to solve the tension very well motivated: $v_L \sim v_H$ The solution can be sourced by low-scale Leptogenesis!

 H_0 as a signal of $m_{\nu} \& \overline{\Omega_b}$

Outlook

• Could the $\Delta N_{eff}^{BBN} = 0.5$ case fully solve the tension?

We are investigating this at the moment!

Including Neutrino masses in the analysis

This can be relevant to the S₈ tension

In preparation, Witte & Poulin

Performing an ARS Leptogenesis calculation

Never performed in the literature

Regardless of what happens to H_0 , $\Delta N_{\rm eff}$ can be a probe of Leptogenesis!

In preparation, Ciscar, Escudero & Ibarra

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 H_0 as a signal of $m_{\nu} \& \Omega_b$

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Time for Questions and Comments

Thank you for your attention!

